

# TIMELESS

AN EDITORIAL BY BRISTOL PARK CONROE

MARCH 2025



*Palette of*  
**POSSIBILITIES**

BRISTOL PARK CONROE | MEMORY CARE





## Palette of Possibilities Family Day!

Welcome Spring! Welcome, New Possibilities! We invite all of our friends, families, and neighbors to come by our community on Saturday, March 8th, from 11:30 AM to 2:30 PM for our Palette of Possibilities Family Day!

Delight your palette at our wonderful Taco and Nacho Bar, refreshing margaritas, live music by Bryan Stone, and customize your own Cantarito clay pot to take home as a memento of the day!

RSVP by contacting the community or email Lifestyle Director Ashley Jones at [ajones@bristolparklife.com](mailto:ajones@bristolparklife.com). We hope to see you there!

## Mardi Gras at Bristol Park!

### *Laissez Les Bon Temp Rouler!*

Let the good times roll! Stop by and join in on the fun here at Bristol Park's Mardi Gras Celebration on Fat Tuesday, Monday, March 4th, at 3:30 PM. Prepare to eat King's Cake, drink Hurricanes, and party the day away with us. Pull out your beads, masks, and umbrellas and join the second line!



## 2025 Houston Livestock and Rodeo!

It's well known here in Texas that every year, from the end of February to mid to late March, Rodeo Season is approaching! This Texas tradition, which goes back to 1932, has a big place in the heart of every Texan, especially if they are from Houston and the surrounding areas.

The Houston Rodeo features livestock shows, art exhibits, carnival games and rides, live concerts and so much more! It's the perfect event to take the entire family during the spring break holidays! The Rodeo has featured a variety of awesome musical talents from Gene Autry, Charlie Pride, Conway Twitty, and so many more! There are so many fun and interesting things to do all in one place!

To purchase tickets to the Houston Livestock Show and Rodeo visit: [RodeoHouston.com](http://RodeoHouston.com)



## Resident Spotlight!

Deborah A.

Ms. Deborah, we celebrate and recognize YOU! She always lends a helping hand to anyone who might need it at any time of the day. She constantly makes sure that everyone feels seen and heard while in her presence. Deborah has an amazing sense of humor, loves to dance and exercise, and is a member of our Strike Squad Bowling Team. She is a true joy to be around every day and is a beacon of light here at Bristol Park Conroe!

Stop by and say hello to Ms. Deborah on your next visit!

## March 2025 Dates to Celebrate

- First Day of Ramadan.....3/1
- Caregiver Appreciation Day .....3/3
- Mardi Gras.....3/4
- International Women's Day.....3/8
- Daylight Saving Time Begins.....3/9
- Purim..... 3/13-14
- Full Moon ..... 3/14
- St. Patrick's Day ..... 3/17
- Spring Begins ..... 3/20

Birthstone - Aquamarine/Bloodstone  
Flower - Daffodil | Zodiac - Pisces/Aries



## From the Desk of the Executive Director!

Spring is here! And with it brings the possibilities of many new beginnings. This month alone is packed full of a colorful array of celebrations and holidays for the entire family to enjoy! Especially here in Texas, where every year, we go all out for the Houston Livestock and Rodeo Show! And like the Rodeo, our community is prepared to delight your palettes with a colorful and delicious feast at our Palette of Possibilities Family Day event on Saturday, March 8th.

I also invite you to stop by the community to join in on everyday adventures as we discover more about the Mexican and Indian cultures throughout the month.

Daylight Saving Time starts March 9th, so don't forget to set your clocks!!

*Here's to a spring full of possibilities for us all!*



March 2025

### The Bristol Park Leaders Team

**Julie Smith**

Executive Director

**Sabrina Chambers**

Business Director

**Brittany Stirpe**

Sales and Marketing Director

**Leysa Antonyuk**

Resident Services Director

**Ashley Jones**

Lifestyle Director

**Felipe Martinez**

Maintenance Director

**Jennifer Harrell**

Culinary Director



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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# Bristol Park at Conroe

## March 2025



9:30 Daily Chronicles **1**  
 10:00 Sunrise Serenity: Devotional  
 10:30 Perks at the Park Trivia  
 10:45 Outdoor Yoga (OP)  
 11:00 Bird Finding  
 1:00 Saturday Spintopia Challenge  
 2:00 Saturday Matinee  
 3:00 Cornhole Competition  
 5:30 Scattered Activities

9:30 Daily Chronicles **2**  
 10:15 Online Church Service  
 11:00 Tai Chi  
 2:00 Popcorn & Brain games  
 3:00 Walking Club  
 3:30 Quizzicals  
 3:45 Folding & Sorting  
 5:30 Independent Prayer & Reflection

9:00 Coffee Chat **3**  
 9:30 Daily Chronicles  
 10:00 Rise & Reflect: Devotional  
 1:15 Mid-day Men's Workshop  
 2:30 Monday Maracas Dance Party  
 3:00 Common Grounds Word Game  
 4:00 Sacred Heart Services  
 5:30 Classic TV & Relaxing

Mardi Gras! **4**  
 9:30 Daily Chronicles  
 10:45 **Learn the Language: Spanish**  
 11:00 Sit and be Fit  
 11:30 Who Am I?  
 2:00 Ladies at the Park Tea Time  
 3:30 **Mardi Gras Celebration!**  
 4:30 What's Cooking?  
 5:30 Laundry Club  
 6:30 Trivia w/ RA's

Ash Wednesday **5**  
 9:15 Perk up at the Park!  
 9:30 Daily Chronicles  
 10:50 **Pastor Randy W/ Alamo Hospice**  
 11:00 What's Cooking?  
 1:30 The Hygge Game  
 2:45 Pom Pom Fitness!  
 3:30 Finish Lines  
 5:30 Puzzles & Patsy Cline

9:30 Daily Chronicles **6**  
 9:35 On This Day in History  
 9:45 Sign Language 101  
 10:00 **Happy Strings Singers**  
 10:30 Weight Works Workout  
 11:30 **Adventure Club: Mckenzie's BBQ**  
 1:30 Coffee Club  
 2:30 Music W/ Pastor Trey  
 3:30 Men's Billiards Club  
 5:30 Sorting Dominoes

9:30 Daily Chronicles **7**  
 10:15 Laughter Yoga  
 10:30 Green Thumbs  
 1:30 Bristol Book Club  
 2:30 Yogalates  
 3:30 Let's Get Crafty!  
 6:00 Touring America's National Parks

9:30 Daily Chronicles **8**  
 10:00 Guided Grace: Devotional  
 10:30 Perks at the Park Trivia  
 10:45 Sit & Stretch Saturdays  
 11:00 Bird Finding  
 11:30 **Palette of Possibilities Event**  
 1:00 Saturday Spintopia Challenge  
 2:00 Saturday Matinee  
 4:00 Folding & Sorting  
 5:30 Colorful Creations

**Spring Foward! Daylight Savings Time Begins!** **9**  
 9:30 Daily Chronicles  
 10:00 Daily Devotional  
 10:15 Online Church Service  
 11:00 Tai Chi  
 11:15 Outdoor Walks & Bird Watching  
 3:00 Walking Club  
 3:30 Quizzicals  
 5:30 Folding & Sorting

9:00 Coffee Chat **10**  
 9:30 Daily Chronicles  
 10:30 Our Daily Bread Devotional  
 10:45 Moving and Grooving Fitness  
 1:15 Mid-day Men's Workshop  
 2:30 Monday Maracas Dance Party  
 3:00 Common Grounds Word Game  
 4:00 Sacred Heart Services  
 5:30 Meditation Monday

9:30 Daily Chronicles **11**  
 10:45 **Learn the Language: Spanish**  
 11:00 Sit and be Fit  
 11:30 Who Am I?  
 1:00 **Event and Program Planning Committee**  
 2:00 Ladies at the Park Tea Time  
 3:00 Tuesday's Tied Tongue Twisters  
 4:30 What's Cooking?

9:15 Perk up at the Park! **12**  
 9:30 Daily Chronicles  
 10:15 Daily Bread: Devotion  
 11:00 What's Cooking?  
 1:30 The Hygge Game  
 2:00 **The Ark Church w/Pastor John**  
 2:45 Pom Pom Fitness!  
 3:30 Finish Lines

9:30 Daily Chronicles **13**  
 9:35 On This Day in History  
 9:45 Sign Language 101  
 10:30 Weight Works Workout  
 11:00 Taco Cat Goat Cheese Pizza Word Game  
 1:30 Coffee Club  
 2:30 Music W/ Pastor Trey  
 3:00 **Adventure Club: Pie in the Sky**  
 5:30 Brain Teasers

Pie Day! **14**  
 9:30 Daily Chronicles  
 10:15 Laughter Yoga  
 10:30 Green Thumbs  
 1:30 Bristol Book Club  
 2:00 **Pie Eating Contest**  
 2:30 Yogalates  
 3:30 **Let's Get Crafty: Floral Garlands**  
 5:30 Puzzles & Board Games  
 6:00 Touring America's National Parks

9:30 Daily Chronicles **15**  
 10:00 Sunrise Serenity: Devotional  
 10:30 Perks at the Park Trivia  
 10:45 Outdoor Yoga (OP)  
 11:00 Bird Finding  
 1:00 Saturday Spintopia Challenge  
 2:00 Saturday Matinee  
 3:00 Cornhole Competition  
 5:30 Scattered Activities

9:30 Daily Chronicles **16**  
 10:15 Online Church Service  
 11:00 Tai Chi  
 2:00 Popcorn & Brain games  
 3:00 Walking Club  
 3:30 Quizzicals  
 3:45 Folding & Sorting

9:00 Coffee Chat **17**  
 9:30 Daily Chronicles  
 10:00 Rise & Reflect: Devotional  
 1:15 Mid-day Men's Workshop  
 2:30 Monday Maracas Dance Party  
 2:30 **Shamrock Shenanigans!**  
 3:00 Common Grounds Word Game  
 4:00 Sacred Heart Services  
 5:30 Classic TV & Relaxing

9:30 Daily Chronicles **18**  
 10:45 **Learn the Language: Spanish**  
 11:00 Sit and be Fit  
 11:30 Who Am I?  
 1:00 **Resident Town Hall**  
 2:00 Ladies at the Park Tea Time  
 3:00 Tuesday's Tied Tongue Twisters  
 4:30 What's Cooking?  
 5:30 Laundry Club  
 6:30 Trivia w/ RA's

9:15 Perk up at the Park! **19**  
 9:30 Daily Chronicles  
 11:00 What's Cooking?  
 1:00 **Concho Hearts Dance Party!**  
 2:45 Pom Pom Fitness!  
 3:30 Finish Lines  
 4:00 Bollywood Cinema History  
 5:30 Puzzles & Patsy Cline

9:30 Daily Chronicles **20**  
 9:35 On This Day in History  
 9:45 Sign Language 101  
 10:30 Weight Works Workout  
 11:00 Taco Cat Goat Cheese Pizza Word Game  
 1:00 **Adventure Club: Strike Squad: 300 Bowl!**  
 1:30 Coffee Club  
 2:30 Music W/ Pastor Trey  
 3:30 Men's Billiards Club

9:30 Daily Chronicles **21**  
 10:15 Laughter Yoga  
 10:30 Green Thumbs  
 1:30 Bristol Book Club  
 2:30 Yogalates  
 3:30 Let's Get Crafty!  
 5:30 India's Wild Leopards  
 6:00 Touring America's National Parks

9:30 Daily Chronicles **22**  
 10:00 Guided Grace: Devotional  
 10:30 Perks at the Park Trivia  
 10:45 Sit & Stretch Saturdays  
 11:00 Bird Finding  
 11:00 **Family Support Group**  
 1:00 Saturday Spintopia Challenge  
 2:00 Saturday Matinee  
 4:00 Folding & Sorting  
 5:30 Colorful Creations

9:30 Daily Chronicles **23**  
 10:00 Daily Devotional  
 10:15 Online Church Service  
 11:00 Tai Chi  
 11:15 Outdoor Walks & Bird Watching  
 3:00 Walking Club  
 3:30 Quizzicals  
 5:30 Folding & Sorting

9:00 Coffee Chat **24**  
 9:30 Daily Chronicles  
 10:30 Our Daily Bread Devotional  
 10:45 Moving and Grooving Fitness  
 1:15 Mid-day Men's Workshop  
 2:30 Monday Maracas Dance Party  
 3:00 Common Grounds Word Game  
 4:00 Sacred Heart Services  
 5:30 Meditation Monday

9:30 Daily Chronicles **25**  
 10:45 **Learn the Language: Spanish**  
 11:00 Sit and be Fit  
 11:30 Who Am I?  
 2:00 Ladies at the Park Tea Time  
 3:00 Tuesday's Tied Tongue Twisters  
 4:30 What's Cooking?

9:15 Perk up at the Park! **26**  
 9:30 Daily Chronicles  
 10:15 Daily Bread: Devotion  
 11:00 What's Cooking?  
 1:30 The Hygge Game  
 2:00 **Adventure Club: B.E. Winery**  
 2:45 Pom Pom Fitness!  
 3:30 Finish Lines

9:30 Daily Chronicles **27**  
 9:35 On This Day in History  
 9:45 Sign Language 101  
 10:30 Weight Works Workout  
 11:00 Taco Cat Goat Cheese Pizza Word Game  
 1:30 Coffee Club  
 2:30 Music W/ Pastor Trey  
 5:30 Brain Teasers

9:30 Daily Chronicles **28**  
 10:15 Laughter Yoga  
 10:30 Green Thumbs  
 1:30 Bristol Book Club  
 2:30 Yogalates  
 3:30 **Let's Get Crafty: Clay Cactus Ring Holders**  
 5:30 Puzzles & Board Games  
 6:00 Touring America's National Parks

9:30 Daily Chronicles **29**  
 10:00 Sunrise Serenity: Devotional  
 10:30 Perks at the Park Trivia  
 10:45 Outdoor Yoga (OP)  
 11:00 Bird Finding  
 1:00 Saturday Spintopia Challenge  
 2:00 Saturday Matinee  
 3:00 Cornhole Competition  
 5:30 Scattered Activities

9:30 Daily Chronicles **30**  
 10:15 Online Church Service  
 11:00 Tai Chi  
 2:00 Popcorn & Brain games  
 3:00 Walking Club  
 3:30 Quizzicals  
 3:45 Folding & Sorting

9:00 Coffee Chat **31**  
 9:30 Daily Chronicles  
 10:00 Rise & Reflect: Devotional  
 1:15 Mid-day Men's Workshop  
 2:30 Monday Maracas Dance Party  
 3:00 Common Grounds Word Game  
 4:00 Sacred Heart Services  
 5:30 Classic TV & Relaxing



**KEY**

Main Street.....	MS
Dining Room.....	DR
Outside Patio.....	OP
Coffee Shop.....	CS
Theatre Room.....	TR
Potting Shed.....	GR
Rivershire.....	RS
Lonestar.....	LS



## Take a Look at Some of our Favorite Memories from Last Month!



**“Soup”-ER Bowl Party!**  
Our Executive Director Julie won the prize for Best Soup!



**Adventure Club**  
Back in Time Popcorn!



### Resident Birthdays

- Rosemary V ..... 3/4
- Sylvia B ..... 3/10
- Mary N ..... 3/22
- Bonnie G ..... 3/27

### Associate Birthdays

- Julie S ..... 3/1
- Maria M ..... 3/6
- Jaron P ..... 3/11

## Valentine's Day Celebration!



**Adventure Club**  
Lunch at Crust Pizza!

## Palette of Possibilities

Throughout the month of March, we find ourselves in a space of renewal, no matter the country of residence. New life is springing forth all around and ceremonies, traditions and rituals abound as we welcome the new spring season. There's an emerging brightness to life. Countries like Mexico and India embrace the concept of renewal and the “palette of possibilities” that accompany such with art, creativity and color, and more specifically, through India's Holi celebration and Mexico's muralism.

Holi, the Festival of Colours, Love and Spring is celebrated in Nepal, India and other southern Asian countries beginning March 14 this year. This ancient Hindu festival centers around explosions of color, love and life as the negativity of one's life becomes cleansed. Rebirth and renewal become new possibilities as people clothed in all white douse themselves and others with colorful powders in the streets. This part of the culture and tradition breathes new life into the air. The blank canvas of white becomes a place

of vibrant color. It's a beautiful and integral part of sharing life and experiencing truly joyful moments.

Mexican muralism also begins with a blank canvas, but the ancient art focuses a little more on art's accessibility. Creativity and color bring forth new life, and Mexican muralism allows this to happen more fully. Personal expression and authenticity flow from this artistic movement, lending itself to new life and renewal. Murals have historically told stories on walls and buildings through a language that continues to speak from generation to generation. They promote a stronger sense of self and culture as expressed through art. Again, this movement is an integral part of sharing life together.

Color, art and creativity are sources of hope, love and renewal, no matter where they're found.







# MARCH TRIVIA



1. Which Roman God is the month of March named after? 1. \_\_\_\_\_
2. Where was the first U.S. celebration of Mardi Gras? 2. \_\_\_\_\_
3. What does the Jewish holiday Passover celebrate? 3. \_\_\_\_\_
4. The White House Easter Egg Roll started in March of what year? 4. \_\_\_\_\_
5. Japan is famous for which tree that blossoms beautifully in the spring? 5. \_\_\_\_\_
6. What is the most common weather event in spring? 6. \_\_\_\_\_
7. What color is chlorophyll? 7. \_\_\_\_\_
8. Where was the first St. Patrick's Day parade held? 8. \_\_\_\_\_
9. When was Coca-Cola invented? 9. \_\_\_\_\_
10. What are the Ides of March? 10. \_\_\_\_\_
11. What months end on the same day of the week? 11. \_\_\_\_\_
12. What madness is in March? 12. \_\_\_\_\_

*1. Mars, the Roman God of War 2. Mobile, Alabama 3. How the Jews were freed from enslavement in ancient Egypt 4. 1878  
 5. Cherry Blossoms 6. Tornadoes 7. Green 8. United States 9. March 1886 10. The Roman celebra-  
 tion of the new year 11. March and June 12. NCAA March Madness Basketball Tournament*

## Spring Celebrations

- RAINBOW
- CLOVER
- SHAMROCK
- LEPRECHAUN
- FIELDS
- CELEBRATION
- GOLD
- FROLIC
- DANCE
- GREEN
- FRIENDS
- FLOWERS
- LOVE
- HAPPINESS

A	F	L	O	W	E	R	S	D	L	E	I	F	N	N
C	N	H	A	P	P	I	N	E	S	S	O	E	U	B
I	W	N	O	I	T	A	R	B	E	L	E	C	P	K
L	O	R	C	A	S	T	E	T	G	R	E	A	N	O
O	B	R	O	V	O	L	C	F	G	D	L	O	G	R
R	N	N	U	A	H	C	E	R	P	E	L	C	O	S
F	I	C	L	O	E	C	A	S	T	L	E	I	N	P
R	A	D	K	C	O	R	M	A	H	S	L	L	E	S
I	R	L	N	N	S	D	N	E	I	R	F	A	V	C
E	V	A	L	E	L	A	C	L	O	V	E	R	O	N
R	D	G	S	D	E	S	L	E	I	I	L	F	L	S