TIMELESS

AN EDITORIAL BY AZALEA TRAILS

NOVEMBER 2026



Standing Ovation

Applaud the everyday stars around you and honor their contributions.

AZALEA TRAILS | ASSISTED LIVING

Resident Spotlight



This month, we are excited to shine our Resident Spotlight on Vickie Lewsader! Vickie's story is one of faith, kindness, and a lifelong desire to help others. Originally from Mount Vernon, Illinois, Vickie grew up with a wonderful example of compassion through her mother, who raised nine children and was always willing to help people. Her mother's caring nature made a lasting impression on Vickie and helped shape the person she is today. Vickie attended Angelo State University and once dreamed of becoming a nurse. Although she did not pursue nursing, she embraced the rewarding role of being a stay-at-home mom and devoted herself to raising her family. Family and faith have always played a special role in Vickie's life. She enjoys reading the Bible and going to church, and she fondly remembers her mother walking 10 miles to attend church. Vickie also has a brother who lives in North Carolina and a sister who lives in California. When it comes to her favorite things, Vickie enjoys steak and classical music! She also enjoys lending a helping hand around our community, including helping put the menus in the dining room. Her willingness to help reflects the caring spirit she has carried throughout her life. Vickie lives by meaningful words of wisdom that remind us all to lead with faith and kindness. One of her favorite sayings is, "Never give up on God." She also believes in the importance of thinking before speaking, reminding us to consider how our words may affect others. Vickie's life lessons are a wonderful reminder that small acts of kindness, a strong faith, and thoughtful words can make a lasting difference. We are grateful to have Vickie as part of our community and are happy to celebrate her story in this month's Resident Spotlight! Please join us in celebrating Vickie Lewsader!



Standing Ovation

What does gratitude mean to you? Is there someone who embodies it for you? Are we born with grateful hearts, or is gratitude something we can practice and learn over time? These are worth pondering this November, as Thanksgiving approaches and we look for ways to notice and thank the people who quietly make our lives better.

There are myriad ways to show gratitude toward our neighbors, family, and friends, but it's easy to let them slip by unnoticed. Think of the friend who shows up with comfort when a beloved pet of 15 years passes. The neighbor whose crockpot meal arrives right when you need it most. The stranger who offers you their umbrella in the rain. The grandchild who lights up when you show up for their school play. These moments are easy to take for granted, and easy to miss.

Research shows that practicing gratitude regularly benefits both mind and body. It brings a greater sense of peace, builds empathy, and supports overall well-being. No matter what kind of day you're having, there's almost always something, or someone, worth appreciating. This month, take a moment to notice the people who've shown up for you. Consider how best you can celebrate them this month. Give them the thanks – and the standing ovation – that they deserve.



Manager's Corner

As we welcome the month of November, we are reminded of the importance of gratitude, togetherness, and the many blessings that surround us each day. This season is a wonderful opportunity to reflect on the meaningful moments we share and to appreciate the people who make our community so special. Here at our community, we are thankful for our amazing residents, their families, and our dedicated team members who make each day brighter. It is truly a privilege to be part of a community where kindness, compassion, and friendship are at the heart of everything we do. November also brings opportunities to create lasting memories, celebrate traditions, and enjoy the simple pleasures of the season. As we prepare for Thanksgiving, I encourage everyone to take a moment to express appreciation, share a smile, and spend quality time with those around us. Thank you to our residents and families for allowing us to be part of your lives, and to our team members for the care, dedication, and love you show every day. Together, we continue to make our community a place where everyone feels welcomed, valued, and at home. From our family to yours, I wish you all a happy, healthy, and gratitude-filled November!

With appreciation,

Kristen F.



November 2026

Kristen Faulkner
Executive Director

Felicia Oliver
Resident Service Director

Katherine Robinson
Sales & Marketing Director

Christy Benningfield
Business Office Manager

Maggie Brockman
Lifestyle Director

Mary Gossett
Culinary Director

Ashley Shuptrine
Maintenance Director

Monika Lacy
Resident Coordinator

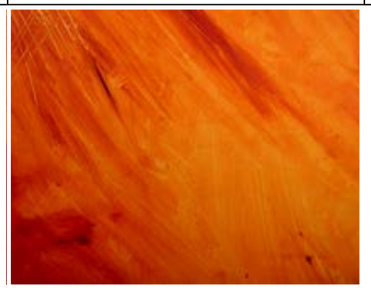
Melany Bynum
Concierge

Tristian Shuptrine
Concierge

AZALEA TRAILS™
ASSISTED LIVING & MEMORY CARE

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Tyler, TX 75703
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November 2026
AL Monthly

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Saving Time Ends **1** 9:30 Coffee and Fellowship [C] 10:00 Jigsaw Puzzles [LC] 10:30 Morning Stretch [MR] 11:00 Daily Devotional [MR] 1:30 Walking Club [WC] 2:00 Movie Matinee [MR] 3:00 Creative Color [LC] 4:00 Social Hour [C] 6:00 Dominoes [C]	**2** 9:30 Coffee and Donuts [C] 10:00 Morning Brain Booster [C] 10:30 Crisp Autumn Walk [WC] 11:00 Devotional/ Discussion [MR] 1:30 Scenic Fall Drive [O] 1:30 Walking Club [WC] 2:30 Veterans Day Card Making [LC] 4:00 Social Hour and Karaoke [C] 6:00 Uno [LC]	**Election Day** **3** 9:30 Coffee and Jokes [C] 10:00 Daily Discovery [C] 10:30 HIIT and Stretch [MR] 10:30 Shopping Committee [O] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Book Club: A Christmas Carol [MR] 3:00 Game Cafe [C] 4:00 Social Hour [C] 6:00 Skip Bo [LC]	**4** 9:30 Coffee and My Story [C] 10:00 Trivia Fun [C] 10:30 Armchair Zumba [MR] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Thankful Tree: Add a Leaf 2:30 Bingo [C] 4:00 Social Hour [C] 6:00 Checkers [LC]	**5** 9:30 Coffee and Word Puzzles [C] 10:00 Category Race [C] 10:30 Rhythm and Movement w/ MC [MC] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Book Club: Meer Christianity [MR] 2:30 Resident Choice Sweet Treat Outing [O] 4:00 Social Hour [C] 6:00 Left, Right, Center [LC]	**6** 9:30 Coffee and Chats [C] 10:00 Exploring Holiday Traditions [C] 10:00 Mistletoe and Magic [O] 11:00 Devotional/ Discussion [MR] 11:30 Lunch Bunch [O] 1:30 Walking Club [WC] 2:00 Autumn, Sips and Gather [MC] 3:00 Cozy Fall Movie [MR] 4:00 Social Hour [C] 6:00 Rummikub [LC]	**7** 9:30 Coffee and News [C] 10:30 Tai Chi Exercise [MR] 11:00 Devotional/ Discussion [MR] 1:30 Movie Matinee [MR] 1:30 Walking Club [WC] 4:00 Social Hour [C] 6:00 Game Time [LC]
9:30 Coffee and Fellowship [C] **8** 10:00 Jigsaw Puzzles [LC] 10:30 Morning Stretch [MR] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Movie Matinee [MR] 3:00 Creative Color [LC] 4:00 Social Hour [C] 6:00 Dominoes [C]	**9** 9:30 Coffee and Donuts [C] 10:00 Morning Brain Booster [C] 10:30 Crisp Autumn Walk [WC] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:30 Fall Wreath Craft Shopping [O] 4:00 Social Hour and Karaoke [C] 6:00 Uno [LC]	9:30 Coffee and Jokes [C] **10** 10:00 Daily Discovery [C] 10:30 HIIT and Stretch [MR] 10:30 Shopping Committee [O] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Book Club: A Christmas Carol [MR] 3:00 Fall Wreath Making [C] 4:00 Social Hour [C] 6:00 Skip Bo [LC]	**Veterans Day** **11** 9:30 Coffee with a Veteran [C] 10:00 Trivia Fun [C] 10:30 Armchair Zumba [MR] 11:00 Bingo [MR] 1:30 Walking Club [WC] 3:30 Veteran's Day Social [C] 6:00 Checkers [LC]	9:30 Coffee and Word Puzzles [C] **12** 10:00 Category Race [C] 10:30 Rhythm and Movement w/ MC [MC] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Book Club: Meer Christianity [MR] 2:30 Resident Choice Sweet Treat Outing [O] 4:00 Social Hour [C] 6:00 Left, Right, Center [LC]	9:30 Coffee and Chats [C] **13** 10:00 Exploring Holiday Traditions [C] 11:00 Devotional/ Discussion [MR] 11:30 Lunch Bunch [O] 1:30 Walking Club [WC] 2:00 Autumn, Sips and Gather [MC] 3:00 Cozy Fall Movie [MR] 4:00 Social Hour [C] 6:00 Rummikub [LC]	9:30 Coffee and News [C] **14** 10:30 Tai Chi Exercise [MR] 11:00 Devotional/ Discussion [MR] 1:30 Movie Matinee [MR] 1:30 Walking Club [WC] 4:00 Social Hour [C] 6:00 Game Time [LC]
9:30 Coffee and Fellowship [C] **15** 10:00 Jigsaw Puzzles [LC] 10:30 Morning Stretch [MR] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Movie Matinee [MR] 3:00 Creative Color [LC] 4:00 Social Hour [C] 6:00 Dominoes [C]	**16** 9:30 Coffee and Donuts [C] 10:00 Morning Brain Booster [C] 10:30 Crisp Autumn Walk [WC] 11:00 Devotional/ Discussion [MR] 1:30 Bakery Outing [O] 1:30 Walking Club [WC] 2:30 Thanksgiving Would You Rather [LC] 4:00 Social Hour and Karaoke [C] 6:00 Uno [LC]	9:30 Coffee and Jokes [C] **17** 10:00 Daily Discovery [C] 10:30 HIIT and Stretch [MR] 10:30 Shopping Committee [O] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Book Club: A Christmas Carol [MR] 3:00 Cozy Sweater Social [C] 4:00 Social Hour [C] 6:00 Skip Bo [LC]	9:30 Coffee and My Story [C] **18** 10:00 Trivia Fun [C] 10:30 Armchair Zumba [MR] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:30 Bingo [C] 3:30 Thanksgiving Bracelets [C] 4:00 Social Hour [C] 6:00 Checkers [LC]	9:30 Coffee and Word Puzzles [C] **19** 10:00 Category Race [C] 10:30 Rhythm and Movement w/ MC [MC] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Book Club: Meer Christianity [MR] 2:30 Friendsgiving Party Prep [O] 4:00 Friendsgiving Tea Party [C] 6:00 Left, Right, Center [LC]	9:30 Coffee and Chats [C] **20** 10:00 Exploring Holiday Traditions [C] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Autumn, Sips and Gather [MC] 3:00 Cozy Fall Movie [MR] 3:00 HTeaO Run [O] 4:00 Social Hour [C] 6:00 Rummikub [LC]	9:30 Coffee and News [C] **21** 10:30 Tai Chi Exercise [MR] 11:00 Devotional/ Discussion [MR] 1:30 Movie Matinee [MR] 1:30 Walking Club [WC] 4:00 Social Hour [C] 6:00 Game Time [LC]
9:30 Coffee and Fellowship [C] **22** 10:00 Jigsaw Puzzles [LC] 10:30 Morning Stretch [MR] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Movie Matinee [MR] 3:00 Creative Color [LC] 4:00 Social Hour [C] 6:00 Dominoes [C]	**23** 9:30 Coffee and Donuts [C] 10:00 Morning Brain Booster [C] 10:30 Crisp Autumn Walk [WC] 11:00 Devotional/ Discussion [MR] 1:30 Craft Fair [O] 1:30 Walking Club [WC] 2:30 Crafting [LC] 4:00 Social Hour and Karaoke [C] 6:00 Uno [LC]	9:30 Coffee and Jokes [C] **24** 10:00 Daily Discovery [C] 10:30 HIIT and Stretch [MR] 10:30 Shopping Committee [O] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Book Club: A Christmas Carol [MR] 4:00 Social Hour [C] 6:00 Skip Bo [LC]	9:30 Coffee and My Story [C] **25** 10:00 Trivia Fun [C] 10:30 Armchair Zumba [MR] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:30 Bingo [C] 3:30 Thanksgiving Eve Stories [C] 4:00 Social Hour [C] 6:00 Checkers [LC]	**Thanksgiving** **26** 9:30 Gobble Gobble Coffee Social [C] 10:00 Thanksgiving Trivia [C] 10:30 Rhythm and Movement w/ MC [MC] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Leftover Recipes Swap [MR] 4:00 Thankful Hour [C] 6:00 Left, Right, Center [LC]	9:30 Coffee and Chats [C] **27** 10:00 Exploring Holiday Traditions [C] 11:00 Devotional/ Discussion [MR] 1:30 Thrifting [O] 1:30 Walking Club [WC] 2:00 Autumn, Sips and Gather [MC] 3:00 Cozy Fall Movie [MR] 4:00 Social Hour [C] 6:00 Rummikub [LC]	9:30 Coffee and News [C] **28** 10:30 Tai Chi Exercise [MR] 11:00 Devotional/ Discussion [MR] 1:30 Movie Matinee [MR] 1:30 Walking Club [WC] 4:00 Social Hour [C] 6:00 Game Time [LC]
9:30 Coffee and Fellowship [C] **29** 10:00 Jigsaw Puzzles [LC] 10:30 Morning Stretch [MR] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:00 Movie Matinee [MR] 3:00 Creative Color [LC] 4:00 Social Hour [C] 6:00 Dominoes [C]	**30** 9:30 Coffee and Donuts [C] 10:00 Morning Brain Booster [C] 10:30 Crisp Autumn Walk [WC] 11:00 Devotional/ Discussion [MR] 1:30 Walking Club [WC] 2:30 Crafting [LC] 3:00 Bingo Auction [C] 4:00 Social Hour and Karaoke [C] 6:00 Uno [LC]	AZALEA TRAILS ASSISTED LIVING & MEMORY CARE		**Location Keys** Cafe C Life Enrichment Center LC Media Room MR Memory Care MC Outing O Walking Circle WC		

Team Member Spotlight

We are excited to shine our Team Member Spotlight on Monika Lacy, our Resident Care Coordinator! Monika brings a caring heart, a compassionate spirit, and a genuine passion for making a difference in the lives of our residents. Originally from Arp, Texas, Monika is a proud wife, mother of two beautiful girls, and small business owner. A graduate of Arp High School, she values family above all else and loves spending time with her husband and daughters, especially cheering them on at their sporting events. Monika's journey into senior living was inspired in part by her mother's stroke in 2020, which gave her a deeper understanding of the importance of compassion, patience, and caring for others. Today, her favorite part of her role is loving on our residents, building meaningful relationships, and making sure each person feels safe, comfortable, valued, and cared for. Outside of work, Monika enjoys creating custom apparel through her small business. One of her biggest dreams is to open her own T-shirt store someday while continuing to grow her business and set a positive example for her daughters. Monika's caring nature, dedication to our residents, and determination to follow her dreams make her a wonderful part of our team. When asked about her favorite quote, she shared: "No dream is too big. The sky is the limit!"Please join us in celebrating Monika Lacy and thanking her for the kindness, compassion, and heart she brings to our community each day!



The VA and Veterans Day

Every year on November 11, America observes Veterans Day as a time to recognize and thank the people who have served in the U.S. armed forces. The day honors veterans from every era of service, whether they served in times of war or peace, past or present, are still living or have passed away, and volunteered or were drafted. The date also connects to an important moment in U.S. military history. In 1942, the minimum draft age was lowered from 21 to 18, helping strengthen the military during World War II.

The VA has a long history of caring for the people who have served our country. Much of that support began after the Civil War, when the government started creating homes and pensions for disabled veterans. By World War I, veterans' support had become more organized and included programs for benefits, insurance, and on-the-job training. Following World War II, service members came home numbering in the millions. At that point, the United States needed a bigger plan to help them get a fresh start as they adjusted and transitioned into everyday life. Subsequently, the GI Bill of 1944 came into play. It made a huge difference by helping veterans pay for school, buy homes, and find work as they got back on their feet.

Over time, all of these programs were brought together. In 1989, the VA officially became the Department of Veterans Affairs, a cabinet-level department. Since then, it has continued to grow and adapt, offering healthcare, support for veterans experiencing homelessness, and services for veterans from Vietnam, the Gulf War, and more recent conflicts.

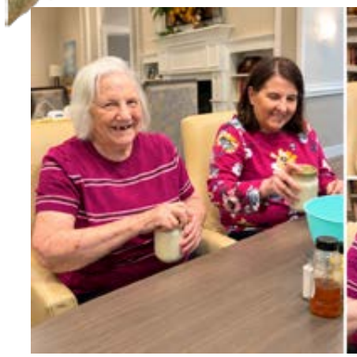
November 2026

DATES TO CELEBRATE

Daylight Saving Time Ends	11/1	World Kindness Day	11/13
Día de los Muertos	11/1-2	Full Moon	11/24
Election Day	11/3	Thanksgiving	11/26
National Nurse Practitioner Week	11/8-14	Black Friday	11/27
Veterans Day	11/11	Small Business Saturday	11/28

Birthstone - Yellow Topaz | **Flower** - Chrysanthemum | **Zodiac** - Scorpio & Sagittarius

Memory Lane!













Save The Date

Shopping Trip

Every Tuesday

Resident choice

Resident Council

First Monday

Bring your questions, comments and concerns

Town Hall

First Wednesday

Discuss what's happening in our community with our department heads

Happy Birthday!

Emma R. 11/3

Annie H. 11/26



More eyes for your enterprise

Want more exposure for your business? Advertise in our community newsletter. To find out more about details and pricing, contact the community.

Sharing Gratitude

ABUNDANCE
APPRECIATION
BLESSINGS
CELEBRATE
FAMILY
FRIENDSHIP
GENEROSITY
GIVING
GRATITUDE
HARVEST
JOY
KINDNESS
THANKFUL
TOGETHER

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