

TIMELESS

AN EDITORIAL BY ADANTE

MAY 2024

Don't
bark
about it!

Let's embrace the
Dog Days
of May
with a puppy party!



Resident Spotlight:

Jane D.

Community: Adante Pathways
 Born: Ensley, Alabama
 Heritage: German, English, Irish

Jane D. has had the opportunity to live the adventure of traveling as a military spouse to the Philippines, Guam, Japan and various places across the United States. She and her husband also traveled to Canada, Italy, Australia, New Mexico, Oregon, Hawaii, Alabama and Texas. Jane has three children and two grandsons. Jane loves to cook! Some of her many culinary specialties are drenched rum balls and fruit cakes, triple-layer German chocolate cake, curry shrimp and chicken with dumplings. In retirement, she helped her husband maintain their 28-acre ranch and their herd of Santa Gertrudis cattle. Jane was an active participant in the Thunderbird Hills Neighborhood Association for twenty years, holding many executive positions including President for several of those years.

Because of her years of service to the community, the City of San Antonio named a park in her honor, "Jane Dubel Park," on the city's west side. Adante residents take a yearly trip the park to honor Mrs. Dubel and her contributions. She also volunteered for 30 years with the WHASC Volunteer Auxiliary at the Wilford Hall Medical Military Treatment Facility. She was active in projects with Habitat for Humanity and obtaining funding for community projects from ESPN, HEB, Disney Productions, and others.

Celebrating Mother's Day

Sunday, May 12th

Please join us for a delicious chef-prepared meal as we celebrate the beautiful women in our lives.

Mother's Day Lunch in Independent Living

Our community will have open seating from 11:00 A.M. to 3:00 P.M. Guest Meal tickets are \$25. RSVP with the concierge.

Mother's Day Lunch Menu

- Carrot & Leek Bisque or Adante House Salad
- Grilled Lobster Tail & Steak with Lemon Butter Sauce
- Duchess Potatoes and Sautéed Tomatoes Medley
- Red Velvet Cheesecake

Due to the all-day dining, we will not have dinner service. Residents may place call-in orders from 11:00 A.M. – 12:00 P.M.

Mother's Day Brunch in Assisted Living and Pathways

Our community will have seating times between 11:00 A.M. – 1:15 P.M. Guest meals are \$30 per person and will include a free mimosa. Our culinary team will be offering a delicious pasta bar featuring grilled chicken, shrimp, onions, peppers, mushrooms, spinach, olives, marinara and alfredo sauce. An assorted dessert display will be available.

The concierge will be accepting reservations until Wednesday, May 8th.

Happy Birthday!

Independent Living

David K.5/1	Albert K.5/22
George G.....5/4	Lanny F.....5/23
Norma G.5/8	Fred O.....5/23
Martha R.....5/8	Sharon L.....5/25
Marian C.5/11	Carolyn D.5/26
Diane D.5/15	Elaine C.....5/28
Lorraine W.....5/16	Kathy O.....5/30
Rosemarie T.5/19	

Assisted Living

Norma M.5/12	Bettye M.5/30
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Celebrate the Dog Days of May with a Puppy Party!

Comedian Elayne Boosler once said, "My fashion philosophy is, if you're not covered in dog hair, your life is empty." Dog lovers likely agree that's a pretty solid belief. Furry companions help make us whole. They love us more than we can possibly conceive, more than we love ourselves. They're part of the family, sometimes even the most trusted and reliable relative. No amount of shedding will ever change that.

The month of May is a great time to remind our pets (and ourselves) how much we care about them and how important they are to us. What better way to display unwavering doggy devotion than to throw a puppy party! Get out those lint rollers because it's time to don a little dog hair.

Just like any party, proper planning is essential. Consider what type of paw party might work best in your facility. Is the party indoors or outdoors? When is it? Once you've determined the time, date and place, think about the guest list. Dogs similar in size and pups who are playmates mingle well at parties. Toys, games, goodie bags and tasty treats are necessary.

Everyone likes a party favor, even pooches! Remember, safety is key. Dogs should be supervised at all times. If there's tension, separate the animals. Let your vet know about the party and don't forget to bring a first aid kit. Now it's time to throw your doggy a party they'll never forget!



May 2024

Your Team

Luci Nicley - AL
Executive Director

Tiffany Dove - IL
Executive Director

Sherri Nichols, LVN - AL
Resident Services Director

Jessica Saenz - AL
Lifestyle Director

Ashlee Brooks - PW
Pathways Program Director

Sue Evans - AL
Business Director

Leslie Reuter - IL
Business Director

Mindy Eisen - AL
Sales & Marketing

Dawn Alexander-Cervantes - IL
Sales & Marketing

Enrique Aguilar - AL
Maintenance Director

Jason Chavez - IL
Maintenance Director


Chef John Luna III - AL
Culinary Director

Chef J.R. Quezada - IL
Culinary Director



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>11:00 New Resident 101-CC ¹ 11:00 Executive Meeting-PDR 11:00 Health-Pro Presentation-T 11:30 Mothers Day Craft w/Laura-CC 12:30 WWB Group-GR 2:30 Bible Study w/Fredda-T 3:30 Wii Bowling-GR 7:00 New Release Movie-T</p>	<p>11:30 Keeping up w/Laura-CC ² 12:30 Mahjong-AR 1:00 New Release Movie Encore-GR 3:00 Happy Hour Music by T.J.-CC 6:30 Poker Night-GR 7:00 Evening Movie-T</p>	<p>9:00 *Post Office Run-L ³ 10:00 Lecture: Aging Brain-T 10:45 *\$Lunch Outing: Frederick's Bistro- L 11:00 Beginner Art w/Anne-CC 1:00 Fun Bridge-AR 1:30 SkipBO-CC 3:00 Rosary Prayer Group-T 6:00 Bingo-AR</p>	<p>10:00 Lecture:The Aging Brain-GR ⁴ 11:00 Caring Communications-AR 12:30 Mahjong-AR 1:00 Rummikub-CC 3:30 Popcorn w/Leslie R.-GR 7:00 Evening Movie-T</p>
<p>Cinco De Mayo ⁵ 8:15 *St. Matthew Catholic Church Pickup-L 11:00 First Presbyterian Church of SA (stream)-T 1:00 Rummikub-AR 2:00 Salsa & Margaritas - C 6:00 Bingo- AR 7:00 Evening Movie-T</p>	<p>National Nurses Day ⁶ 9:00 *HEB Run-L 12:30 Mexican Train-CC 12:30 *Nurses Luncheon-DR 1:30 Ambassador Meeting w/Jane -PDR 1:30 "The Chosen" Series-T 2:30 Billiards and Beer -GR 3:30 Pop N Popcorn-CC</p>	<p>National Teachers Day ⁷ 10:30 Current Events w/Al-T 11:00 Relax & Paint -CC 11:30 Spanish Class -CC 12:30 Mahjong-AR 12:30 Teachers Luncheon-DR 1:30 Catholic Mass-T 2:45 Food Committee-DR 3:30 BINGO-CC</p>	<p>8:30 Health Check -PDR ⁸ 11:00 Wind Down Wednesday-GR 12:30 WWB Group-GR 2:30 Bible Study w/Fredda-T 3:30 Wii Bowling-GR 7:00 New Release Movie-T</p>	<p>11:00 SAJSS:Jewish Chats-T ⁹ 12:30 May Bday Lunch w/Dawn-DR 12:30 Mahjong-AR 1:00 New Release Movie Encore-GR 3:00 Flower Power Happy Hour Music by Paul D.-CC 6:30 Poker Night-GR</p>	<p>9:00 *CVS Run ¹⁰ 10:00 Lecture: Aging Brain-T 11:00 Beginner Art w/Anne-CC 1:00 Fun Bridge-AR 1:30 Skip-Bo-CC 3:00 Rosary Prayer Group-T 6:00 Bingo-AR 6:30 Jewish-Service-GR</p>	<p>10:00 Lecture:The Aging Brain-GR ¹¹ 11:00 Caring Communications-AR 12:30 Mahjong-AR 1:00 Rummikub-CC 3:30 Popcorn w/Leslie R.-GR 7:00 Evening Movie-T</p>
<p>Mother's Day ¹² 8:15 *St. Matthew Catholic Church Pickup-L 11:00 First Presbyterian Church of SA (stream)-T 11:00 -3:00PM Mother's Day Lunch-DR 1:00 Rummikub-AR 6:00 Bingo- AR</p>	<p>9:00 *HEB Run-L ¹³ 10:45 \$Lunch Outing: Palomar -L 12:00 Mimosa's w/Leslie-CC 12:30 Mexican Train-CC 1:30 "The Chosen" Series-T 2:30 Billiards&Beer-GR 3:30 Pop N Popcorn-CC 7:00 Evening Movie-T</p>	<p>10:30 Current Events w/Al-T ¹⁴ 11:00 Relax & Paint -CC 11:30 Spanish Class -CC 12:30 Mahjong-AR 1:30 Catholic Mass-T 2:30 Town Hall Meeting-DR 3:30 BINGO-CC 4:00 Tippy Tuesday-CH 7:00 Evening Movie-T</p>	<p>11:30 *DIY Dog Treat Bags -CC ¹⁵ 12:30 WWB Group-GR 1:30 Book Club -LR 2:30 Bible Study w/Fredda-T 3:30 Wii Bowling-GR 7:00 New Release Movie-T</p>	<p>National BBQ Day ¹⁶ 12:30 Mahjong-AR 1:00 New Release Movie Encore-GR 3:00 Patio Happy Hour Music by Lisa Marie-OP 6:30 Poker Night-GR 7:00 Evening Movie-T</p>	<p>10:00 Lecture: Aging Brain-T ¹⁷ 10:30 *\$Outing to Wittie Museum-L 11:00 Beginner Art w/Anne-CC 1:00 Fun Bridge-AR 1:30 Uno w/Laura-CC 3:00 Rosary Prayer Group-T 6:00 Bingo-AR</p>	<p>10:00 Lecture:The Aging Brain-GR ¹⁸ 11:00 Caring Communications-AR 12:30 Mahjong-AR 1:00 Rummikub-CC 3:30 Popcorn w/Leslie R.-GR 7:00 Evening Movie-T</p>
<p>8:15 *St. Matthew Catholic Church Pickup-L ¹⁹ 11:00 First Presbyterian Church of SA (stream)-T 1:00 Rummikub-AR 6:00 Bingo- AR 7:00 Evening Movie-T</p>	<p>9:00 *HEB Run-L ²⁰ 11:30 Appreciation Goodie Bags DIY-CC 12:30 Mexican Train-CC 1:30 "The Chosen" Series-T 2:30 Billiards&Beer w/Jason-GR 3:30 Pop N Popcorn-CC 7:00 Evening Movie-T</p>	<p>National Server Day ²¹ 10:30 Current Events w/Al-T 11:00 Relax & Paint -CC 11:30 Spanish Class -CC 12:30 Mahjong-AR 1:30 Catholic Mass-T 3:30 \$1 BINGO-CC 7:00 Evening Movie-T</p>	<p>11:00 Wind Down Wednesday-GR ²² 12:30 WWB Group-GR 2:30 Bible Study w/Fredda-T 3:30 Wii Bowling-GR 7:00 New Release Movie-T</p>	<p>National Chardonnay Day ²³ 12:30 Mahjong-AR 1:00 New Release Movie Encore-GR 3:00 Charddy Party Happy Hour music by KAI -CC 6:30 Poker Night-GR 7:00 Evening Movie-T</p>	<p>10:00 Lecture: Aging Brain-T ²⁴ 11:00 Beginner Art w/Anne-CC 1:00 Fun Bridge-AR 3:00 Rosary Prayer Group-T 6:00 Bingo-AR 6:30 Jewish-Service-GR 7:00 Evening Movie-T</p>	<p>10:00 Lecture:The Aging Brain-GR ²⁵ 11:00 Caring Communications-AR 12:30 Mahjong-AR 1:00 Rummikub-CC 3:30 Popcorn w/Leslie R.-GR 7:00 Evening Movie-T</p>
<p>8:15 *St. Matthew Catholic Church Pickup-L ²⁶ 11:00 First Presbyterian Church of SA (stream)-T 1:00 Rummikub-AR 6:00 Bingo- AR 7:00 Evening Movie-T</p>	<p>Memorial Day ²⁷ 9:00 *HEB Run-L 12:00 Mimosa Monday-CC 12:30 Mexican Train-CC 1:30 "The Chosen" Series-T 2:00 *\$Walmart Outing-L 2:30 Billiards&Beer-GR 3:30 Pop N Popcorn-CC 7:00 Evening Movie-T</p>	<p>10:30 Current Events w/Al-T ²⁸ 11:00 Relax & Paint -CC 11:30 Spanish Class -CC 12:30 Mahjong-AR 1:30 Food Demo w/JR-CC 1:30 Catholic Mass-T 3:30 BINGO-CC 4:00 Tippy Tuesday-CH 7:00 Evening Movie-T</p>	<p>12:30 WWB Group-GR ²⁹ 1:30 DOG DAYS Patio Party-OP 2:30 Bible Study w/Fredda-T 3:30 Wii Bowling-GR 7:00 New Release Movie-T</p>	<p>12:30 Mahjong-AR ³⁰ 1:00 New Release Movie Encore-GR 6:30 Poker Night-GR 7:00 Evening Movie-T</p>	<p>10:00 Lecture: Aging Brain-T ³¹ 11:00 Beginner Art w/Anne-CC 1:00 Fun Bridge-AR 3:00 Rosary Prayer Group-T 6:00 Bingo-AR 6:30 Jewish-Service-GR 7:00 Evening Movie-T</p>	<p>KEY Activity Room.....AR Dining Room.....DR 3rd Floor Living Room.....LR Casual Café.....CC Clubhouse.....CH Outdoor Patio.....OP Fitness Room.....FR Game Room.....GR Anita Beizer Theatre.....T</p>

A Mother's Love

Created to honor the matriarchs among us, motherhood and all things maternal, as well as their impact on society, Mother's Day is an extraordinary holiday. On the second Sunday each May we celebrate the unconditional love and support of great-grandmothers, grandmothers and mothers in a way that's unique to each family. Activities for the day, gifts, group gatherings, meals and more are all designed to offer gratitude and honor the ladies that helped shape us. It's quite remarkable, really.

Not every country, region and culture celebrate the women who birthed them, though. However, there are a number that do believe it's crucial to dedicate a day to mom. While several countries choose to celebrate on the second Sunday in May, others opt for a different time of year. And, it comes as no surprise that customs and traditions vary as well. Here are a few examples:

- Thailand – Mother's Day has a fixed observance date of August 12 annually and it is customary to give jasmine to the matriarchs. In addition to celebrating maternal bonds among families, the residents of Thailand also celebrate Queen Mother Sirikit's birthday.
- Poland – Another country with a fixed observance date, Poland commemorates mothers on May 26 annually. It's traditional for young children to create handmade gifts and precious love notes and greeting cards at school to give to their mothers.
- Norway – This European country observes Mother's Day on the second Sunday in February annually. There isn't any traditional gift or customary act that marks the occasion.



Making New Memories on MEMORIAL DAY

Among the myriad of May commemorations is Memorial Day, a federal holiday honoring the fallen members of the U.S. military who made their greatest and final sacrifice in service to our country. Since the 1860s, the graves of these courageous male and female soldiers have been decorated with flowers and flags as an act of remembrance.

While visiting and sprucing up soldiers' graves is the most common practice associated with the holiday, it doesn't have to be the only one. There are plenty of other ways to pay tribute that invoke feelings of love and gratitude and trigger some fond memories in the process.

1. Sign up for a Memorial Day race, fun run or walk that honors fallen U.S. soldiers. These events are common nationwide.
2. Do a deep dive on your family and its history far and wide. Learn as much as you can about its ties to the military. You'll be surprised at some of the connections you find.
3. Check out a classic military movie for the first time and invite your neighbors, friends or family to join you. Some options might include "A Few Good Men," "Platoon," "Saving Private Ryan" and "We Were Soldiers."
4. Attend or watch a Memorial Day concert or parade. PBS broadcasts the Memorial Day concert annually, but there are also local music concerts as well. You're less likely to find a parade on TV, so attending in person might be your best bet. Check your newspaper or hop online to see what parades are nearby. Now, go make some new Memorial Day memories!



¡VIVA FIESTA!



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it's a
**Puppy
Paw-ty!**

- BEAGLE
- BORDER COLLIE
- BULLDOG
- CHIHUAHUA
- CORGI
- DACHSHUND
- GOLDEN RETRIEVER
- HUSKY
- LABRADOR
- POODLE
- PUG
- SHEPHERD
- SHIH TZU
- SPANIEL
- TERRIER

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