

TIMELESS

AN EDITORIAL BY LANDON RIDGE SUGAR LAND

MARCH 2025

A man and a woman are painting outdoors in a lush garden. The man, wearing a blue plaid shirt, a white hat with a teal band, and jeans, is standing next to a wooden easel and painting on a canvas. The woman, wearing a light blue t-shirt and dark pants, is standing next to him, looking at his work. They are both smiling. In the foreground, there is a wooden table with paintbrushes and a jar of paint. The background is filled with green foliage and trees under a clear blue sky.

Palette of
POSSIBILITIES

LANDON RIDGE SUGAR LAND | INDEPENDENT LIVING

Resident Spotlight: Ginger Jones

At Landon Ridge Independent Senior Living, we believe in embracing the endless palette of life's possibilities. Few people exemplify this philosophy better than Ginger Jones, a woman whose journey has touched countless lives through love, service, and resilience.

Ginger's story begins in Scranton, Pennsylvania, where she grew up with her sister. After spending 24 years there, she moved to Bay Village, Ohio, a suburb of Cleveland, where she met and married Bill Dooley in 1965. Their time together was tragically cut short when Bill passed away in an automobile accident—just four months before their daughter, Carrie, was born. Despite heartbreak, Ginger embraced new possibilities for herself and her family.

In 1972, she met and married Bob Jones, and together they had a son, Jonathan. When Bob received a job offer with Fish Engineering and Construction, they moved to Texas, settling in the Memorial area for 16 years. Ginger devoted 11 years of her career to education as a testing coordinator at The Village School, helping students reach their full potential. When she and Bob retired, they relocated to Lake Olympia, where they spent nearly three decades together until Bob's passing in 2017.

Ginger's dedication to serving others is woven throughout her life's story. She was an active member of Southminster Presbyterian Church, where she served as a Deacon and played a pivotal role in their Mission Committee. Her greatest passion was coordinating the Apartment Ministry for patients receiving long-term treatment at MD Anderson Cancer Center. Alongside 12 partnering churches, she helped secure housing for patients, ensuring they had a place to stay while undergoing care. For 10 years, she poured her heart into this mission, creating possibilities for those facing some of life's most challenging battles.

Her commitment to the community extended beyond the church, as she was a past member of the Daughters of

the American Revolution and Fort Bend Friends and Neighbors. Beyond service, Ginger found joy in many hobbies, from tennis and skiing to gardening and birding—a more dedicated and immersive form of bird-watching. She is also an active member of Quails, a women's group in Quail Valley, and remains involved in First United Methodist Church.

Today, Ginger's most tremendous pride is her family. Her daughter, Carrie, resides in Austin, while her son, Jonathan, and his wife, Sarah, live in Katy. She is the proud grandmother of four grandchildren and even more delighted to be a great-grandmother to a precious little girl.

Since moving to Landon Ridge in April 2024, Ginger has embraced another exciting possibility: a new chapter filled with friendship, community, and joy. She has made meaningful connections and truly loves the life she is building here.

Ginger's story reminds us that life is full of new beginnings and boundless opportunities to make a difference. Her strength, kindness, and dedication to helping others have created lasting ripples in the lives of many. We are honored to have her as part of our Landon Ridge family and look forward to seeing the many more possibilities she continues to embrace.



Palette of Possibilities

Throughout the month of March, we find ourselves in a space of renewal, no matter the country of residence. New life is springing forth all around and ceremonies, traditions and rituals abound as we welcome the new spring season. There's an emerging brightness to life. Countries like Mexico and India embrace the concept of renewal and the "palette of possibilities" that accompany such with art, creativity and color, and more specifically, through India's Holi celebration and Mexico's muralism.

Holi, the Festival of Colours, Love and Spring is celebrated in Nepal, India and other southern Asian countries beginning March 14 this year. This ancient Hindu festival centers around explosions of color, love and life as the negativity of one's life becomes cleansed. Rebirth and renewal become new possibilities as people clothed in all white douse themselves and others with colorful powders in the streets. This part of the culture and tradition breathes new life into the air. The blank canvas of white becomes a place of vibrant color. It's a beautiful and integral part of sharing life and experiencing truly joyful moments.

Mexican muralism also begins with a blank canvas, but the ancient art focuses a little more on art's accessibility. Creativity and color bring forth new life, and Mexican muralism allows this to happen more fully. Personal expression and authenticity flow from this artistic movement, lending itself to new life and renewal. Murals have historically told stories on walls and buildings through a language that continues to speak from generation to generation. They promote a stronger sense of self and culture as expressed through art. Again, this movement is an integral part of sharing life together.

Color, art and creativity are sources of hope, love and renewal, no matter where they're found.



March 2025

Leadership Team

Kjola Williams
Executive Director

Kimberly Taylor
Business Director

Crystalyn Fontenette
Sales & Marketing Director

Andy Davis
Lifestyle Director



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March Birthdays

Carmen V..... 3/1	Marjorie T 3/17
Joyce V..... 3/2	Patricia N 3/20
Shirley B..... 3/4	Cindy K..... 3/25
Don S..... 3/7	DeAnna L..... 3/26
Sharon B..... 3/17	Patricia B..... 3/27

Welcome New Residents

Katherine R.
Tobie G.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Landon Ridge Sugar Land - Independent Living

March 2025



								10:30 Resident Coffee Chat- C 1:30 Hand & Foot- L3 6:30 Bingo- L4	1	
1:30 Hand & Foot- L3 2:00 Afternoon Billiards- L4	2 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 10:30 HEB Grocery Trip 11:00 Catholic Service- AL 11:30 Gardening Club- C 1:30 Mahjong- C Bridge- L4 Mexican Train- L3 2:00 Monday Matinee: Brigadoon- T	3	4 Fat Tuesday (Wear Mardi Gras Colors) 9:30 Logic Puzzles- C 10:30 Tuesday Topics- C 1:00 Arts and Crafts- L3 1:30 Bible Study- L4 2:30 Mardi Gras Party- DR 6:30 Left, Right, Center- L3	5 Ash Wednesday (Beginning of Lent) 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 2:00 Lifestyles Meeting- L4 3:00 Discovery Series- L4 6:15 Rummikub- L4 6:30 Domino Games- L3	6 Dress in Blue Day (Colon Cancer Awareness) 9:30 Sewing Group- SR 10:30 Walmart Grocery Trip 1:30 Dillard's Fit for the Cure- L3 2:00 Thursday Matinee: Fun in Acapulco- T 3:00 Shop at Goodwill 6:30 Bingo- L4	7 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 11:00 Blood Pressure Checks- C 11:30 Prayer Minutes- C 2:00 Team Trivia- L4 3:30 Happy Hour Pina Coladas- L4	8 10:30 Resident Coffee Chat- C 1:30 Hand & Foot- L3 6:30 Bingo- L4			
Daylight Savings Begins (Spring Forward) 1:30 Hand & Foot- L3 2:00 Afternoon Billiards- L4 4:00 Open Communion- L4 4:45 Hymn Singing- DR	9 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 10:30 Trader Joes Grocery Trip 11:00 Catholic Service- AL 1:30 Mahjong- C Bridge- L4 Mexican Train- L3 2:00 Monday Matinee: Dance With Me- T	10	11 9:30 Logic Puzzles- C 10:30 Tuesday Topics- C 1:00 Arts & Craft- L3 1:30 Bible Study- L4 3:15 Easy Bingo- L4 6:30 Left, Right, Center- L3	12 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 10:00 Popup Shopping- L 2:00 Chef Chat & Demo- DR 6:15 Rummikub- L4 6:30 Domino Games- L3	13 9:00 Coffee Club: Day 6 Coffee 9:30 Sewing Group- SR 10:30 Walmart Grocery Trip 2:00 Resident Birthday Bash- DR 3:00 Shop at Dollar Tree 6:30 Bingo- L4	14 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 11:00 Blood Pressure Checks- C 11:30 Veteran's Lunch Outing- L 2:00 Team Trivia- L4 3:30 Happy Hour: Mango Rum Daiquiri- L4	15 Premium Outing Day 10:30 Resident Coffee Chat- C 11:00 Lunch & Alley Theater 1:30 Hand & Foot- L3 6:30 Bingo- L4			
1:30 Hand & Foot- L3 2:00 Afternoon Billiards- L4	16 St. Patrick's Day (Wear Green) 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 10:30 Kroger Grocery Trip 11:00 Catholic Service- AL 1:30 Mahjong- C Bridge- L4 Mexican Train- L3 2:00 Monday Musical Finian's Rainbow- T	17	18 9:30 Logic Puzzles- C 10:30 Tuesday Topics- C 1:30 Bible Study- L4 2:00 Arts & Crafts 3:15 Easy Bingo- L4 6:30 Left, Right, Center- L3	19 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 10:00 Popup Shopping- L 2:00 Maintenance Meeting- L3 3:00 Sing A Long- L4 6:15 Rummikub- L4 6:30 Domino Games- L3	20 Frist Day of Spring (Wear any Floral Print) 9:30 Sewing Group- SR 10:30 Walmart Grocery Trip 11:00 Lunch at Ruthie's Tex-Mex 2:00 Thursday Matinee: Spectre- T 6:30 Bingo- L3	21 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 11:00 Blood Pressure Checks- C 11:30 Prayer Minutes- C 2:00 Team Trivia- L4 3:30 Happy Hour: Mexican Sunrise- L4	22 10:30 Resident Coffee Chat- C 1:30 Hand & Foot- L3 6:30 Bingo- L4			
1:30 Hand & Foot- L3 2:00 Afternoon Billiards- L4	23 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 10:30 Aldi Grocery Trip 11:00 Catholic Service- AL 1:30 Mahjong- C Bridge- L4 Mexican Train- L3 2:00 Latin Entertainer: Adrian Suarez- DR	24	25 9:30 Logic Puzzles- C 10:30 Tuesday Topics- C 1:00 Arts & Craft- L3 1:30 Bible Study- L4 3:15 Easy Bingo- L4 6:30 Left, Right, Center- L3	26 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 1:00 Book Club Meeting- L3 2:00 Premium Event: Loteria & Margaritas- L4 6:15 Rummikub- L4 6:30 Domino Games- L3	27 9:30 Sewing Group- SR 10:30 Walmart Grocery Trip 2:30 Town Hall- DR 5:00 Destination Dinner: Mexico- DR 6:30 Bingo- L4	28 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 11:00 Blood Pressure Checks- C 11:30 Prayer Minutes- C 2:00 Team Trivia- L4 3:30 Happy Hour: Palomas- L4	29 10:30 Resident Coffee Chat- C 1:30 Hand & Foot- L3 2:00 Senior & Family Support Group: Insurance- L4 6:30 Bingo- L4			
1:30 Hand & Foot- L3 2:00 Afternoon Billiards- L4	30 9:00 Aqua Aerobics- P 10:00 Sit & Fit- G 10:30 HEB Grocery Trip 11:00 Catholic Service- AL 1:30 Mahjong- C Bridge- L4 Mexican Train- L3 2:00 Movie Matinee: The Mask of Zorro- T	31								

KEY	
Gym.....	G
Theater.....	T
Pool.....	P
Cafe.....	C
Dining Room.....	DR
Lobby.....	L
Lounge 3.....	L3
Lounge 4.....	L4

Attend the Lifestyles meeting every first Wednesday of the month, 2 pm, L4. Give feedback, suggestions, and hear details about monthly events.



Employee of the Month: Chef Paula Hernandez

At Landon Ridge Independent Senior Living, we proudly recognize outstanding team members who make a difference in our community. This month, we celebrate Chef Paula Hernandez, whose passion for cooking, dedication to service, and warm personality have made her an irreplaceable part of the Landon Ridge family.

Originally from Michoacán, Mexico, a region known for its stunning landscapes from the Sierra Madre del Sur mountains to the Pacific coast. Paula brings a rich cultural background and a deep love for food to our community. In 1993, she moved to Fresno, Texas, with her family, including her husband and five daughters. Today, she beams with pride as all her daughters have built successful careers as managers and accountants.

Paula's journey in senior living began in 2005 when she started working in the kitchen at Hallmark Senior Living Community. Her culinary career flourished, and in August 2019, she joined Landon Ridge, bringing her expertise and passion to our dining experience.

Beyond preparing delicious and nutritious meals, Paula is known for her dependable work ethic and professional attitude. She is always willing to lend a helping hand to both residents and fellow employees, making her an invaluable part of the team. Her dedication has shown S.T.A.R. Value in Service Excellence, Teamwork, Accountability, and Respect in everything she does.

When she's not creating flavorful dishes in the kitchen, Paula enjoys walking, solving puzzles, and relaxing with her favorite cooking shows. She is always looking for new inspirations to bring to the table.

Working at Landon Ridge is more than just a job; it's a calling for Paula. She loves being part of a community where she feels needed and valued, and she takes great joy in serving the residents who have become like family to her.

We are incredibly grateful for Paula's hard work, kindness, and dedication. Her passion for cooking nourishes our bodies and warms our hearts.

Congratulations, Paula, on being our Employee of the Month! Thank you for your commitment to excellence and for making Landon Ridge a wonderful place to call home.

Mardi Gras and More

Mardi Gras magic begins on March 4 this year. We're all familiar with this over-the-top celebration. Going back in time a bit, social clubs known as "krewes" set the standard for Mardi Gras celebrations, something that continues to evolve with each passing year. These traditions began in 1827.

"Throws" are items like bead necklaces, stuffed animals, doubloons and trinkets. They serve as a main attraction of Mardi Gras parades. Members of each krewe stand atop floats and toss these special objects of varying shapes, sizes and colors, into the overly eager crowd filled with those racing to catch the coveted treasures during the parades. Each krewe has their own special throw, and doubloons are among the most popular of these special throws.



Doubloons have an exceptionally interesting history. In the 1950s, it was determined that the Rex Krewe must have something different to throw, a special attention-grabber that would stand out from the other throws. Initially thought to be a hazardous throw due to its weight and design, the doubloon proved to be quite the opposite. After a trial run, the doubloon became a wild success. The coins are light-weight and could easily be customized. Subsequently, it was no time before more than one krewe had its own doubloon.

These days, doubloons are symbolic of Mardi Gras roots and remain one of the time-tested icons of the past. They're collector's items, in fact. If you find yourself at Mardi Gras this year, keep those coins! They might be worth something besides a memory someday.



Exciting March Events

March's Premium Monthly Outing

Lunch at Black Walnut Café & The Glass Menagerie at The Alley Theater. An outing featuring a fun lunch experience followed by a performance of Tennessee Williams' classic play.

Mardi Gras Party

Visit the Dining Room to help us celebrate. Raffles, food, dancing, and live jazz saxophonist Ronnie Stallworth.

Resident Birthday Bash

A celebratory gathering for all March birthdays including cake, live music, and dancing.

Entertainers

Latin Entertainer Adrian Suarez: Enjoy a lively musical performance in the Dining Room.

Celtic Harpist Katherine Kappelmann: Enjoy during lunch on St. Patrick's Day. (Wear Green)

Destination Dinner: Mexico

A culinary adventure celebrating the rich flavors of Mexico and fine wine.

Featured Movies

- March 3rd:** *Brigadoon* – A magical musical romance
- March 6th:** *Fun in Acapulco* – A tropical Elvis movie
- March 10th:** *Dance with Me* – A feel-good dance film
- March 17th:** *Finian's Rainbow* – A classic musical fantasy
- March 20th:** *Spectre* – A moder action James Bond movie
- March 31st:** *The Mask of Zorro* – Swashbuckling adventure and romance

Happy Hour Artisan Cocktails

- March 7th:** Piña Coladas
- March 14th:** Mango Rum Daiquiris
- March 21st:** Mexican Sunrise
- March 28th:** Palomas

Quote of the Month

"Art is not what you see, but what you make others see."

– Edgar Degas

Hospice

Hospice care provides the necessary medical care resources to support the mind, body and spirit of our patients. Your team will include a physician, nurse, aide, social worker, spiritual advisor and trained volunteers to manage your care.

When a complete referral is received by our hospice team:

- The patient will be contacted the same day as the referral.
- The hospice visit will be scheduled for a complete assessment of your care needs.

What to expect from the care team during a hospice evaluation:

- An assessment by a registered nurse in consultation with a physician to determine hospice eligibility.
- Answers any patient/family questions.
- Determines if any medical equipment is needed.
- Ensures comfort medications are ordered and available for patient use.
- Creates a plan of care that reflects the patient/family's wishes.
- Completes admission paperwork for your loved one to elect their hospice benefit for care.
- Reviews care schedule with the various parts of care team.
- Discusses hospice services including Medicare and insurance options.



If you would like more information about hospice services, please talk to your doctor about a referral to Hospice or call our office directly.



Houston, Tx

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