

TIMELESS

AN EDITORIAL BY ELISON LAKE WELLINGTON

MAY 2024

Don't
bark
about it!

Let's embrace the
Dog Days
of May
with a puppy party!

Celebrate the Dog Days of May with a Puppy Party!

Comedian Elayne Boosler once said, “My fashion philosophy is, if you’re not covered in dog hair, your life is empty.” Dog lovers likely agree that’s a pretty solid belief. Furry companions help make us whole. They love us more than we can possibly conceive, more than we love ourselves. They’re part of the family, sometimes even the most trusted and reliable relative. No amount of shedding will ever change that.

The month of May is a great time to remind our pets (and ourselves) how much we care about them and how important they are to us. What better way to display unwavering doggy devotion than to throw a puppy party! Get out those lint rollers because it’s time to don a little dog hair.

Just like any party, proper planning is essential. Consider what type of paw party might work best in your facility. Is the party indoors or outdoors? When is it? Once you’ve determined the time, date and place, think about the guest list. Dogs similar in size and pups who are playmates mingle well at parties. Toys, games, goodie bags and tasty treats are necessary. Everyone likes a party favor, even pooches! Remember, safety is key. Dogs should be supervised at all times. If there’s tension, separate the animals. Let your

vet know about the party and don’t forget to bring a first aid kit. Now it’s time to throw your doggy a party they’ll never forget!



Happy Birthday!

Residents

Herb Erhart	5-9
Alice Mason.....	5-9
Tom Rice.....	5-6
Keren Lee.....	5-14
Velma Reser.....	5-18
Betty Cline.....	5-21
Eldon Proctor.....	5-28

Team Members

Randy Gann	5-7
Rhonda Fore	5-29



Welcome!

Wanda Mitchell

Let’s give her a warm welcome to our community.

Team Member of the Month Oliva Montellano

Oliva has been with us for 1 year. She goes above and beyond helping where she is needed as well as willing to learn new things. Residents know when they need anything, she is there to help. She enjoys spending time with her family.

We would like to thank you for being part of our team.

MAY

*Sunshine and Blue Skies
Springtime Bouquets,
Light Hearts and Laughter and
bright, Happy Days Dogwood are.
Blooming Young Hatchlings Appear
May is Such a Lovely Time of the Year.*



The Merry Month of May

It seems fitting that spring is coming very slowly, but surely. We are seeing signs of opening up and feeling the first warm rays of sun. We have had to be patient with the pace of things and grateful for the mounting improvements. Little by little life is reemerging both literally and figuratively. Elison of Lake Wellington has been buzzing with the activity of long-awaited visits and outings.

The robins are feathering their nests in our eaves and the bulbs planted last year are blooming. There are exciting plans being made for a brand-new garden space which will delight all of the senses. We collaborated all last month to bring to life a vision of springtime and vitality and color in our diorama. The results are a joyful expression and a reward for the patience it took to get us here. Looking back, last May had quite a different tone to it. We are so happy for the warming landscape of this ever-changing situation!
- Corey Sikes LVN/ED



Mother’s Day

Happy Mother’s Day to all of the mothers and grandmothers in our community!

We hope you enjoy your special day.

May 2024

Staff Directory

Lynett Duwe

Lifestyles Director

Randy Gann

Maintenance Director

Richie Shannon

Resident Service Director

Corey Sikes

Executive Director

Kristin Rose

Sales & Marketing Director

Catrina Key

Business Director



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Elison Assisted Living of Lake Wellington



May 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h3>Dog Days of May</h3>			7:00 H - Walk the Halls 1 10:30 L - Strength Training Class 1:00 O - Walmart Shopping 2:00 AR - Rummikub Domino Game 3:00 AR - Yarn Gnome Craft 6:00 L - Sudoku Puzzle	7:00 H - Walk the Halls 2 10:30 L - Chair Yoga 1:00 AR - Corn Hole Competiton 2:00 L - 1970-1989 Trivia 3:00 AR - Canine Cooking with Friends 5:00 O - Art Walk Downtown	7:00 H - Walk the Halls 3 10:30 L - Strength Training Class 11:30 L - Flower Choir Performance 12:00 DR - Cinco De Mayo Luncheon with Family 2:00 AR - Blood Pressure Check with Angels Care 3:00 OS - Future is Bright Social Hour 6:00 OS - Evening Stroll Around the Community	7:00 H - Walk the Halls 4 1:00 L - Cinco De Mayo Crossword Puzzle 2:00 L - Pumpa TX Travelodge and Popcorn by the Fireplace 3:00 L - Dominos with Friends 5:30 L - Ladder Golf
7:00 H - Walk the Halls 5 10:30 L - News and Coffee at the Fireplace 1:00 AR - Word within a Word 2:00 AR - Church with Frank 3:00 L - Skip - Bo Card Game 5:30 AR - A Million Miles Away Movie and Popcorn by the Fireplace	Nurse's Day 6 Dress Like a Nurse Day 7:00 H - Walk the Halls 10:30 L - Strength Training Class 1:00 AR - Chain of Thought TV Game 2:00 AR - Nerf Gun Target Practice 3:00 AR - Lifestyles Planning Meeting 6:00 L - Gospel Music with Wendell	7:00 H - Walk the Halls 7 10:30 L - Chair Yoga 1:00 L - Bluegrass Music with Joshua Lightfoot 2:00 AR - Hydration Station W/ Hospice of Wichita Falls 2:00 L - Brain Game 3:00 L - Nurse's Award Ceremony 6:00 AR - Bible Study Rom 4	7:00 H - Walk the Halls 8 10:30 L - Strength Training Class 11:15 O - Taco Darling Restaurant 1:00 AR - Rummikub Domino Game 2:00 AR - Safety First Ice Cream with Maintenance 3:00 AR - Yarn Gnome Craft 6:00 L - Wordle Game	Wear a Nurse Shirt 9 7:00 H - Walk the Halls 10:30 L - Chair Yoga 1:00 L - What Happened in 1950 - 1969 2:00 AR - Corn Hole Toss Game 3:00 AR - Skip - Bo Card Game 6:00 L - Mini Golf	Mother's Day High Tea 10 7:00 H - Walk the Halls 10:30 L - Strength Training Class 1:00 AR - Dementia Support Group Class 2:00 AR - Chicken Foot Domino Game 2:00 L - Mother's Day High Tea 6:00 OS - Evening Stroll Around the Community	7:00 H - Walk the Halls 11 10:30 L - News and Coffee at the Fireplace 1:00 L - Mother's Day Word Search 2:00 L - Everest Peak to Maldives Travelodge and Popcorn by the Fireplace 3:00 AR - Dominoes with Friends 5:30 L - Ladder Golf
Happy Mother's Day 12 7:00 H - Walk the Halls 10:30 L - News and Coffee at the Fireplace 11:45 DR - Mother's Day Luncheon with Family 1:00 AR - Word within a Word 2:00 AR - Church with Frank 3:00 L - Uno Card Game 5:30 L - American Underdog Movie and Popcorn by the Fireplace	7:00 H - Walk the Halls 13 10:30 L - Strength Training Class 1:00 L - Chain of Thought TV Game 2:00 DR - Culinary Chat with Chef 3:00 AR - Nerf Gun Target Practice 6:00 L - Dominoes with Friends	7:00 H - Walk the Halls 14 10:30 L - Chair Yoga 1:00 AR - How to use your Phone Class 2:00 LB - Book Club is Love Overflows 3:00 AR - Baking Homemade Cookies 6:00 AR - Bible Study Rom 5	7:00 H - Walk the Halls 15 10:30 L - Strength Training Class 1:00 O - Walmart Shopping 2:00 AR - Bingo with Angels Care 3:00 AR - Doggie Art Class 6:00 L - Sudoku Puzzle	7:00 H - Walk the Halls 16 10:30 L - Chair Yoga 11:30 DR - Birthday Luncheon 1:00 AR - Corn Hole Competiton 2:00 AR - Can you Remember the 80's? 3:00 AR - Bingo with Simple Senior Benefits 6:00 O - Singing Men of North Texas at First Baptist Church	7:00 H - Walk the Halls 17 10:30 L - Strength Training Class 1:00 OS - Dog Shelter to Hand out Treats 2:00 AR - Chicken Foot Domino Game 3:00 AR - Manicures with Jena 6:00 OS - Evening Stroll Around the Community	7:00 H - Walk the Halls 18 10:30 L - News and Coffee at the Fireplace 1:00 L - Nursing Crossword Search 2:00 L - Keystone SD/ Mount Rushmore National Memorial and Popcorn by the Fireplace 3:00 AR - Dominoes with Friends 5:30 L - Ladder Golf
7:00 H - Walk the Halls 19 10:30 L - News and Coffee at the Fireplace 1:00 AR - Word within a Word 2:00 AR - Church with Frank 3:00 L - Skip - Bo Game 5:30 L - Where the Red Fern Grows Movie and Popcorn by the Fireplace	7:00 H - Walk the Halls 20 10:30 L - Strength Training Class 1:00 L - Chain of Thought TV game 2:00 AR - Resident Council Meeting 3:00 L - Gospel music with Billy Moore 6:00 AR - Dominoes with Friends	7:00 H - Walk the Halls 21 10:30 L - Chair Yoga 1:00 AR - How to use your Tablet Class 2:00 OS - Bird Watching and Drinks in the Gazebo 2:00 H - Hydration Station W/ Hospice of Wichita Falls 6:00 AR - Bible Study Rom 6	7:00 H - Walk the Halls 22 10:30 L - Strength Training Class 1:00 O - Dollar Tree and Family Dollar Shopping 2:00 AR - Rummikub Domino Game 3:00 AR - Yarn Gnome Craft 6:00 L - Wordle Game	7:00 H - Walk the Halls 23 10:30 L - Chair Yoga 1:00 AR - Corn Hole Toss Game 2:00 AR - Canine Trivia 3:00 AR - Skip - Bo Card Game 6:00 L - Rusty Nail Band	7:00 H - Walk the Halls 24 10:30 L - Strength Training Class 1:00 L - Set up for the Hamburger for Hero's 2:00 L - Hamburger for Hero's 3:00 AR - Uno Card Game 6:00 OS - Evening Stroll Around the Community	7:00 H - Walk the Halls 25 10:30 L - News and Coffee at the Fireplace 1:00 L - Memorial Day Word Search 2:00 L - Athens, Greece Travelodge and Popcorn by the Fireplace 3:00 L - Dominoes with Friends 5:30 L - Ladder Golf
7:00 H - Walk the Halls 26 10:30 L - News and Coffee at the Fireplace 1:00 AR - Word within a Word 2:00 AR - Church with Frank 3:00 L - Uno Card Game 5:30 L - News of the World Movie and Popcorn by the Fireplace	Memorial Day 27 7:00 H - Walk the Halls 10:30 L - Strength Training Class 11:45 DR - Memorial Day Luncheon with Family 1:00 L - Chain of Thought TV Game 2:00 AR - Resident Decorating Meeting 3:00 AR - Nerf Gun Target Practice 6:00 L - Gospel Music with Debbie	7:00 H - Walk the Halls 28 10:30 L - Chair Yoga 1:00 AR - How to use your Phone Class 2:00 LB - Book Club is Love Overflows 3:00 L - Town Hall Meeting 6:00 AR - Bible Study Rom 7	7:00 H - Walk the Halls 29 10:30 L - Strength Training Class 1:00 AR - Rummikub Domino Game 2:00 AR - Guess the Owner Game 3:00 AR - Flower Cone Craft 6:00 L - Sudoku Puzzle	7:00 H - Walk the Halls 30 10:30 L - Chair Yoga 1:00 AR - Can you Guess the Food Trivia 2:00 AR - Corn Hole Toss Game 3:00 AR - Skip - Bo Card Game 6:00 AR - Mini Golf	7:00 H - Walk the Halls 31 10:30 L - Strength Training Class 1:00 AR - Chicken Foot Domino Game 2:00 AR - Men's Group with Drinks and Guess the Pin up Models 3:00 AR - Social Hour is my Favorite Hour 6:00 OS - Evening Stroll Around the Community	<p>KEY</p> Activity Room.....AR Hallway.....H Lobby.....L Outing.....O Dining Room.....DR Outside.....OS Neighborhood.....N Library.....LB

Capturing Wonderful Memories



St. Patrick's Day Luncheon



Easter Gnome Craft



Casino Trip



Refreshments on the back patio



Solor Eclipse 2024



Solor Eclipse 2024



Easter Egg Hunt 2024



Nerf Gun Target Praticce



Western Day

Fire Drill Procedures - Tornado Drill Procedures - Work Orders



FIRE DRILL

If you live in "A" or "B" neighborhoods, please go to the "A" neighborhood.
If you live in "C" or "D" neighborhoods, please go to the "D" neighborhood.

DO NOT USE THE ELEVATOR!



TORNADO DRILL

Downstairs and upstairs "A" and "B" neighborhoods, please go to the downstairs "B" neighborhood.
Downstairs and upstairs "C" and "D" neighborhoods, please go to the downstairs "C" neighborhood.



WORK ORDERS

JUST A REMINDER:

If you need something fixed in your apartment, please come down to the concierge and they will fill out a work order for you.



Memorial Day Remembrance

On Memorial Day we honor the men and women who have sacrificed their lives for our country. We want to take this opportunity to recognize all our residents and their family members and friends who are serving or have served our country, both at home and abroad.

Happy Memorial Day!

Did You know?

Did you know this is part of Wichita Falls History?

Downtown Wichita Falls was the city's main shopping area for many years. Those shops lost ground to the creation of new shopping centers throughout the city beginning with Parker Square in 1953 and other similar developments during the 1960s and 1970s, culminating with the opening of Sikes Senter Mall in 1974. The city has been seeking funding to rebuild and restore the downtown area since 2010.

https://en.wikipedia.org/wiki/Wichita_Falls,_Texas#History

Dates to Remember

May 1st
Walmart Shopping

May 2nd
Outing to the Art Walk Downtown

May 3rd
Cinco de Mayo Luncheon with Family

May 6th
Dress Like a Nurse Day

May 8th
Taco Darling Restaurant

May 9th
Wear a Nurse Shirt Day

May 10th
Mother's Day High Tea

May 12th
Happy Mother's Day

May 15th
Walmart Shopping

May 16th
Singing Men of North Texas at First Baptist Church

May 22nd
Dollar Tree/Family Dollar Shopping

May 24th
Hamburgers for Heroes

May 27th
Memorial Day Luncheon

Don't forget to look at the Destination Book and sign up for the ones you would like to go on.



All Things MAY Word Scramble

1. CUTKKNYE ERDBY _____
(2 words)

2. MTSREHO ADY _____
(2 words)

3. AMLERED _____

4. MIALOEMR YAD _____
(2 words)

5. NCOCI DE YOMA _____
(3 words)

6. UTURSA _____

7. TEOEMR WRSEOH _____
(2 words)

8. YILL FO ETH ALVLYE _____
(4 words)

9. NITLC WDAOETOS _____
(2 words)

10. FRLEOW MNOO _____
(2 words)

11. MEREPI TTSEA IIDLNUGB _____
(3 words)

12. ELPAMYO _____

1. Kentucky Derby 2. Mother's Day 3. Emerald 4. Memorial Day 5. Cinco de Mayo 6. Taurus 7. Meteor Shower 8. Lily of the Valley
9. Clint Eastwood 10. Flower Moon 11. Empire State Building 12. Maypole

8	6			2	9		3	5
								8
	3		4				1	6
3	9	8				6	4	
2		5		4	6	1	8	3
4		6			7	5	9	
1	8			9		7	5	
		7	2	5	8			
6	5			7				

easy

Sudoku Fun!

	5	2		9			8	
		3					9	
						5		
4								
	7	5		3			4	8
			7		9			
				5			7	
		6			8			1
		9	3		1			2

difficult

