

TIMELESS

AN EDITORIAL BY LANDON RIDGE KINGWOOD

APRIL 2025



Crafting a
Sustainable
Future

Animal Instinct

On April 11, we snuggle up with our carousing canines and other furry friends to celebrate National Pet Day. A holiday that first came about in 2006, this special day is known as one that highlights the animal kingdom's needs that run far and wide, like adoption, abuse prevention, and animal health awareness, among many, many others. It also gives a nod to the health benefits that accompany pet ownership for humans, including improved cardiovascular system health, lower blood pressure and cortisol levels, as well as reduced cholesterol levels. These are just a few of the ways the presence of pets can affect our bodies in some super positive ways.

Do you have a pet? Do you want one but have some reservations? Perhaps you live in a smaller residence. Or, you don't think you have enough grass or outdoor space for adequate pet exercise.



Or, you worry about animal noises, say ... from a bird ... affecting neighbors. The "what ifs" could easily lead to "no way". But, there are always options, and consideration of both traditional and nontraditional animals for pets might be the best way to go. Many folks opt for the soft and fuzzy: rabbits, ferrets, hamsters, guinea pigs and rodents like chinchillas or mice. Others opt for amphibians or reptiles, perhaps tortoises, tarantulas, snakes, or frogs, even.

Then there's the loner like the adorable and nocturnal hedgehog. Pets fall well outside the generic categories of cat, dog, bird, or fish. Just be sure you're up on local animal control codes and regulations, including those for "exotic" creatures. No matter the pet, a heart full of love is key. Every creature deserves an outpouring of affection!



Crafting a Sustainable Future

The generations that follow ours will have new victories and new challenges in a new life we can never understand. That's the way the world works. If history has taught us anything, we have learned our lives are intertwined and affect one another, regardless of how we feel about it. Our work in the world of today plays a role in shaping the opportunities available in the future for the planet and its inhabitants. Sustainable living is a key player in the game of life in the years ahead.

Many countries like Germany and Costa Rica have already taken significant steps to ensure there's a possibility for a better life. Germany has a National Sustainable Development Strategy that is implemented across the board in areas like agriculture, technology and natural resource conservation. They work diligently toward reducing greenhouse gas emissions and do so with high levels of accountability. Costa Rica works toward protecting biodiversity and makes it a priority to protect the land and natural resources, again something with a high level of accountability.

This may seem to prompt the thought: "I can't help in those areas, so what can I do?" Well, there's a lot we can do to help the movement toward more sustainable living. Little things that are part of life in the everyday can easily be changed. Use less plastic. Make less trash. Compost instead of tossing food waste in the garbage. Reuse and recycle what you can. Grow things like vegetables and herbs at home for consumption. Buy less meat. Beautiful parts of the earth are bought up specifically for homing animals raised to be killed and subsequently eaten. We're destroying forests and killing creatures, both of which don't need to happen.

We can have an impact, whether it's good or bad. And, we can inspire others along the way ... even down the road ... if we put just a little bit of effort into it. So why not work toward the greater good and move toward sustainability?

April 2025

Leadership Team

Graelyn Kelly
Executive Director

Kathy Hubert
Resident Services Director

Karen Sims
Sales & Marketing Director

Mark Friese
Maintenance Director

Keli Malone
Lifestyle Director

Jose Severino
Culinary Director

Sandra Bonner
Pathways Director



24025 Kingwood Place Dr.
Kingwood, TX 77339
888-693-1890



APRIL 2025 • WEEK ONE



“To plant a garden is to believe in tomorrow”




-Audrey Hepburn

<p>TUE, APR 01</p> 	<p>April Fool's Day 8:30 Coffee Chat 9:00 Daily News 9:30 Noodle Exercise-AA 10:00 Daily Easter Trivia-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR</p>	<p>12:30 ZEN Time 12:30 Kitchen Helpers-DR 1:00 Courtyard Social 2:00 Aromatherapy 2:30 Cornhold Toss-AA 3:00 Word In A Word 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>WED, APR 02</p>	<p>National Walking Day 8:30 Coffee Chat 9:00 Daily Devotions-AA 9:30 Walking Club 10:00 Worship Choir-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR</p>	<p>12:30 ZEN Time 12:30 Kitchen Helpers-DR 1:00 Courtyard Social 2:00 The ART of Painting-AA 3:00 Music Lady-DR 3:00 Bingo-AA 3:45 Gardening Club</p>	<p>4:10 Forks & Friends-DR 4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>THU, APR 03</p>	<p>8:30 Coffee Chat 9:00 Weights Workout-AA 10:00 Ball Toss-Outside 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time 12:30 Kitchen Helpers-DR</p>	<p>1:00 Bible Study w/Laura-L 2:30 Outing-Baking/Cooking Club-HEB 3:00 Jewelry Making-L 3:30 Reminiscing 4:10 Forks & Friends-DR 4:30 Dining w/Grace</p>	<p>5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>FRI, APR 04</p>	<p>8:30 Coffee Chat 9:00 Daily News-AA 9:30 Noodle Exercise-AA 10:00 Bird Watch 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Travel Around the World 2:00 Happy Hour w/ Rick-D 3:00 Family & Friends Easter BINGO-AA 4:10 Forks & Friends-DR 4:30 Dining w/Grace</p>	<p>5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>SAT, APR 05</p>	<p>8:30 Coffee Chat 9:00 Nature Walk 9:30 Noodle Exercise-AA 10:00 Spa Manicures 10:30 1st Saturday Church Service-L 11:00 What's Cooking?</p>	<p>11:00 Forks & Friends-DR 12:30 ZEN Time 12:30 Kitchen Helpers-DR 1:00 Movies w/Popcorn 2:00 Baking Club-AA 2:00 Bingo w/Chloe-D 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>

APRIL 2025 • WEEK TWO




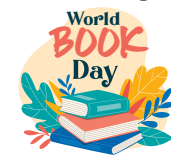

<p>SUN, APR 06</p>	<p>8:30 Coffee Chat 9:00 Nature Walk 9:30 Noodle Exercise-AA 10:00 Spa Manicures 10:00 Daily Easter Trivia-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR</p>	<p>12:30 ZEN Time 12:30 Kitchen Helpers-DR 1:00 Spiritual Trivia 2:30 Sunday Worship Services-L 3:15 Movie Matinee-AA 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>MON, APR 07</p>	<p>8:30 Coffee Chat 9:00 Monday Meditation 9:30 Noodle Exercise-AA 10:00 Book Club-L 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Kick Ball 1:40 Finish The Phrase 2:00 Aromatherapy 3:00 Jewelry Making-L 3:45 Gardening Club 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>TUE, APR 08</p>	<p>8:30 Coffee Chat 9:00 Daily News 9:30 Noodle Exercise-AA 10:00 Daily Easter Trivia-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Courtyard Social 2:00 Drum Circle w/Xavier-AA 2:00 Aromatherapy 2:30 Cornhold Toss-AA 3:00 Word In A Word 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>WED, APR 09</p>	<p>8:30 Coffee Chat 9:00 Daily Devotions-AA 9:30 Noodle Exercise-AA 10:00 Worship Choir-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Courtyard Social 2:00 The ART of Painting-AA 3:00 Bingo-AA 3:45 Gardening Club 4:10 Forks & Friends-DR 4:30 Dining w/Grace</p>	<p>5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>THU, APR 10</p>	<p>8:30 Coffee Chat 9:00 Weights Workout-AA 10:45 Outing-Lunch at the Park 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time 12:30 Kitchen Helpers-DR</p>	<p>1:00 Bible Study w/Laura-L 2:00 Lifelong Learning-Resurrection 3:00 Jewelry Making-L 3:30 Reminiscing 4:10 Forks & Friends-DR 4:30 Dining w/Grace</p>	<p>5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>FRI, APR 11</p> 	<p>8:30 Coffee Chat 9:00 Daily News-AA 9:30 Noodle Exercise-AA 10:00 Bird Watch 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Travel Around the World 2:00 Happy Hour w/Robert-D 3:00 Family & Friends Easter BINGO-AA 4:10 Forks & Friends-DR 4:30 Dining w/Grace</p>	<p>5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>SAT, APR 12</p> 	<p>8:30 Coffee Chat 9:00 Nature Walk 9:30 Noodle Exercise-AA 10:00 Spa Manicures 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Movies w/Popcorn 2:00 Baking Club-AA 2:00 Bingo w/Chloe-D 4:10 Forks & Friends-DR 4:30 Dining w/Grace 5:00 Kitchen Helpers-DR</p>	<p>5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>

APRIL 2025 • WEEK THREE

<p>SUN, APR 13</p> 	<p>8:30 Coffee Chat 9:00 Nature Walk 9:30 Noodle Exercise-AA 10:00 Spa Manicures 10:00 Daily Easter Trivia-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR</p>	<p>12:30 ZEN Time 12:30 Kitchen Helpers-DR 1:00 Spiritual Trivia 2:30 Sunday Worship Services-L 3:15 Movie Matinee-AA 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>MON, APR 14</p>	<p>National Gardening Day 8:30 Coffee Chat 9:00 Monday Meditation 9:30 Noodle Exercise-AA 10:00 Book Club-L 11:00 What's Cooking? 11:00 Forks & Friends-DR</p>	<p>12:30 ZEN Time 12:30 Kitchen Helpers-DR 1:00 Kick Ball 1:40 Finish The Phrase 2:00 Aromatherapy 3:00 Jewlery Making-L 3:45 Gardening Club</p>	<p>4:10 Forks & Friends-DR 4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>TUE, APR 15</p> <p><i>Income Tax Day</i></p> 	<p>8:30 Coffee Chat 9:00 Daily News 9:30 Noodle Exercise-AA 10:00 Daily Easter Trivia-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Courtyard Social 2:00 Aromatherapy 2:30 Cornhold Toss-AA 3:00 Word In A Word 4:10 Forks & Friends-DR 4:30 Dining w/Grace</p>	<p>5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>WED, APR 16</p>	<p>8:30 Coffee Chat 9:00 Daily Devotions-AA 9:30 Noodle Exercise-AA 10:00 Worship Choir-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Courtyard Social 2:00 Easter Craft w/Kim-AA 2:00 The ART of Painting-AA 3:00 Bingo-AA 3:45 Gardening Club 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>THU, APR 17</p>	<p>8:30 Coffee Chat 9:00 Weights Workout-AA 10:00 Ball Toss-Outside 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time 12:30 Kitchen Helpers-DR</p>	<p>1:00 Bible Study w/Laura-L 2:30 Outing-Nature Center 3:00 Jewlery Making-L 3:30 Reminiscing 4:10 Forks & Friends-DR 4:30 Dining w/Grace 5:00 Kitchen Helpers-DR</p>	<p>5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>FRI, APR 18</p>  <p>GOOD FRIDAY</p>	<p>Good Friday 8:30 Coffee Chat 9:00 Daily News-AA 9:30 Noodle Exercise-AA 10:00 Bird Watch 11:00 What's Cooking? 11:00 Forks & Friends-DR</p>	<p>12:30 ZEN Time 12:30 Kitchen Helpers-DR 1:00 Travel Around the World 2:00 Birthday Celebration w/Blane-D 3:00 Easter BINGO 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>SAT, APR 19</p>	<p>8:30 Coffee Chat 9:00 Nature Walk 9:30 Noodle Exercise-AA 10:00 Spa Manicures 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Easter Scavenger Hunt 2:00 Bingo w/Chloe-D 4:10 Forks & Friends-DR 4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search</p>	<p>6:00 Social Gathering w/Aroma Therapy-L</p>

All programs are subject to change due to circumstances beyond our control. Thank you for your understanding. Landon Ridge Kingwood MC

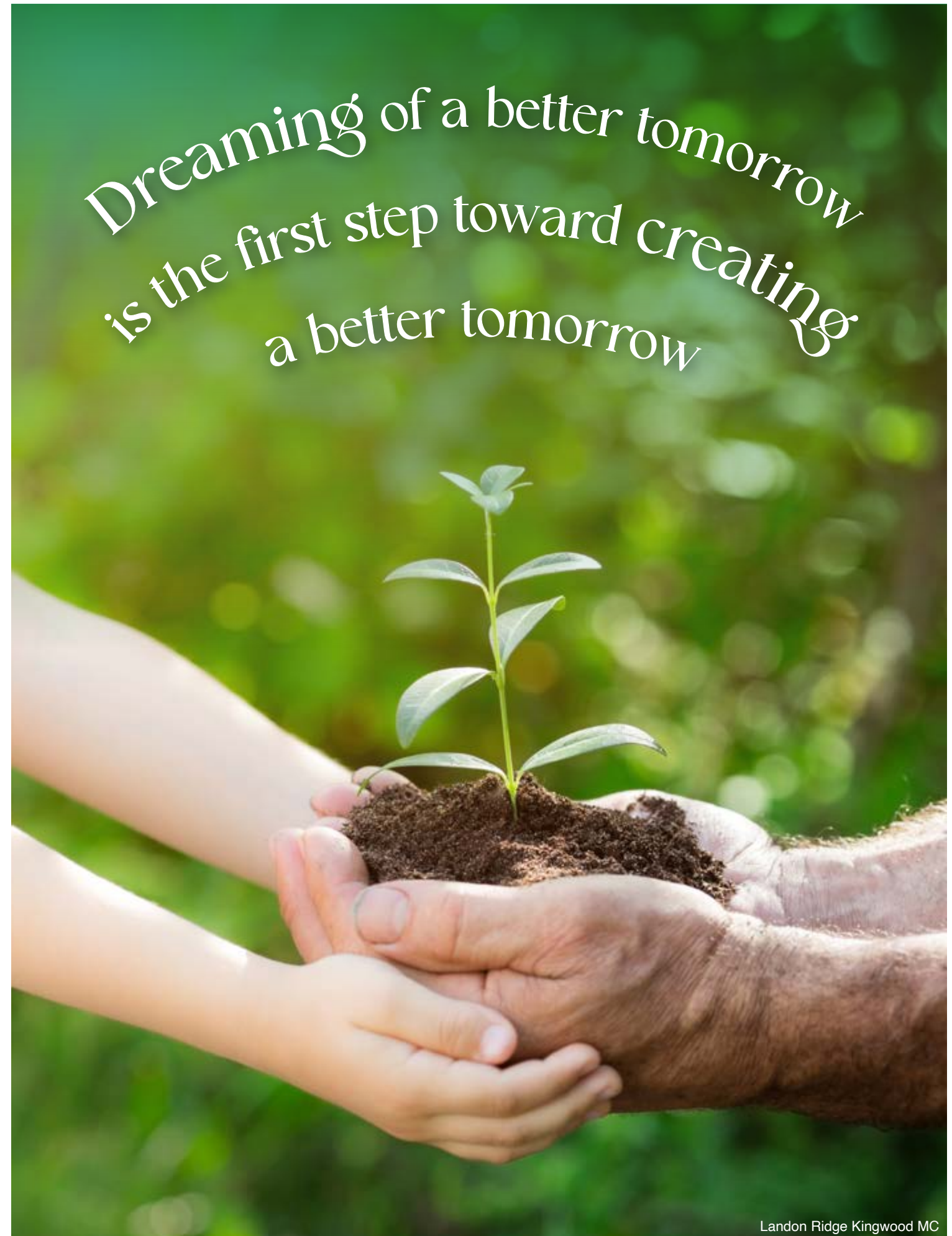
APRIL 2025 • WEEK FOUR

<p>SUN, APR 20</p> 	<p>Easter Sunday 8:30 Coffee Chat 9:00 Nature Walk 9:30 Noodle Exercise-AA 10:00 Spa Manicures 10:00 Daily Easter Trivia-AA 11:00 What's Cooking?</p>	<p>11:30 Easter Brunch-Main Dinner Rm 12:30 Kitchen Helpers-DR 1:00 Spiritual Trivia 2:30 Sunday Worship Services-L 3:15 Movie Matinee-AA</p>	<p>4:10 Forks & Friends-DR 4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>MON, APR 21</p> 	<p>8:30 Coffee Chat 9:00 Monday Meditation 9:30 Noodle Exercise-AA 10:00 Book Club-L 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Kick Ball 1:40 Finish The Phrase 2:00 Aromatherapy 3:00 Jewlery Making-L 3:45 Gardening Club 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>TUE, APR 22</p> 	<p>8:30 Coffee Chat 9:00 Daily News 9:30 Noodle Exercise-AA 10:00 Daily Easter Trivia-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Courtyard Social 2:00 Aromatherapy 2:30 Cornhold Toss-AA 3:00 Word In A Word 4:10 Forks & Friends-DR 4:30 Dining w/Grace</p>	<p>5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>WED, APR 23</p> 	<p>8:30 Coffee Chat 9:00 Daily Devotions-AA 9:30 Noodle Exercise-AA 10:00 Worship Choir-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Courtyard Social 2:00 The ART of Painting-AA 3:00 Men's Workshop w/Trace 3:00 Bingo-AA 3:45 Gardening Club 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>THU, APR 24</p>	<p>8:30 Coffee Chat 9:00 Weights Workout-AA 10:00 Ball Toss-Outside 11:00 What's Cooking? 11:00 Forks & Friends-DR 11:00 Outing-Lunch at Chili's 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Bible Study w/Laura-L 2:00 Word Search 3:00 Jewlery Making-L 3:30 Reminiscing 4:00 Pathways Planning Meeting-L</p>	<p>4:10 Forks & Friends-DR 4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>FRI, APR 25</p> 	<p>8:30 Coffee Chat 9:00 Daily News-AA 9:30 Noodle Exercise-AA 10:00 Bird Watch 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Travel Around the World 2:00 Happy Hour w/Kevin-D 3:00 Family & Friends Easter BINGO-AA 4:10 Forks & Friends-DR 4:30 Dining w/Grace</p>	<p>5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>SAT, APR 26</p>	<p>8:30 Coffee Chat 9:00 Nature Walk 9:30 Noodle Exercise-AA 10:00 Spa Manicures 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Movies w/Popcorn 2:00 Baking Club-AA 2:00 Bingo w/Chloe-D 4:10 Forks & Friends-DR 4:30 Dining w/Grace 5:00 Kitchen Helpers-DR</p>	<p>5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>

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APRIL 2025 • WEEK FIVE

<p>SUN, APR 27</p>	<p>8:30 Coffee Chat 9:00 Nature Walk 9:30 Noodle Exercise-AA 10:00 Spa Manicures 10:00 Daily Easter Trivia-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR</p>	<p>12:30 ZEN Time 12:30 Kitchen Helpers-DR 1:00 Spiritual Trivia 2:30 Sunday Worship Services-L 3:15 Movie Matinee-AA 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>MON, APR 28</p>	<p>8:30 Coffee Chat 9:00 Monday Meditation 9:30 Noodle Exercise-AA 10:00 Book Club-L 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Kick Ball 1:40 Finish The Phrase 2:00 Aromatherapy 3:00 Jewlery Making-L 3:45 Gardening Club 4:10 Forks & Friends-DR</p>	<p>4:30 Dining w/Grace 5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>TUE, APR 29</p>	<p>8:30 Coffee Chat 9:00 Daily News 9:30 Noodle Exercise-AA 10:00 Daily Easter Trivia-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Courtyard Social 2:00 Aromatherapy 2:30 Cornhold Toss-AA 3:00 Word In A Word 4:10 Forks & Friends-DR 4:30 Dining w/Grace</p>	<p>5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>
<p>WED, APR 30</p>	<p>8:30 Coffee Chat 9:00 Daily Devotions-AA 9:30 Noodle Exercise-AA 10:00 Worship Choir-AA 11:00 What's Cooking? 11:00 Forks & Friends-DR 12:30 ZEN Time</p>	<p>12:30 Kitchen Helpers-DR 1:00 Courtyard Social 2:00 The ART of Painting-AA 3:00 Bingo-AA 3:45 Gardening Club 4:10 Forks & Friends-DR 4:30 Dining w/Grace</p>	<p>5:00 Kitchen Helpers-DR 5:30 Word Search 6:00 Social Gathering w/Aroma Therapy-L</p>





Lend Mother Nature a Hand

One of the most delightful things about spring and April is that there's life. While we soak in the color and liveliness of creation and embrace opportunities for rejuvenation, we can easily overlook how life on the planet is at risk. How do we treat the resources gifted to us through nature? April's Arbor Day and Earth Day can help us learn a little more about that, as they educate, provide awareness and highlight ways to protect and preserve life on this planet.

Arbor Day is observed on the last Friday in April annually. Each state's observance date varies based on the planting cycles of that state. Arbor Day focuses on trees and the preservation of life. Trees are vital to human existence, serving as a source of oxygen, protector from the sun and canopy of coolness in oppressive heat. Earth Day is April 22 and focuses on the overall protection of the planet we call home. It tackles topics related to climate change, renewable energy and the use of natural resources for a better earth, better health, and clean air and clean water.

Supporting Arbor Day and Earth Day is a *tree-mendous* idea. Let's branch out and celebrate these holidays!

- Plant a tree! There are hundreds of species of trees from which to choose.
- Volunteer to join a tree-planting group in your area.
- Start tree seedlings in preparation for future planting endeavors.
- Cut down on waste. Compost. Reduce, reuse and recycle.
- Educate and share! Learn about our natural resources and take your knowledge to the streets. Serve as inspiration to act.
- Set aside intentional time to embrace nature. This could mean taking hikes, visiting parks, painting or drawing nature scenes, engaging in nature photography, journaling about personal inspiration found in nature, or even talking to plants.
- Research and review trees and natural resources. How can you help preserve them?

Happy Birthday!

Residents

4/1.....	Beverly S.
4/1.....	Ray D.
4/5.....	Maureen W.
4/13.....	Betty A.
4/14.....	Karen J.
4/16.....	Pat L.
4/23.....	BJ W.

Associates

4/5.....	Kathy H.
4/12.....	Ivan H.
4/8.....	Lois J.
4/10.....	Tatiana S.
4/11.....	Weendie J.
4/5.....	Jennifer S.



Upcoming Events

4/15.....	Casino Outing
4/19.....	Easter Brunch
4/24.....	Parkinson's Car Parade
4/29.....	Upcycling Fashion Show

April 2025

Dates to Celebrate

April Fool's Day.....	4/1
National Pet Day.....	4/11
Passover.....	4/12-20
Full Moon.....	4/13
Income Tax Day.....	4/15
Good Friday.....	4/18
Easter.....	4/20
National Volunteer Week.....	4/20-26
Earth Day.....	4/22
Arbor Day.....	4/25

Birthstone: Diamond
Flower: Sweet Pea | Zodiac: Aries & Taurus



March Memories



Mardi Gras was a blast for sure! We all enjoyed King Cake, Zydeco, and had a parade around the community.



What better way to celebrate National Oreo Cookie Day than to go to Dirty Dough cookie shop? We were able to enjoy different types of cookies.

We created beautiful flameless candles. We decorated jars with flowers just in time for spring.



ACROSS

- 2 Australian marsupial
- 5 Process plants use to make food as they start growing in spring
- 10 Holiday that occurs on the first of April each year (3 words)
- 12 Meal that combines some breakfast items with some lunch items
- 13 Egyptian architectural wonder, also a geometric shape
- 14 A baby chicken
- 15 Biggest country by land area in the world
- 17 The main spring allergy
- 20 Colorful arc in the sky
- 21 What the Easter Bunny hides

DOWN

- 1 April is the ____ month of the year
- 3 Elephant's tusk material
- 4 April brings these before May flowers
- 6 Fruit commonly picked in the springtime
- 7 Desert refuge
- 8 In which hemisphere does spring occur from September to November?
- 9 April birth flower
- 11 Sport played on a diamond
- 13 Small pool of water after rain
- 16 This country generates nearly 100% of its energy through geothermal and hydro reserves
- 18 Outdoor meal enjoyed in warm weather
- 19 A person who freely offers their time and services