TIMELESS

AN EDITORIAL BY ASHER POINT OF LINCOLN

NOVEMBER 2026



Standing Ovation

Applaud the everyday stars around you and honor their contributions.

ASHER POINT OF LINCOLN | INDEPENDENT LIVING

A Season of Gratitude and Honor

As November arrives, we are reminded of the many reasons we have to be thankful. The changing leaves, cooler temperatures, and upcoming holidays encourage us to slow down and appreciate the people, memories, and everyday moments that bring joy to our lives.

This month, we also take time to honor the men and women who have served our country. On Veterans Day, we extend our heartfelt gratitude to all veterans and their families. Their courage, sacrifice, and dedication have helped protect the freedoms we enjoy every day, and we are deeply thankful for their service.

We would like to offer special recognition to our resident veterans: Kevin Ann Cary, Steve Graff, Les Helmink, Lynn Heusinkvelt, Tom Strickland, Cliff Stevens, Ron Kramer, Terry Sailors, Rich Stites, Joe Bryan, Gary Lueders, John Shortridge, David Mahieu, Charlie Roemig, John McCormick, and George Hoss. We are honored to have these remarkable individuals as part of our community and thank them for their service, sacrifice, and dedication to our nation. Their experiences, resilience, and commitment are an inspiration to us all.

November is also a wonderful time to celebrate friendship and togetherness. Whether sharing stories with neighbors, participating in favorite activities, or gathering for our Friendsgiving Dessert Social, these moments help strengthen the connections that make our community feel like home.

As we reflect on the blessings in our lives, let us remember that even the smallest acts of kindness can make a meaningful difference. A smile, a kind word, or a simple "thank you" can brighten someone's day and remind them how much they are appreciated.

We are grateful for every resident, family member, volunteer, and team member who helps make our community such a warm and welcoming place. Thank you for being part of what makes our community so special.

Wishing everyone a happy November filled with gratitude, friendship, and cherished memories. Happy Veterans Day and Happy Thanksgiving!

Turkey Traditions: The Presidential Pardon



President George H. W. Bush at the 3rd annual pardoning of the Thanksgiving turkey, 1991.

Turkeys have become a traditional part of the Thanksgiving Day feast since the early 1800s, once it became clear that one of these birds could feed an entire family. Access was readily available, so it basically just made sense, especially in New England. By the 1870s, turkeys were such a common Thanksgiving delight that some decided they were a worthy White House gift for the president.

The first turkey on the books to be given to a president was done so by a Rhode Island farmer named Horace Vose. He openly described turkey as the “most patriotic bird” and gave turkeys to 11 presidents, the first of which was Ulysses S. Grant in 1873. The hearty birds were generally slaughtered and eaten during the Thanksgiving feast over the years. However, in 1989, President George H.W. Bush offered up the poultry pardon instead of indulging in the offering. The turkey presented to the president wasn’t eaten, but rather sent to a children’s farm to live. This was the first ceremonial instance of record that pertained to a turkey’s presidential pardon. Other presidents who have officially pardoned turkeys include Bill Clinton, George W. Bush, Barack Obama, among others. Those who have unofficially pardoned poultry include Abraham Lincoln and John F. Kennedy.

These days, the National Turkey Federation gives at least one turkey to the president around Thanksgiving. The ceremonies are typically held in the White House Rose Garden. As the ceremony progresses, the president offers a ceremonial pardon to the gifted poultry, ensuring it will most certainly not be eaten at a Thanksgiving dinner table. After the ceremony, the birds go on to live out their time on earth at various parks, farms, and universities that provide a loving home and care, as well as specialized programs, for the turkeys.



Standing Ovation

What does gratitude mean to you? Is there someone who embodies it for you? Are we born with grateful hearts, or is gratitude something we can practice and learn over time? These are worth pondering this November, as Thanksgiving approaches and we look for ways to notice and thank the people who quietly make our lives better.

There are myriad ways to show gratitude toward our neighbors, family, and friends, but it's easy to let them slip by unnoticed. Think of the friend who shows up with comfort when a beloved pet of 15 years passes. The neighbor whose crockpot meal arrives right when you need it most. The stranger who offers you their umbrella in the rain. The grandchild who lights up when you show up for their school play. These moments are easy to take for granted, and easy to miss.

Research shows that practicing gratitude regularly benefits both mind and body. It brings a greater sense of peace, builds empathy, and supports overall well-being. No matter what kind of day you're having, there's almost always something, or someone, worth appreciating.

This month, take a moment to notice the people who've shown up for you. Consider how best you can celebrate them this month. Give them the thanks – the standing ovation – that they deserve.



November 2026

Executive Team

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Lacy Hodskins

Sales & Marketing Director

Wendy Godejohn

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November 2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Saving Time Ends 9:00 St. Marks UMC Livestream Service [FR] 1:00 Courtyard Walking Laps [CY] 2:00 Card Games [AR] 3:00 The Puzzling Puzzlers [AR]	9:15 "O" Street Shopping [Bus] 9:45 Chair Strengthening Class [AR] 10:15 Manicure Monday [AR] 1:00 Fall Dining Room Center Pieces [DR] 1:00 Walking Club 1:30 Crochet Club [FR] 2:00 Dominoe Players & Slayers [AR] 6:30 Children's Choir [DR]	**Election Day** 10:00 Chair Yoga [AR] 10:30 Coffee & Conversation [B] 1:00 Chair Workout [AR] **2:00 Live Music w/ Paul Siebert [DR]** 6:00 Walk With A Friend [CY]	10:00 Morning Meditation [RL] 10:30 Wellness Wednesday: Sit & Fit W/ Powerback [AR] 1:00 Asher Pt. Corner store [3rd FL Store] 1:00 Walk with friends 2:00 B-I-N-G-O [AR] 3:15 Dominoe Players & Slayers [3rd FL] 6:00 Board Games: Chess, Checkers & Rummikub [AR]	10:00 Chair Tai Chi for Seniors [AR] 10:30 Coffee & Conversation [B] 1:00 Chair Workout [AR] 1:30 Wal-Mart Bus Run [Bus] 2:00 B-I-N-G-O [AR] 3:30 Wii Games [FR]	9:30 Asher Pt. Corner store [3rd FL Store] **10:30 Resident Council Meeting [FR]** 1:00 Chair Workout [AR] 2:00 Horse Races & Happy Hour [AR] 2:30 Puzzle Committee 3:15 Trivia [AR] 7:00 Huskers vs. Illinois	8:30 The Breakfast Club: Board Games [RL] 9:30 Walking Laps [CY] 6:15 Movie [FR]
9:00 St. Marks UMC Livestream Service [FR] 1:00 Courtyard Walking Laps [CY] 2:00 Card Games [AR] 3:00 The Puzzling Puzzlers [AR]	9:15 "O" Street Shopping [Bus] 9:45 Chair Strengthening Class [AR] 10:15 Manicure Monday [AR] 1:00 Walking Club 1:30 Crochet Club/Movie [FR] 6:00 Board Games [AR]	10:00 Chair Yoga [AR] 10:30 Coffee & Conversation [B] 1:00 Chair Workout [AR] 1:30 Messiah Bible Study [C] 2:30 S'mores and coffee social **3:15 Lifestyles Planning Meeting [FR]** 6:00 Friendship Walk/Walk With A Friend [CY]	**Veterans Day** 10:00 Morning Meditation [RL] 10:30 Wellness Wednesday: Sit & Fit W/ Powerback [AR] 1:00 Asher Pt. Corner store [3rd FL Store] 1:00 Walk with friends **2:15 Veterans Day Social [DR]** **3:00 Live Music w/ Scott Meradith Veterans Day Special [DR]** 6:00 Board Games: Chess, Checkers & Rummikub [AR]	10:00 Chair Tai Chi for Seniors [AR] 10:30 Men's Coffee Social 1:00 Chair Workout [AR] 2:00 B-I-N-G-O [AR] 3:30 Karaoke [FR] 6:00 Board Games [AR]	10:00 Chair Workout [AR] 10:30 Coffee & Cinnamon Rolls [B] 1:00 Chair Workout [AR] **1:30 Chef Chat [DR]** 2:00 Horse Races & Happy Hour [AR] 2:30 Puzzle Committee 3:15 Trivia [AR] 6:30 Friday Night Movie [FR]	**Huskers vs. Rutgers** 8:30 The Breakfast Club: Board Games [RL] 9:30 Walking Laps [CY] 6:15 Movie [FR]
9:00 St. Marks UMC Livestream Service [FR] 1:00 Courtyard Walking Laps [CY] 2:00 Card Games [AR] 3:00 The Puzzling Puzzlers [AR]	9:15 "O" Street Shopping [Bus] 9:45 Chair Strengthening Class [AR] 10:15 Manicure Monday [AR] 1:00 Walking Club 2:00 Passport to Paris [DR] 6:00 Board Games [AR]	10:00 Chair Yoga [AR] 10:30 Coffee & Conversation [B] 1:00 Chair Workout [AR] 2:00 Homemade bread making [AR] 6:00 Friendship Walk/Walk With A Friend [CY]	10:00 Morning Meditation [RL] 10:30 Wellness Wednesday: Sit & Fit W/ Powerback [AR] 1:00 Asher Pt. Corner store [3rd FL Store] 1:00 Walk with friends 2:00 B-I-N-G-O [AR] **3:15 Town Hall Meeting [FR]** 6:00 Board Games: Chess, Checkers & Rummikub [AR]	10:00 Chair Tai Chi for Seniors [AR] 1:00 B-I-N-G-O [AR] 1:00 Chair Workout [AR] **2:30 Friendsgiving Dessert Delight/ Talent showcase [DR]** 6:15 Asher Pt. Family Game Night [FR]	10:00 Chair Workout [AR] 1:00 Chair Workout [AR] 2:00 Horse Races & Happy Hour [AR] 2:30 Puzzle Committee 3:15 Trivia [AR] 6:30 Friday Night Movie [FR]	**Huskers vs. Ohio State** 8:30 The Breakfast Club: Board Games [RL] 9:30 Walking Laps [CY] 6:15 Movie [FR]
9:00 St. Marks UMC Livestream Service [FR] 1:00 Courtyard Walking Laps [CY] 2:00 Card Games [AR] 3:00 The Puzzling Puzzlers [AR]	9:15 "O" Street Shopping [Bus] 9:45 Chair Strengthening Class [AR] 10:15 Manicure Monday [AR] 1:00 Walking Club 1:30 Crochet Club/Movie [FR] 2:00 Dominoe Players & Slayers [AR] 6:00 Board Games [AR]	10:00 Chair Yoga [AR] 10:30 Coffee & Conversation [B] 1:00 Chair Workout [AR] 2:00 Devotions and Donuts [AR] 6:00 Friendship Walk/Walk With A Friend [CY]	10:00 Morning Meditation [RL] 10:30 Wellness Wednesday: Sit & Fit W/ Powerback [AR] 1:00 Asher Pt. Corner store [3rd FL Store] 1:00 Walk with friends 2:00 B-I-N-G-O [AR] 3:15 Charades [FR] 6:00 Board Games: Chess, Checkers & Rummikub [AR]	**Thanksgiving** 10:00 Turkey Trot Walk 1:00 Chair Workout [AR] 2:00 B-I-N-G-O [AR] 6:00 Board Games [AR]	**11:00 Huskers vs. Iowa Watch Party [FR]** 1:00 Chair Workout [AR] 1:00 Walk with friends **2:00 Red Carpet Gala [DR]** 2:30 Puzzle Committee 3:15 Trivia [AR] 6:30 Friday Night Movie [FR]	8:30 The Breakfast Club: Board Games [RL] 9:30 Walking Laps [CY] 6:15 Movie [FR]
9:00 St. Marks UMC Livestream Service [FR] 1:00 Courtyard Walking Laps [CY] 2:00 Card Games [AR] 3:00 The Puzzling Puzzlers [AR]	9:15 "O" Street Shopping [Bus] 9:45 Chair Strengthening Class [AR] 10:15 Manicure Monday [AR] 1:00 Walking Club 1:30 Crochet Club/Movie [FR] 2:00 Dominoe Players & Slayers [AR] 6:00 Board Games [AR]					

"Each day I am thankful for nights that turned into mornings, friends that turned into family, dreams that turned into reality and likes that turned into loves."

— Unknown



Location Keys

3rd Floor Store	3rd FL Store
3rd floor common area	3rd FL
Activity Room	AR
Bistro	B
Bus	Bus
Chapel	C
Courtyard	CY
Dining Room	DR
Family Room	FR
Resident Led	RL

Asher Point
Independent Living of Lincoln



Honoring of Veterans

Joseph "Joe" Bryan ..... U.S. Navy
Kevin Ann Cary..... U.S. Air Force
Steve Graff ..... U.S. Navy
Les Helmink..... U.S. Army
Lynn Heusinkvelt..... U.S. Army
George Hoss..... U.S. Army
Ron Kramer..... U.S. Army
Gary Lueders..... U.S. Navy
Charlie Roemig..... U.S. Army
Thomas "Tom" Strickland..... U.S. Army
Clifford "Cliff" Stevens.... U.S. Marine Corps
Terry Sailors ..... U.S. Army
Richard "Rich" Stites..... U.S. National Guard
Jonathan "John" Shortridge..... U.S. Army
David Mahieu ..... U.S. Navy
John McCormick..... U.S. Navy

Thank you for your service!

The VA and Veterans Day

Every year on November 11, America observes Veterans Day as a time to recognize and thank the people who have served in the U.S. armed forces. The day honors veterans from every era of service, whether they served in times of war or peace, past or present, are still living or have passed away, and volunteered or were drafted. The date also connects to an important moment in U.S. military history. In 1942, the minimum draft age was lowered from 21 to 18, helping strengthen the military during World War II.

The VA has a long history of caring for the people who have served our country. Much of that support began after the Civil War, when the government started creating homes and pensions for disabled veterans. By World War I, veterans' support had become more organized and included programs for benefits, insurance, and on-the-job training. Following World War II, service members came home numbering in the millions. At that point, the United States needed a bigger plan to help them get a fresh start as they adjusted and transitioned into everyday life. Subsequently, the GI Bill of 1944 came into play. It made a huge difference by helping veterans pay for school, buy homes, and find work as they got back on their feet.

Over time, all of these programs were brought together. In 1989, the VA officially became the Department of Veterans Affairs, a cabinet-level department. Since then, it has continued to grow and adapt, offering healthcare, support for veterans experiencing homelessness, and services for veterans from Vietnam, the Gulf War, and more recent conflicts.

November 2026

DATES TO CELEBRATE

Daylight Saving Time Ends..... 11/1
Día de los Muertos..... 11/1-2
Election Day..... 11/3
National Nurse Practitioner Week..... 11/8-14
Veterans Day 11/11
World Kindness Day..... 11/13
Full Moon..... 11/24
Thanksgiving..... 11/26
Black Friday..... 11/27
Small Business Saturday..... 11/28

Birthstone - Yellow Topaz | **Flower** - Chrysanthemum | **Zodiac** - Scorpio & Sagittarius

Reflecting Moments

This month brought creativity, friendship, and lots of laughs. Residents painted pumpkins, celebrated Breast Cancer Awareness Month, spent time with good friends, shared heartfelt gifts, and had a blast during the Sagora Senior Games, where Wendy bravely volunteered to be the target of flying cheese balls and shaving cream! Now that's team spirit!











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Sharing Gratitude

F R I E N D S F F A M I L C G F A M I L Y
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ABUNDANCE
APPRECIATION
BLESSINGS
CELEBRATE
FAMILY
FRIENDSHIP
GENEROSITY
GIVING
GRATITUDE
HARVEST
JOY
KINDNESS
THANKFUL
TOGETHER