

TIMELESS

AN EDITORIAL BY BRISTOL PARK CONROE

JULY 2024



Drive-Thru USA

It's time to hit the road and get to know all the USA has to offer. Take a little road trip and see where you end up - you never know what adventure awaits you!

BRISTOL PARK CONROE | MEMORY CARE



Drive-Thru USA

Consider your fondest memories of vacations past. Maybe you and the clan drove across the country to visit an amusement park or go camping or attend a family reunion. Maybe you followed your favorite band's cross-country tour with some friends or you took a solo trip and had so many memorable moments that you went through five rolls of film and two journals (all of which you keep in your closet to this day). Perhaps you visit your grandchildren every year over the Thanksgiving holiday and make a 400-mile drive to do so, a smile on your face the entire trip. Who knows!

One thing can be said for sure: An open road can be your best friend. Possibility and adventure await. All paths lead to something new—physical, emotional, mental and spiritual spaces that have yet to be explored—stimulating your senses at every turn. This month, you have the unique opportunity to travel to a number of unknown spaces by way of the Sagora theme, "Drive-Thru USA."

How would you map out an in-person journey today? Think about parts of the country you've never seen but have always wanted to see. This might include specific regions, select states, national forests or parks, historical or intriguing landmarks, etc. Make a list. Be sure to note why the places listed are special, as well as who you'd like to accompany you on the road trip. Is there a specific route that takes you multiple places you'd like to visit? Route 66 is a major thoroughfare that leads to quite a few bucket list places like Santa Fe, Hollywood, St. Louis and the Grand Canyon.

You might truly desire to take a trip in the flesh, but that isn't the case for everyone. The paths aren't limited to those who are literally willing to travel in person. If you'd like to stay home as opposed to taking a road trip, try doing a bit of virtual exploration and organizing an online route to visit some of the places on your list. There are hundreds of virtual tours and expert talks readily available on the Internet. Visiting museums and trekking to destinations in the desert can easily be done, thanks to the virtual world.

Shift from "The Road Not Taken," as Robert Frost writes, and follow the path somewhere new.

Competitive Eats: All About HOT DOGS

Hot dogs aren't for everyone, despite their secure position in many a summer cookout. You'll often find them on the grill next to hamburgers and chicken breasts basted in barbecue sauce. Most of us grew up with hot dogs as a household staple. They're easy to hold, kid-friendly and generally provide a satisfactory level of nutrition for most people, especially the "all beef" franks. It's no surprise that hot dog eating became a major player in the competitive eating world.

Those who need more franks in their life opt for a major challenge. They enter the annual Nathan's Hot Dog Eating Contest on Coney Island hoping to take the competitive eating world by storm. Sanctioned by the Major League Eating Organization, this competition is one of the most intense eating events nationwide. It allows only 20 contestants to grace the stage. Since the early 1970s, this event has been held on the Fourth of July on Coney Island in New York at the site of the original Nathan's Famous hot dog stand. While stories have been told of this event originating in the early 1900s, you'll find there's no definitive confirmation either way. Nowadays, though, men and women have separate categories, both taking home a nice sum of cash to make the most of their summers. You'd be surprised how many hot dogs a person can down in just 10 minutes. Be sure to check out the 2024 competition on ESPN if you want to make a guess.



Letter from the ED Happy July!

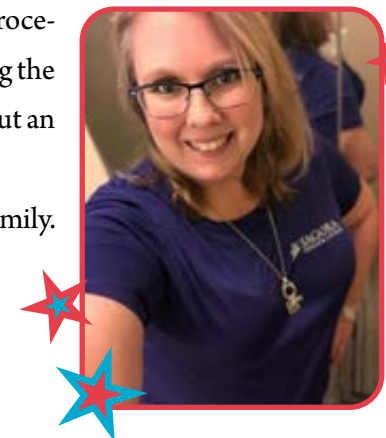
I hope you all are enjoying the summer season! Things around Bristol Park are sure heating up with fun. Thank you to all the families and friends that attended our recent family night event. The food was scrumptious, the entertainment was music to our ears and the fellowship was the best. We are looking forward to the coming months' Family Night events; be on the lookout for invitations coming soon.

In other notes around the community, you will see the life skills stations (Energy Centers) starting to be developed in different areas. In process this month is the garden station (located in the potting shed), music station (located on Rivershire) and workbench station (located on Lonestar). Several families and friends have asked how they can contribute to the efforts. I will send out a message via our One Call Now communication system with a scavenger hunt list of items that would help us to build the areas greater for the residents.

In development is a Family Orientation Program that will be rolled out at the end of July. This program will be a way to introduce new families and even re-introduce those that have been with us a while to the story of the community, ins and outs of operations, who is who, safety procedures and how we partner with you in providing the best in care and services. I am excited to send out an invite and see you all there at the premiere.

Have a wonderful July filled with fun and family. Stay safe and enjoy the sun!

Kindest regards,
Julie



July 2024

Meet the Bristol Park Leader Team

Julie Smith
Executive Director

Sabrina Chambers
Business Director

Lena Sweeney
Resident Services Director

Danielle Gamble
Resident Services Coordinator

Wendy Braswell
Pathways Program Director

Brittany Clark
Sales and Marketing Director

Felipe Martinez
Maintenance Director

Jennifer Harrell
Culinary Director





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July 2024

Bristol Park Conroe - Memory Care



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Natl' Zoo Day 1 9:30 Rise And Shine & Conversations 10:00 Guided Grace Devotional 10:05 Motivate & Movin Monday 11:00 Golden Girls & Zoo Bingo (OP) 11:30 Dining With Grace 2:00 Houston Astros Game & Popcorn 3:00 Toolbox (Men's Club) 4:00 Sacred Heart Services 4:30 Dining With Grace 5:30 Evenings W/ Sinatra	9:30 Sip & Spark w/ Morning TV 2 10:00 Daily Blessings: Devotional 10:05 Table Tennis Tuesdays Exercise 11:00 Virtual Road Trip Around The USA 11:30 Dining With Grace 2:15 Mindful Masterpieces 3:00 Music Therapy 4:00 Get 2 Stepping Walking Club 4:30 Dining With Grace 5:30 Folding & Sorting	9:30 Sunrise Sip & Socialize 3 10:00 Everybody Express: Devotional 10:05 Sizzling Hot Sitercise 10:50 Pastor Randy W/ Alamo Hospice 11:00 Bible Study & Prayer Group 11:30 Dining With Grace 2:30 Texas Trivia 3:30 Sorting Colors 4:00 Happy Hour & USA Bingo 4:30 Dining With Grace	Independence Day 4 9:30 Sip, Rise & Socialize 10:00 Happy Strings Singers 10:05 Therapeutic Thursday 11:00 Old Timers Men's Club (OP) 11:30 Dining With Grace 2:30 Music W/ Pastor Trey 3:30 Independence Day Celebration 4:30 Dining With Grace 5:30 Church W/ Pastor Frank	9:30 Cup O' Chatter & A.M. Shows 5 10:00 Soulful Start: Devotional 10:05 Hot Seat Fitness Friday 11:00 Word Spin Word Game 11:30 Dining With Grace 2:00 Sam Houston Statue (Outing) 3:30 USA Virtual Museum Tour 4:00 Detective Findings 4:30 Dining With Grace 5:30 Puzzles & Board Games	9:30 Sip, Rise & Socialize 6 10:00 Sunrise Serenity: Devotional 10:45 Outdoor Yoga (OP) 11:00 Bible Study W/ Sandra 11:30 Dining With Grace 2:00 USA Themed Craft 3:00 Cornhole Competition 4:00 USA Virtual Tour & Trivia 4:30 Dining With Grace 5:30 Scattered Activities
9:30 Morning Mingle & Mugshots 7 10:00 A.M. Affirmations: Devotional 10:05 Sizzling Hot Sitercise 10:15 Online Church Service 11:15 Balloon Volleyball 11:30 Dining With Grace 2:00 Popcorn & Brain games (MS) 3:00 Miniature Golf Competition (OP) 3:45 Folding & Sorting 4:00 Get 2 Stepping Walking Club 4:30 Dining With Grace	9:30 Coffee & Morning Shows 8 10:00 Rise & Reflect: Devotional 10:05 Spring Into Shape (Workout) 11:00 Golden Girls & Zoo Bingo (OP) 11:30 Dining With Grace 2:00 Manicures & Makeovers 3:00 Building & Sorting 4:00 Sacred Heart Services 4:30 Dining With Grace 5:30 Reading History & Relaxing	Natl' Sugar Cookie Day 9 9:30 Cup O' Chatter & A.M. Shows 10:00 Gratitude & Growth: Devotional 10:05 Table Tennis Tuesdays Exercise 11:00 Virtual Road Trip Around The USA 11:30 Dining With Grace 12:30 Luliet Cookies (Outing) 2:15 Tuesday's Tied Tongue Twisters 3:00 Music Therapy 3:30 Scenic Drive Along Route 66 4:30 Dining With Grace	Natl' Pina Colada Day 10 9:30 Java Jaunt & Breakfast Banner 10:00 Sunrise Serenity: Devotional 10:05 Sizzling Hot Sitercise 11:00 Roll That Dice 11:30 Dining With Grace 2:00 The Ark Church w/Pastor John 3:00 Virtual Tour To Texas 3:30 Homemade Pina Colada's 4:00 Happy Hour & USA Bingo 4:30 Dining With Grace	9:30 Rise & Shine & Conversations 11 10:00 Daily Blessing: Devotional 10:05 Therapeutic Thursday 11:00 Old Timers Men's Club (OP) 11:30 Dining With Grace 12:00 Dementia support Group 2:30 Music W/ Pastor Trey 3:30 Golf Tournament 4:30 Dining With Grace 5:30 Sorting Dominoes	Drive Thru Movie Family Night 12 9:30 Java Jaunt & Breakfast Banner 10:00 AM Affirmations: Devotional 10:05 Hot Seat Fitness Friday 11:00 Around The World Trivia 11:30 Dining With Grace 2:30 Finish The Phrase 3:30 USA Virtual Museum Tour 4:30 Dining With Grace 5:30 Fun Facts W/ The RA's	9:30 Sunrise Sip & Socialize 13 10:00 Guided Grace: Devotional 10:45 Sit & Stretch Saturdays 11:00 Bible Study W/ Sandra 11:30 Dining With Grace 2:00 Movie & Popcorn 3:00 USA Virtual Tour & Trivia 4:00 Folding & Sorting 4:30 Dining With Grace 5:30 Colorful Creations
9:30 Brews & Views: I Love Lucy 14 10:00 Daily Devotional 10:05 Sizzling Hot Sitercise 10:15 Online Church Service 11:15 Outdoor Walks & Bird Watching 11:30 Dining With Grace 2:00 Bingo (OP) 3:00 Happy Hour Social 3:30 Quizzicals 4:30 Dining With Grace 5:30 Folding & Sorting	Natl' Gummy Worm Day 15 9:30 Rise And Shine & Conversations 10:00 Guided Grace Devotional 10:05 Motivate & Movin Monday 11:00 Golden Girls & Zoo Bingo (OP) 11:30 Dining With Grace 2:00 Manicures & Makeovers 3:00 Toolbox (Men's Club) 4:00 Sacred Heart Services 4:30 Dining With Grace 5:30 Evenings W/ Sinatra	9:30 Sip & Spark w/ Morning TV 16 10:00 Daily Blessings: Devotional 10:05 Table Tennis Tuesdays Exercise 11:00 Virtual Road Trip Around The USA 11:30 Dining With Grace 2:15 Mindful Masterpieces 3:00 Music Therapy 4:00 Get 2 Stepping Walking Club 4:00 Resident/Family Council 4:30 Dining With Grace 5:30 Folding & Sorting	Natl' Lottery Day 17 9:30 Sunrise Sip & Socialize 10:00 Everybody Express: Devotional 10:05 Sizzling Hot Sitercise 11:00 Bible Study & Prayer Group 11:30 Dining With Grace 2:30 Texas Trivia 4:00 Happy Hour & USA Bingo 4:30 Dining With Grace 5:00 Family Night: Drive In USA	9:30 Sip, Rise & Socialize 18 10:00 Guided Grace: Devotional 10:05 Therapeutic Thursday 11:00 Old Timers Men's Club (OP) 11:30 Dining With Grace 2:30 Music W/ Pastor Trey 3:30 Popcorn & Pool 4:00 Get 2 Stepping Walking Club 4:30 Dining With Grace 5:30 Brain Teasers	Natl' Ice Cream Day 19 9:30 Cup O' Chatter & A.M. Shows 10:00 Soulful Start: Devotional 10:05 Hot Seat Fitness Friday 11:00 Word Spin Word Game 11:30 Dining With Grace 12:30 Dairy Queen Outing 2:30 Texas Trivia 3:30 USA Virtual Museum Tour 4:00 Detective Findings 4:30 Dining With Grace	9:30 Sip, Rise & Socialize 20 10:00 Sunrise Serenity: Devotional 10:45 Outdoor Yoga (OP) 11:00 Bible Study W/ Sandra 11:30 Dining With Grace 2:00 USA Themed Craft 3:00 Cornhole Competition 4:00 Outside Views 4:30 Dining With Grace 5:30 Scattered Activities
9:30 Morning Mingle & Mugshots 21 10:00 A.M. Affirmations: Devotional 10:05 Sizzling Hot Sitercise 10:15 Online Church Service 11:15 Balloon Volleyball 11:30 Dining With Grace 2:00 Popcorn & Brain games (MS) 3:00 Miniature Golf Competition (OP) 3:45 Folding & Sorting 4:00 Get 2 Stepping Walking Club 4:30 Dining With Grace	Natl' Hot Dog Day 22 9:30 Coffee & Morning Shows 10:00 Rise & Reflect: Devotional 10:05 Spring Into Shape (Workout) 11:00 Golden Girls Social & Hot Dogs 11:30 Dining With Grace 2:00 Manicures & Makeovers 3:00 Building & Sorting 4:00 Sacred Heart Services 4:30 Dining With Grace 5:30 Reading History & Relaxing	Christmas In July Vendor Sale 23 9:30 Cup O' Chatter & A.M. Shows 10:00 Gratitude & Growth: Devotional 10:05 Table Tennis Tuesdays Exercise 11:00 Virtual Road Trip Around The USA 11:30 Dining With Grace 2:30 Language Lessons 3:00 Music Therapy 4:00 Christmas In July Vendor Sale 4:30 Dining With Grace 5:30 Trivia W/ The RA's	Natl' Drive Thru Day 24 9:30 Java Jaunt & Breakfast Banner 10:00 Sunrise Serenity: Devotional 10:05 Sizzling Hot Sitercise 11:30 Dining With Grace 2:30 Drive Thru Houston :Astros Game (MS) 4:00 Happy Hour & USA Bingo 4:30 Dining With Grace 5:30 Puzzles & Patsy Cline	Natl' Culinaire's Day 25 9:30 Rise & Shine & Conversations 10:00 Daily Blessing: Devotional 10:05 Therapeutic Thursday 11:00 Old Timers Men's Club (OP) 11:30 Dining With Grace 2:30 Music W/ Pastor Trey 3:30 Cooking Creations W/ Jennifer 4:30 Dining With Grace 5:30 Sorting Dominoes	Birthday Celebrations 26 9:30 Java Jaunt & Breakfast Banner 10:00 AM Affirmations: Devotional 10:05 Hot Seat Fitness Friday 11:00 Around The World Trivia 11:30 Dining With Grace 12:30 TGR Exotic Wildlife Park (Outing) 2:30 Puzzles & Pieces 3:00 Resident Birthday Bash 3:30 USA Virtual Museum Tour 4:30 Dining With Grace	9:30 Sunrise Sip & Socialize 27 10:00 Guided Grace: Devotional 10:45 Sit & Stretch Saturdays 11:00 Bible Study W/ Sandra 11:30 Dining With Grace 2:00 Movie & Popcorn 3:00 USA Tall Tales & Trivia 4:00 Folding & Sorting 4:30 Dining With Grace 5:30 Colorful Creations
9:30 Brews & Views: I Love Lucy 28 10:00 Daily Devotional 10:05 Sizzling Hot Sitercise 10:15 Online Church Service 11:15 Outdoor Walks & Bird Watching 11:30 Dining With Grace 2:00 Bingo (OP) 3:00 Happy Hour Social 3:30 Quizzicals 4:30 Dining With Grace 5:30 Folding & Sorting	9:30 Rise And Shine & Conversations 29 10:00 Guided Grace Devotional 10:05 Motivate & Movin Monday 11:00 Golden Girls & Zoo Bingo (OP) 11:30 Dining With Grace 2:00 Manicures & Makeovers 3:00 Toolbox (Men's Club) 4:00 Sacred Heart Services 4:30 Dining With Grace 5:30 Evenings W/ Sinatra	9:30 Sip & Spark w/ Morning TV 30 10:00 Daily Blessings: Devotional 10:05 Table Tennis Tuesdays Exercise 11:00 Virtual Road Trip Around The USA 11:30 Dining With Grace 2:15 Mindful Masterpieces 3:00 Music Therapy 4:00 Get 2 Stepping Walking Club 4:30 Dining With Grace 5:30 Folding & Sorting	9:30 Sunrise Sip & Socialize 31 10:00 Everybody Express: Devotional 10:05 Sizzling Hot Sitercise 11:00 Bible Study & Prayer Group 11:30 Dining With Grace 2:30 Texas Trivia 3:00 Favorite Foods In Texas 4:00 Happy Hour & USA Bingo 4:30 Dining With Grace			KEY Main Street.....MS Dining Room.....DR Outside Patio.....OP Relaxation Room.....RR Pop Shop.....SPS Theatre Room.....TR Potting Shed.....GR Rivershire.....RS Lonestar.....LS Happy Hour.....HH

INITIATIVES & EVENTS HAPPENING

OUTINGS

Sam Houston Statue Outing 7/5 @ 2 p.m.

Luliet Ice Cream & Cookie Outing 7/9 @ 12:30 p.m.

Dairy Queen Outing 7/19 @ 12:30 p.m.

TGR Exotic Wildlife Park Outing 7/26 @ 12:30 p.m.

EVENTS HAPPENING

Pastor Randy W/ Alamo Hospice 7/3 @ 10:50 a.m.

Independence Day Celebration 7/4 @ 3:30 p.m.

Church W/ Pastor Randy 7/4 @ 5:30 p.m.

The Ark Church W/ Pastor John 7/10 @ 2 p.m.

Dementia Support Group 7/11 @ 12 p.m.

Drive Thru Movie Family Night 7/12 @ 5 p.m.

Resident/Family Council 7/16 @ 4 p.m.

Christmas In July Vendor Sale 7/23 @ 4 p.m.

Drive Thru Movie On Mainstreet 7/24 @ 2:30 p.m.

Cooking Creations W/ Culinary

(Jennifer) 7/25 @ 3:30 p.m.

Pastor Trey Every Thursday @ 2:30 p.m.



Resident Spotlight

I want to take a moment to brag about this brilliant resident, Debra Adams. She is so helpful you would think she worked here. I caught her the other day pushing a resident back to their room and helping assist this resident. Debra always helps pass out and pick up snacks. She is always asking "What can I help you with? She picks up wherever you need her. Debra, you are a wonderful helper here at Bristol Park. Debra also has a sense of humor. Let me tell you, she has all the jokes, she is always smiling and she brings so much joy to our residents and staff.

Debra was born and raised in Amarillo, Texas. She graduated from the University of Texas in Austin. She worked and retired from USPS after 31 long years in Austin, TX. She bought her house in Austin and lived there for about 33 years. She cared for several feral cat communities feeding them twice a day and taking them to the vet as needed. Debra has always been a cat lover; in fact, she has one that she cares for on a daily basis.



Painting With Mom Family Night Julie and Her Daughter



Wild Stallion Vineyard (Outing)



Mrs. Katie and Her Daughter

Resident Photos



Mr. Ben Loving All the Dogs That Came to Visit.



National Walk In The Park Day



Dog Parade

July 2024

Dates to Celebrate

Canada Day 7/1
 Dog Days of Summer 7/3-8/11
 Independence Day 7/4
 Therapeutic Recreation Week 7/7- 7/13
 Full Moon 7/21
 National Ice Cream Day..... 7/21
 Parents' Day..... 7/28

Birthstone: Ruby

Flower: Larkspur/Water Lily

Zodiac: Cancer/Leo



Christmas In July Vendor Sale

Join us for fun, fellowship and shopping at our Christmas in July Vendor Sale. We will have different vendor booths set up on Main Street. You won't want to miss this one. It's going to be a fun-filled evening.

Refreshments will be for sale, as well, provided by our culinary team. All proceeds will go to the culinary & lifestyle depart to help purchase some of the things on our wish lists and build the life skill stations.

Happy Birthday!

Residents

Dixie M7/9
 David P 7/15
 Charles M 7/20



Associates

Wendy B..... 7/28

Associates Anniversaries

Evyline T.....2 years
 Anjunelle D1 year
 Blazi I1 year
 Mary Jane M.....1 year



Life is a Highway

Car Route
 Country Scenic
 Destination States
 Drive Traffic
 Gas Travel
 Highway Truck
 Map Vacation
 Pitstop

