

TIMELESS

AN EDITORIAL BY ELISON PARK

MAY 2024

Don't
bark
about it!

Let's embrace the
Dog Days
of May
with a puppy party!

ELISON PARK INDEPENDENT LIVING



Residents had a blast visiting The Hobbit Café!

The Elison Park residents took a trip to The Hobbit Café. Home of great food, friends, wine, beer and good times! The residents really enjoyed the Tolkien's Shire experience.

The Hobbit Café is known to cater to some of the world's famous people. Some of their guests over the years have included Peter Max, Neil Young, Jack Nicholson and has celebrated a birthday with Woody Harrelson.



Always a great time for a refreshing sno-cone!



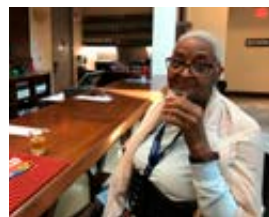
St. Patty's Party

Sayyyyy Green!!

A Day at the Livestock Show and Rodeo!

The biggest event to kick off the spring season! The Houston Livestock Show and Rodeo is not just for cowboys and cowgirls.... it's entertainment for all! Livestock exhibitions, carnival rides, even pig races, along with Texas-sized food and performers from all genres.

The Houston Livestock Show and Rodeo is an event that Houstonians have an opportunity to participate in on the "Go Texan Day" where everyone can dress in their western wear the day before the rodeo begins.



"Celebrations of the Heart"



Sunday, May 5th

Happy Cinco de Mayo!

May your Cinco de Mayo holiday be filled with music, fun and celebration.

Sunday, May 12th

Happy Mother's Day!



"May your heart be filled with the love and appreciation you so richly deserve on this special day."



Monday, May 27th

Memorial Day

On this day, we honor all current and former members of the armed services. Our country's greatness is built on the foundation of your courage and sacrifice. The Elison Park community appreciates and salutes you! Thank you!

Mobility Equipment DEMONSTRATION



832-639-6108
mobilitycity.com/htx

17687 Tomball Pkwy, Houston, TX 77064
MON-FRI: 9am-5pm | SAT: 10am-2pm | SUN: Closed



Executive Corner

Zade Watts

Greetings from the front office! I hope everyone is enjoying this terrific weather. That say "April showers bring May flowers." I have been on the road quite a bit with family and friends and toss in the annual TALA.org event that yours truly was honored to have been selected to be a speaker. I saw so many stunning stands of blue bonnets along my lanes to San Antonio and the Dallas area.

TALA is the Texas Assisted Living Association and is a non-profit NGO for those of us in the business of "seasoned citizens."

My topic was active shooter training, disaster psychology and hurricane preparedness. This was my second year in a row to have this honor. My mother asked me to get it filmed and well, I tried. Boy, I got a talking to from her! In all seriousness Team Elison Park takes crisis planning and response very much to heart. I am proud that I live only 6 minutes from Elison Park, and my family knows where I will be when pestilence shows.

All our directors are aware and plan to be on-site during any local hurricane. It has been 7 years since the greater Houston area was hit by Harvey and some say we are overdue. I take great comfort in knowing that we did not flood here during the Harvey event and word has it over 2 billion dollars have been spent on dredging and widening Cypress Creek. Many of you know that is a threat to the Northwest and Cypress. I worry not.

I am very proud to have a DHS/FEMA certification as a Community Emergency Response Team member. I take being at the ready very seriously. I hope everyone has a terrific May and Mother Nature yields a boring Hurricane Season that begins on 1 June 2024 and goes on until 30 November 2024.

My Best,
Zade West
Executive Director of Operations
Elison Park



May 2024

Leadership Team

Samantha Ortiz

Business Director

Dee Thomas

Lifestyles Director

Martha Flores

Housekeeping Supervisor

Zade Watts

Executive Director

Ashley Bowers

Sales Director

Samuel Wean

Maintenance Director

Lee White

Culinary Director





Ellie Kostova

Sales Director



7575 Willow Chase Blvd.
Houston, TX 77070
281-588-0800



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>Dog Days of May</div></div>			9:30 Tinker's Exercise - CR ¹ 10:15 Faithful Paws Pet Therapy 10:30 Word In A Word - PL 12:00 Nickles Game -GR 12:00 Music Aromatherapy-CR 1:00 Hand & Foot - GR 3:30 Wine Down Wednesday Rich Latimere 6:30 Movie: Secretariat- CR	9:30 Chair Tai Chi - CR ² 10:00 Communion Service -FL 10:30 Walmart Health Talk Presentation - TCH 1:30 Maintenance Chat - TCH 2:15 Popcorn & Snack Sales-CR 3:00 Bingo \$1/Card-CR 6:00 Men's Poker Night - GR	9:00 Morning Walk-CR ³ 9:30 Tinker Exercise -CR 10:30 Hymn Sing w/Felix -CR 1:00 Table Tennis-CR 2:00 Karaoke Hour - CR 3:00 Corn Hole/Happy Hour - CR 4:00 \$5 Paparazzi Jewelry - DR 6:30 Movie:Star Wars Ep. 4 New Hope - CR	9:00 Chair Volleyball -CR ⁴ 9:30 Tinker's Exercise - CR 10:30 Mind Aerobics - PL 1:00 Puzzler's Meditation - PL 3:00 Cinco De Mayo Party - Javier Gonzalez - CR 3:15 Nickels Game - GR 6:30 Res. Cocktail Hour -TCH
Happy Cinco De Mayo!  9:00 Morning Walk-CR 10:30 Chapel of Willowbrook-CR 12:30 Dip In The Pool 1:00 Nickles -GR 3:00 Pictionary - PL 4:00 Dominoes - GR 6:30 Movie: The Legend of Zorro - CR	9:30 Tinkers Exercise-CR ⁶ 10:30 Veteran's & Friends Pastry Social-TCH 11:30 Lunch & Learn Oak Street Health Services - CR 2:00 Nickels Game-GR 3:00 Karaoke/Sing Along-TCH 6:30 Open Player's Poker-GR	9:15 Chair Volleyball - CR ⁷ 9:30 Tinkers Exercise-CR 10:30 Bible Study w/Phillip Oak Steet Health - CR 10:30 Mobility Chair Demonstration-TCH 1:30 Unlock The Past Trivia-PL 3:00 Bingo \$1/card - CR 6:00 Men's Poker Night - GR	9:30 Tinker's Exercise - CR ⁸ 11:30 Mother's Day Shopping w/Mary Kay-DR 12:00 Nickles Game -GR 12:00 Music Aromatherapy-CR 1:00 Hand & Foot - GR 3:30 Wine Down Wednesday - Jim Connors -CR 6:30 Movie: Mrs. Doubtfire -CR	9:30 Chair Tai Chi - CR ⁹ 10:00 Communion Service -FL 10:00 Muffins with Moms Event - Oak Street Health -TCH 1:00 Wii Bowling - CR 2:00 Chef's Chat - TCR 2:15 Popcorn & Snack Sales-CR 3:00 Bingo \$1/Card-CR 6:00 Men's Poker Night - GR	9:00 Morning Walk-CR ¹⁰ 9:30 Tinker Exercise -CR 10:30 Fun Facts Fridays!- PL 1:00 Table Tennis-CR 2:00 Mother's Day Tribute w/Rick Estrada 3:30 Happy Hour - CR 5:30 Movie: Star Wars Ep.5 The Empire Strikes Back-CR	9:00 Chair Volleyball -CR ¹¹ 9:30 Tinker's Exercise - CR 10:30 Mind Aerobics - PL 12:30 Dip In The Pool 1:00 Puzzler's Meditation - PL 2:00 Mother's Day Project w/Jan- PL 3:15 Nickels Game - GR 6:30 Res. Cocktail Hour -TCH
9:00 Morning Walk-CR  10:30 Chapel of Willowbrook-CR 12:30 Dip In The Pool 1:00 Nickles -GR 3:00 Pictionary - PL 4:00 Dominoes - GR 6:30 Movie: Mother of the Bride-CR	9:30 Tinker's Exercise - CR ¹³ 10:30 Healthy Living Social - Oak Street Health - TCH 11:00 Chapel Brd Meeting-PDR 1:30 Dog Day's of May Painting- w/Connie-CR 2:00 Nickels Game-GR 3:00 Karaoke/Sing Along-TCH 6:30 Open Player's Poker-GR	9:15 Chair Volleyball - CR ¹⁴ 9:30 Tinkers Exercise-CR 10:30 Bible Study w/Phillip Oak Steet Health - CR 1:00 Ambassador Meet. - TCH 1:30 Unlock The Past Trivia-PL 2:15 Popcorn & Snack Sales-CR 3:00 Bingo \$1/card - CR 6:00 Men's Poker Night - GR	9:30 Tinker's Exercise - CR ¹⁵ 10:30 Word In A Word - PL 12:00 Nickles Game -GR 12:00 Music Aromatherapy-CR 1:00 Hand & Foot - GR 1:45 Res. Association Mtg - CR 3:00 Fun Wednesday Party w/Tom Hutcheson - CR 6:30 Movie: Must Love Dogs	9:30 Chair Tai Chi - CR ¹⁶ 10:00 Communion Service -FL 11:00 Dog Days of May - Pet Picture Day! - CR 12:30 Dip In The Pool 1:00 Wii Bowling - CR 2:15 Popcorn & Snack Sales-CR 3:00 Bingo \$1/Card-CR 6:00 Men's Poker Night - GR	9:30 Tinker Exercise -CR ¹⁷ 10:00 Kathy's Clothing - DR 10:30 Fun Facts Fridays!- PL 1:00 Table Tennis-CR 2:00 Karaoke Hour - CR 3:00 \$1 Frankfurters Friday! (Hot Dog Social Hour) 6:30 Movie: Star Wars Ep.6 Return of the Jedi-CR	9:00 Chair Volleyball -CR ¹⁸ 9:30 Tinker's Exercise - CR 10:30 Mind Aerobics - PL 12:30 Dip In The Pool 1:00 Puzzler's Meditation - PL 2:00 Bingo \$1/Card - CR 3:15 Nickels Game - GR 6:30 Res. Cocktail Hour -TCH
10:30 Chapel of Willowbrook-CR ¹⁹ 12:30 Dip In The Pool 1:00 Nickles -GR 3:00 Pictionary - PL 4:00 Dominoes - GR 6:30 Movie: The Miracle Club-CR	9:30 Tinkers Exercise-CR ²⁰ 10:30 Veteran's & Friends Pastry Social-TCH 12:00 Dip In The Pool 2:00 Nickels Game-GR 2:00 Memory Matters Health Talk - w/Jessica 3:00 Karaoke/Sing Along-TCH 6:30 Open Player's Poker-GR	9:15 Chair Volleyball - CR ²¹ 9:30 Tinkers Exercise-CR 10:30 Bible Study w/Phillip Oak Steet Health - CR 1:30 Hymn Sing w/Felix 1:30 Unlock The Past Trivia-PL 2:15 Popcorn & Snack Sales-CR 3:00 Bingo \$1/card - CR 6:00 Men's Poker Night - GR	9:30 Tinker's Exercise - CR ²² 10:00 Wheel of Fortune - CR 12:00 Nickles Game -GR 12:00 Music Aromatherapy-CR 1:00 Hand & Foot - GR 3:30 Wine Down Wednesday - Background Music- CR 6:30 Movie:The Beautiful Game-CR	Take Your Pet For a Walk Day! ²³ 9:30 Chair Tai Chi - CR 10:00 Communion Service -FL 10:30 Resident Book Club -CR 1:00 Wii Bowling - CR 2:15 Popcorn & Snack Sales-CR 3:00 Bingo \$1/Card-CR 6:00 Men's Poker Night - GR	9:30 Tinker Exercise -CR ²⁴ 10:30 Fun Facts Fridays!- PL 1:00 Table Tennis-CR 1:30 Games People Play Day - Oak Street Health - CR 2:30 Karaoke Hour - CR 3:30 Happy Hour CR 6:30 Movie: Star Wars Ep.1 The Phantom Menace-CR	Animal Bath House Visits! ²⁵ 12pm -GA 9:00 Chair Volleyball -CR 9:30 Tinker's Exercise - CR 10:30 Mind Aerobics - PL 12:00 Dip In The Pool 1:00 Puzzler's Meditation - PL 3:15 Nickels Game - GR 6:30 Res. Cocktail Hour -TCH
Dog Day's of May Movie ²⁶ Today @ 6:30pm 10:30 Chapel of Willowbrook-CR 1:00 Nickles -GR 3:00 Pictionary - PL 4:00 Dominoes - GR 6:30 Movie: Megan Leavy - CR	9:30 Tinkers Exercise-CR  10:30 Veteran's & Friends Pastry Social-TCH 11:30 Salute to Veteran's Rodney Rasberry Performs - DR 2:00 Nickels Game-GR 2:00 Movie: Mending The Line (Veteran Movie) -CR	9:15 Chair Volleyball - CR ²⁸ 9:30 Tinkers Exercise-CR 10:30 Bible Study w/Phillip Oak Steet Health - CR 1:30 Townhall Meeting -CR 1:30 Unlock The Past Trivia-PL 2:15 Popcorn & Snack Sales-CR 3:00 Bingo \$1/card - CR 6:00 Men's Poker Night - GR	9:30 Tinker's Exercise - CR ²⁹ 10:30 Word In A Word - PL 11:00 Wheel of Fortune-CR 12:00 Nickles Game -GR 12:00 Music Aromatherapy-CR 1:00 Hand & Foot - GR 3:30 Birthday Celebrations Blane Faul - CR 6:30 Movie: Shirley - CR	Bingo Night 5:30pm ³⁰ 9:30 Chair Tai Chi - CR 10:00 Communion Service -FL 11:00 Jogging Your Noggin Trivia-TCH 1:00 Wii Bowling - CR 2:15 Popcorn & Snack Sales-CR 3:00 Bingo \$1/Card-CR 6:00 Men's Poker Night - GR	9:30 Tinker Exercise -CR ³¹ 10:30 Fun Facts Fridays!- PL 1:00 Table Tennis-CR 1:30 New Res.Orientation -TCH 2:00 Karaoke Hour - CR 6:30 Movie: Star Wars Ep.2 Attack of the Clones - CR	KEY Community Room.....CR Program Lounge.....PL Game Room.....GR Putting Green.....PG The Chat House.....TCH Swimming Pool.....SP Tree Courtyard.....TC Outings.....O Garden Box Area.....GA



**Resident
Spotlight
Meet
Karen Norris**

Karen was born and raised here in Houston, Texas. She graduated from Jessie H. Jones High School in 1969. She attended the University of Houston where she studied accounting and finance and received her Bachelor's degree in 1978. In the year of 1980, she traveled overseas to work for Chase Bank located in Europe. After two years working in Europe, she returned to the states and continued to work for Chase Bank for an additional four years. In 1987 she returned to Houston and fell in love with stained and fused glass. Soon after she decided to open her own company called "Revelation Glass Studio." Revelation Glass Studio was located in Houston and was in business for six years.

Karen's accomplishment in life is her only child, Emma. Karen lights up just speaking about her daughter's set forth goals, the way she cares for others and her love for animals.

Karen has lived in the Elison Park community for three months and loves the community feeling she receives.

Karen looks forward to the socialization she has with her neighbors and friends.

Happy Birthday!

Carolyn M.....	May 1st
Susie H.	May 3rd
Maria O.	May 3rd
Lyn C.	May 7th
Charlotte C.....	May 8th
Linda S.....	May 8th
Ann W.....	May 10th
Karen G.....	May 11th
Lynda H.	May 11th
Myrtle S.....	May 15th
Lizette M.....	May 22nd
Petrea N.....	May 23rd
Cynthia C.....	May 26th
Arnold A.	May 27th
Tracy M.....	May 29th

**Elison's Park Highlighted
Community Events**

**Walmart Health
Presentation with
Gisela Perez**

Conchas Bread and Coffee served.
Date: Thursday, May 2nd
Time: 10:30 A.M.
Place: The Chat House

Lunch at Del Pueblo

Date: May 3rd
Time: 11:30 A.M.

**Cinco de Mayo
Celebration**

\$2 Fajita Taco Bar - Please invite family and friends. (sign-up is required)
Date: Saturday, May 4th
Time: 3:00 P.M.
Place: Community Room

**Mobility Equipment
Demonstration -
Alan James with
Mobility City**

Join us for Mobility Equipment Demonstration.
Date: Tuesday, May 7th
Time: 10:30 A.M.
Place: The Chat House

**Mother's Day
Shopping with Ann
Kroone of Mary Kay**

Shop 'Til You Drop Jewelry and Accessories!
Date: Wednesday, May 8th
Time: 11:30 A.M.
Place: Dining Room

**Muffins with Mom-
Oak Street Health**

All residents are welcome to enjoy breakfast pastries and fresh hot coffee in celebration of Mother's Day.
Date: Thursday, May 9th
Time: 10:00 A.M.
Place: The Chat House

**Mother's Day
Musical Tribute**

Rick Estrada performs songs of dedication to all the moms.
Date: Friday, May 10th
Time: 2:00 P.M.
Place: Community Room

Memorial Day Event

Patriotic Tunes by Rodney Rasberry.
Date: Monday, May 27th
Time: 2:00 P.M.
Place: The Community Room

Family Bingo Night

Residents enjoy an evening filled with food, fun and games! Bingo Cards are \$20 with up to 3 chances to win per card. Fees and sign-ups for this event are due no later than Thursday, May 23rd.
Date: Thursday, May 30th
Concessions start: 5:00 P.M.
Bingo begins: 5:30 P.M.

Capturing Wonderful Memories





Taco Tuesday!

Healthy lifestyle habits can help you maintain and improve your health. Join us for a healthy Taco Tuesday event with health tips on how eat and live well.

Event details

Elison Park Independent Living Tuesday, 5/28
7575 Willow Chase Blvd
Houston, TX 77070

2:00 PM - 3:00 PM

RSVP today by calling **(832) 478-4679**

*Where applicable, Oak Street Health limits one (1) prize per person with the value not exceeding \$15, while supplies last, one-time use only. Doctor's authorization may be required to participate in select events. We are not affiliated with and do not endorse other parties' services or products. Sales agents may be present with plan-specific information and enrollment options. Oak Street Health provides a community service to help seniors understand Medicare facts. Please note that we are not insurance agents or Medicare employees nor does Medicare in any manner endorse our educational assistance. The assistance is provided as a service to the community by Oak Street Health.

