TIMELESS

AN EDITORIAL BY BUFFALO CREEK

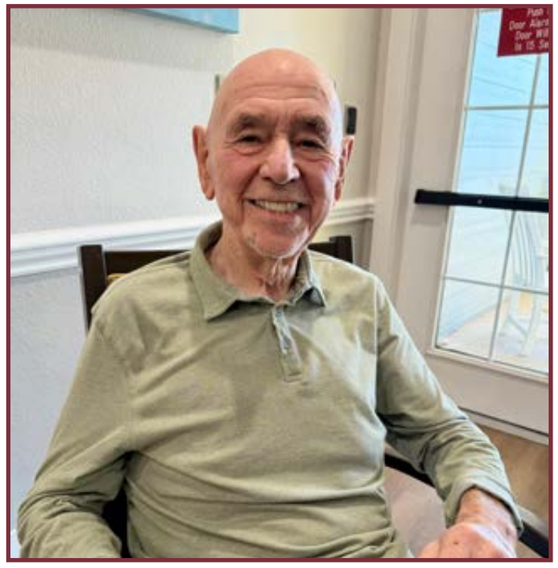
NOVEMBER 2026



Standing Ovation

Applaud the everyday stars around you and honor their contributions.

You're in the Spotlight!



Resident Spotlight

Welcome, Lyn, to Buffalo Creek! He is a part of our Memory Care Community, and we are so happy to have him. He and his wife Carol were born and raised in Wales, UK. They have three children together and have been married since 1964.

Lyn loves sweet treats, going for walks, and really enjoys listening to music. He started working at the age of 15 and spent his career in the steel industry. His work brought him and his family from Wales to Canada and then to Red Oak, where he worked at a steel mill in Midlothian.

He is a proud Welshman, and we are looking forward to hearing more stories of his life. Thank you, Lyn, for choosing us as your new home!



Employee Spotlight

Welcome, Briattany, to our team here at Buffalo Creek. You have a beautiful smile and are so great with all our residents.

She has been working in Health Care for over 10 years, and it really shows. She is excellent at what she does! Briattany has a 4-year old daughter, Avonni.

When she is not at work, they love running errands, shopping, cooking, and baking together. We thank you so much for all your hard work, and please keep it going!



Letter from Amanda

As Veterans Day approaches, I would like to personally thank each and every one of our Veterans here at Buffalo Creek.

Thank you for your service to our country! Your courage and dedication mean the world to us.

- James B.
- Don M.
- David L.
- Dale V.
- Norman O.
- Larry F.
- Weldon B.
- Don G.
- Clyde P.
- Charles A.
- Randall O.
- Frank R.
- Jesus G.





Upcoming Events

Thanksgiving Family Feast!!

Please RSVP no later than Monday, November 9th.

Limit: four guests per resident/couple.
$20 per guest for a dinner plate.

Our family night will be on
Thursday, November 19th.
Event starts at 5:00 p.m.

November 2026

Executive Team

Amanda Mata
Executive Director

Niki Pate
Health Services Director

Angelique "Angel" Harris
Sales & Marketing Director

Jordan Coppedge
Business Office Manager

Jefferey Stone
Culinary Director

Dale Fudge
Environmental Services Director

Erika Vera
Lifestyle Director

BUFFALO CREEK™
ASSISTED LIVING & MEMORY CARE

1329 Brown St
Waxahachie, TX 75165
(972) 937-5999

November 2026
Assisted Living Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Daylight Saving Time Ends!** **Happy Birthday Briattany M...!!!** 8:00 Breakfast [DR] 9:00 Morning Walk in Building [IB] 12:00 Lunch [DR] 1:00 Card Games/Table Games [IB] 2:00 Pick a Movie Sunday! [MR] 5:00 Dinner [DR]	**2** 8:00 Breakfast [DR] 10:00 Singing w/Bobby & Nick [LR] 10:30 Bat the Balloon [LR] 12:00 Lunch [DR] 2:00 Bingo [DR] 3:00 November Painting [B] 5:00 Dinner [DR]	**3** **Election Day!** **Happy Birthday Amanda M...!!!** **Happy Birthday Julia S...!!!** 8:00 Breakfast [DR] 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 12:00 Lunch [DR] 1:00 Guess the Count [B] 2:30 "We Go Together Like Wine & Cheese" [B] 5:00 Dinner [DR]	**4** 8:00 Breakfast [DR] 10:00 Bible Study w/James [LR] 10:30 Bat the Balloon [LR] 12:00 Lunch [DR] 2:00 Bingo w/Linzi (ClearSky Rehab) [DR] 3:00 Frank the Entertainer 5:00 Dinner [DR]	**5** **Happy Birthday Anne B...!!!** 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 12:00 Lunch [DR] 1:00 Card Games/Table Games [B] 1:30 Piano Rick 2:30 Baking Club (Brownies & Vanilla Ice Cream) [AR] 5:00 Dinner [DR]	**6** 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 12:00 Lunch [DR] 2:00 Bingo [DR] 3:00 Bingo Store [B] 5:00 Dinner [DR]	**7** 8:00 Breakfast [DR] 10:00 Morning Stretches w/ Donna [LR] 11:00 Puzzle Time [IB] 12:00 Lunch [DR] 1:00 Color Sheets [B] 2:00 Word Search & Picture Find [B] 5:00 Dinner [DR]
8 8:00 Breakfast [DR] 9:00 Morning Walk in Building [IB] 10:00 Morning Service w/Pastor Perkins & Lisa (Corner Stone Unity Church) 10:45 Sit & Groove w/Jennifer 12:00 Lunch [DR] 1:00 Card Games/Table Games [IB] 2:00 Pick a Movie Sunday! [MR] 5:00 Dinner [DR]	**9** 8:00 Breakfast [DR] 10:00 Singing w/Bobby & Nick [LR] 10:30 Bat the Balloon [LR] 12:00 Lunch [DR] 2:00 Bingo [DR] 3:00 Thankful Tree [B] 5:00 Dinner [DR]	**10** 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 12:00 Lunch [DR] 1:00 Guess the Count [B] 2:00 Veteran Pinning Event [B] 5:00 Dinner [DR]	**11** **Veterans Day...!!!** 8:00 Breakfast [DR] 10:00 Bible Study w/James [LR] 10:30 Bat the Balloon [LR] 12:00 Lunch [DR] 2:00 Bingo [DR] 3:00 Veterans' Day Social [B] 5:00 Dinner [DR]	**12** 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 10:45 Healthy Living Talk (Select Rehab) 12:00 Lunch [DR] 1:00 Card Games/Table Games [B] 2:30 Baking Club (Sugar Cookie Decorating) [AR] 5:00 Dinner [DR]	**13** 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 12:00 Lunch [DR] 2:00 Bingo [DR] 3:30 Happy Hour w/Niki [B] 5:00 Dinner [DR]	**14** 8:00 Breakfast [DR] 10:00 Morning Stretches w/ Donna [LR] 11:00 Puzzle Time [IB] 12:00 Lunch [DR] 1:00 Color Sheets [B] 2:00 Word Search & Picture Find [B] 5:00 Dinner [DR]
15 8:00 Breakfast [DR] 9:00 Morning Walk in Building [IB] 12:00 Lunch [DR] 1:00 Card Games/Table Games [IB] 2:00 Pick a Movie Sunday! [MR] 5:00 Dinner [DR]	**16** 8:00 Breakfast [DR] 10:00 Singing w/Bobby & Nick [LR] 10:30 Bat the Balloon [LR] 12:00 Lunch [DR] 2:00 Bingo w/Stephanie [DR] 3:00 November Word Search [B] 5:00 Dinner [DR]	**17** 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 12:00 Lunch [DR] 1:00 Guess the Count [B] 2:00 Movie & Popcorn [B] 5:00 Dinner [DR]	**18** 8:00 Breakfast [DR] 10:00 Bible Study w/James [LR] 10:30 Bat the Balloon [LR] 12:00 Lunch [DR] 2:00 Bingo [DR] 3:00 Midweek Mingle/Dale [B] 5:00 Dinner [DR]	**19** 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 12:00 Lunch [DR] 1:00 Card Games/Table Games [B] 2:30 Table Decorating for Event [IB] 5:00 Thanksgiving Family Feast!!! [DR]	**20** 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 12:00 Lunch [DR] 2:00 Bingo [DR] 3:00 Nail Painting w/Jordan & Angel [B] 5:00 Dinner [DR]	**21** 8:00 Breakfast [DR] 10:00 Morning Stretches w/ Donna [LR] 11:00 Puzzle Time [IB] 12:00 Lunch [DR] 1:00 Color Sheets [B] 2:00 Word Search & Picture Find [B] 5:00 Dinner [DR]
22 8:00 Breakfast [DR] 9:00 Morning Walk in Building [IB] 12:00 Lunch [DR] 1:00 Card Games/Table Games [IB] 2:00 Pick a Movie Sunday! [MR] 5:00 Dinner [DR]	**23** 8:00 Breakfast [DR] 10:00 Singing w/Bobby & Nick [LR] 10:30 Bat the Balloon [LR] 12:00 Lunch [DR] 2:00 Bingo [DR] 3:00 Coffee & Cookies 5:00 Dinner [DR]	**24** 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 12:00 Lunch [DR] 1:00 Guess the Count [B] 2:30 Hot Cocoa Bar!!! [B] 5:00 Dinner [DR]	**25** 8:00 Breakfast [DR] 10:00 Bible Study w/James [LR] 10:30 Bat the Balloon [LR] 12:00 Lunch [DR] 2:00 Bingo [DR] 3:00 Resident Town Hall Meeting [MR] 5:00 Dinner [DR]	**26** **Happy Thanksgiving...!!!** 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 12:00 Lunch [DR] 1:00 Card Games/Table Games [B] 3:00 Thanksgiving Word Search [B] 5:00 Dinner [DR]	**27** 8:00 Breakfast [DR] 10:30 Morning Stretches & Bat the Balloon w/Stephanie (Select Rehab) 12:00 Lunch [DR] 2:00 Bingo [DR] 3:00 Tom Knox Entertainer 5:00 Dinner [DR]	**28** 8:00 Breakfast [DR] 10:00 Morning Stretches w/ Donna [LR] 11:00 Puzzle Time [IB] 12:00 Lunch [DR] 1:00 Color Sheets [B] 2:00 Word Search & Picture Find [B] 5:00 Dinner [DR]
29 8:00 Breakfast [DR] 9:00 Morning Walk in Building [IB] 12:00 Lunch [DR] 1:00 Card Games/Table Games [IB] 2:00 Pick a Movie Sunday! [MR] 5:00 Dinner [DR]	**30** **Happy Birthday Krystal T...!!!** 8:00 Breakfast [DR] 10:00 Singing w/Bobby & Nick [LR] 10:30 Bat the Balloon [LR] 12:00 Lunch [DR] 2:00 Bingo [DR] 3:00 End of the Month Birthday Party! [B] 5:00 Dinner [DR]					

BUFFALO CREEK™
ASSISTED LIVING & MEMORY CARE

- Creative
- Intellectual
- Physical
- Social
- Spiritual

Location Keys

Activity Room	AR
Bistro	B
Dining Room	DR
In Building	IB
Living Room	LR
Media Room	MR

Just a gentle reminder, ALL activities are subject to change.
If & when an activity is canceled or rescheduled, there will be a daily sheet posted on the big calendar near dining room.



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Standing Ovation

What does gratitude mean to you? Is there someone who embodies it for you? Are we born with grateful hearts, or is gratitude something we can practice and learn over time? These are worth pondering this November, as Thanksgiving approaches and we look for ways to notice and thank the people who quietly make our lives better.

There are myriad ways to show gratitude toward our neighbors, family, and friends, but it's easy to let them slip by unnoticed. Think of the friend who shows up with comfort when a beloved pet of 15 years passes. The neighbor whose crockpot meal arrives right when you need it most. The stranger who offers you their umbrella in the rain. The grandchild who lights up when you show up for their school play. These moments are easy to take for granted, and easy to miss.

Research shows that practicing gratitude regularly benefits both mind and body. It brings a greater sense of peace, builds empathy, and supports overall well-being. No matter what kind of day you're having, there's almost always something, or someone, worth appreciating. This month, take a moment to notice the people who've shown up for you. Consider how best you can celebrate them this month. Give them the thanks – and the standing ovation – that they deserve.

Turkey Traditions: The Presidential Pardon



President George H. W. Bush at the 3rd annual pardoning of the Thanksgiving turkey, 1991.

Turkeys have become a traditional part of the Thanksgiving Day feast since the early 1800s, once it became clear that one of these birds could feed an entire family. Access was readily available, so it basically just made sense, especially in New England. By the 1870s, turkeys were such a common Thanksgiving delight that some decided they were a worthy White House gift for the president.

The first turkey on the books to be given to a president was done so by a Rhode Island farmer named Horace Vose. He openly described turkey as the "most patriotic bird" and gave turkeys to 11 presidents, the first of which was Ulysses S. Grant in 1873. The hearty birds were generally slaughtered and eaten during the Thanksgiving feast over the years. However, in 1989, President George H.W. Bush offered up the poultry pardon instead of indulging in the offering. The turkey presented to the president wasn't eaten, but rather sent to a children's farm to live. This was the first ceremonial instance of record that pertained to a turkey's presidential pardon. Other presidents who have officially pardoned turkeys include Bill Clinton, George W. Bush, Barack Obama, among others. Those who have unofficially pardoned poultry include Abraham Lincoln and John F. Kennedy.

These days, the National Turkey Federation gives at least one turkey to the president around Thanksgiving. The ceremonies are typically held in the White House Rose Garden. As the ceremony progresses, the president offers a ceremonial pardon to the gifted poultry, ensuring it will most certainly not be eaten at a Thanksgiving dinner table. After the ceremony, the birds go on to live out their time on earth at various parks, farms, and universities that provide a loving home and care, as well as specialized programs, for the turkeys.

Making Memories

In memory of Dolly Parton, we celebrated her life together.



Sue was very happy to dress up.

Elizabeth sang "I Will Always Love You" to her husband, Dale.



Happy Birthday!

Residents

Julia S 11/3
Anne Beckner..... 11/5

Employees

Briattany M..... 11/1
Amanda M..... 11/3
Krystal T..... 11/30





Mrs. Vicary sang her heart out!

EASY

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	2				8	7		
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Sharing Gratitude

F R I E N D S F F A M I L C G F A M I L Y
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A P P R E C I A T I O N I I I D U S S T R
H E R V E S T A O E B S S T N T T A E I E
I A B U N D A N C E O S A E I H A B I T S
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ABUNDANCE
APPRECIATION
BLESSINGS
CELEBRATE
FAMILY
FRIENDSHIP
GENEROSITY
GIVING
GRATITUDE
HARVEST
JOY
KINDNESS
THANKFUL
TOGETHER