



TIMELESS

AN EDITORIAL BY LAUREL GLEN AT STEPHENVILLE

OCTOBER 2026

**On Your Mark,
Get Set,
Game!**

Celebrate the spirit of friendly
competition, active living,
and cheering each other on.

LAUREL GLEN AT STEPHENVILLE | ASSISTED LIVING



Resident Spotlight: Linda

One thing is very apparent about Linda: her faith is an extremely important part of her life. She feels everything very deeply and loves to share her faith with everyone she meets. We are very fortunate that she shared a song she wrote with the community.

Because I Have Faith

The Centurion of Capernaum sought our Jesus. He said, "Lord, my servant at home is gravely ill. If thou wilt only speak the words of his healing, you need not even come to where he is."

Chorus

Because I have faith in you, most precious Jesus, you've never failed me any time I've come to you. You always know my needs before I even ask them. So, this time I know you will see me through. The Lord said, "Faith like this is not to be found in Israel; according to they will be it unto thee." That self same hour the servant was healed because his master had faith to believe God's deity. One day, in a crowd of people thronging Jesus, a little woman who had an issue for 12 years said, "If I could only touch the hem of his garment, I'd be made whole; that's just the way he is."

Welcome New Residents!

Bob R.

Please join us in welcoming Bob to our community! Bob is a proud Texan by choice and has lived in several places throughout his life, including Oklahoma and Colorado. He attended Marlow High School in Marlow, Oklahoma, where he received his early education.



Bob began his career working with dairy operations, helping install and maintain equipment for local dairies. This hands-on experience laid a strong foundation for his future success and eventually led him to a long and rewarding career with FMC, one of our local manufacturing companies. Bob dedicated nearly 30 years to FMC, bringing with him a strong work ethic and wealth of knowledge throughout his career.

We are delighted to have Bob as part of our community and look forward to getting to know him!

Lynn D.

Please join everyone at Laurel Glen in giving a warm welcome to our newest resident, Lynn!

Lynn is a born-again Texan who spent her early years in Woodward, Oklahoma, before moving to Lubbock, Texas. She then spent the last 59 years living in the beautiful Evergreen State of Washington.

Throughout her career, Lynn worked as a Commercial Realtor, helping businesses find the perfect properties to meet their needs. When she wasn't assisting clients, she devoted her time to caring for her home and family.

Lynn has a passion for travel, and her passport reflects her adventurous spirit. She has explored destinations



throughout Europe, Belize, Canada, and many locations across the United States, creating memories and experiences from around the world.

We are delighted to have Lynn as part of the Laurel Glen family and look forward to creating many wonderful memories together. Welcome home, Lynn!



A Word from Laurel Glen

Welcome Fall: A Season of Comfort, Connection, and Celebration

As the first hints of autumn begin to appear, we welcome one of the most beautiful seasons of the year. Fall brings cooler temperatures, colorful leaves, and opportunities to gather with friends and family while enjoying the simple pleasures that make this time of year so special.

There is something comforting about the arrival of fall. The changing colors remind us that every season brings its own beauty, and autumn encourages us to slow down, reflect, and appreciate the moments we share together. Whether it's enjoying a warm cup of cider, decorating with pumpkins, or taking a stroll outdoors to enjoy the crisp air, the season offers countless reasons to smile.

Throughout the coming months, our community will celebrate all that fall has to offer with seasonal activities, festive decorations, and opportunities to create new memories. We look forward to crafts, games, social gatherings, and special events that bring residents, families, and staff together.

Fall is also a wonderful time to focus on gratitude. We are thankful for the friendships that continue to grow within our community, for the support of loving families, and for the dedication of our caring staff. Each day, these connections help make our community a place where everyone feels welcome and valued.

As we begin this new season, we encourage everyone to take a moment to enjoy the beauty around them, reconnect with old friends, make new ones, and embrace the joy that autumn brings.

Wishing everyone a season filled with warmth, happiness, and wonderful memories.

Happy Fall!

"The greatest blessings of autumn are not found in the changing leaves, but in the people with whom we share the season."



October 2026

Department Heads

Kayla Carpenter
Executive Director

Candace Evartt
Resident Services Director

TBA
Business Manager

Anne Pingleton MS PSY
Lifestyle Director

Jared Goodman
Maintenance Director

Lee Prather
Culinary Supervisor

Sales Counselor
TBA


LAUREL GLEN
at Stephenville
Assisted Living & Memory Care

2305 W Lingleville Rd.
Stephenville, TX 76401
(254) 968-5229



October 2026
AL Monthly



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 LAUREL GLEN at Stephenville Assisted Living & Memory Care	- Emotional/Sensory - Intellectual - Physical - Social - Spiritual	Location Keys Activity Room Courtyard Front Porch Halls Pathways	“As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness behind, I'd still be in prison.” — Nelson Mandela	— ☹ Morning Stroll [FP] 10:00 ☹ 60 Minute Chair exercise [H] 10:30 + Sing Along with Mary in Pathways [P] 10:45 ☹ The Daily Buzz 1:00 ☹ Stroll & Socialize in the Halls 2:00 • Anne's Nail Spa [C] 3:00 Music Appreciation 4:45 ☹ Before Dinner Catch-up 6:00 ☹ Front Porch Friends 7:00 ☹ Resident Game Time	— ☹ Morning Stroll [FP] 9:45 • Retail Therapy at Walmart 10:00 ☹ 60 Minute Chair exercise [H] 11:00 • Leisure Time 1:00 ☹ Stroll & Socialize in the Halls 2:00 ☹ Bingo [A] 3:00 ☹ Happy Hour & The Oregon Trail with Sharon [C] 4:45 ☹ Before Dinner Catch-up 6:00 ☹ Front Porch Friends 7:00 ☹ Mahjong Circle	— ☹ Morning Stroll [FP] 10:00 ☹ 60 Minute Chair exercise [H] 11:00 • Morning Bird Watchers 1:00 ☹ Stroll & Socialize in the Halls 2:00 • Afternoon Cinema 3:00 ☹ Chess & Checkers Corner 4:45 ☹ Before Dinner Catch-up 6:00 ☹ Front Porch Friends 7:00 • Wind Down & Reflect
— ☹ Morning Stroll [FP] 10:00 ☹ 60 Minute Chair exercise [H] 11:00 • Morning Bird Watchers 1:00 ☹ Stroll & Socialize in the Halls 1:00 + The Goodwin's Hymn Hour 1:45 + Sunday Blessings with Dick 3:00 + Pathways Praise Time with Highland Baptist [P] 4:45 ☹ Before Dinner Catch-up 6:00 ☹ Front Porch Friends 7:00 ☹ Resident Game Time	— ☹ Morning Stroll [FP] 10:15 ☹ Golden Zumba Class 10:45 ☹ The Daily Buzz 1:00 ☹ Stroll & Socialize in the Halls 2:00 ☹ Bingo [A] 3:00 Lifestyles Planning & Welcome Committee Meeting 4:45 ☹ Before Dinner Catch-up 6:00 ☹ Front Porch Friends 7:00 • Wind Down & Reflect	— ☹ Pathways Visitors Club [FP] 10:15 ☹ Graceful Living Yoga 10:45 ☹ The Daily Buzz 11:00 Resident Council 1:00 ☹ Stroll & Socialize in the Halls 2:00 ☹ October Birthday Social with Sonny in Pathways 3:00 The Craft Collective: October Centerpieces 4:45 ☹ Before Dinner Catch-up 6:00 ☹ Front Porch Friends 7:00 ☹ Resident Game Time	— ☹ Morning Stroll [FP] 10:00 ☹ Tai Chi for Healthy Living [H] 11:00 + Bible Study with David [H] 1:00 ☹ Stroll & Socialize in the Halls 2:00 ☹ Bingo [A] 3:00 Dining Etiquette 101: Making a Great Impression 4:45 ☹ Before Dinner Catch-up 6:00 ☹ Front Porch Friends 7:00 ☹ The Dominos Club	— ☹ Morning Stroll [FP] 10:00 ☹ 60 Minute Chair exercise [H] 10:30 + Sing Along with Mary in Pathways [P] 10:45 ☹ The Daily Buzz 1:00 Resident Food Council [C] 2:00 Outreach Committee: Care Packages for Meals on Wheels 3:00 • Golden Oldies Appreciation [C] 4:45 ☹ Before Dinner Catch-up 6:00 ☹ Front Porch Friends 7:00 ☹ Resident Game Time	— ☹ Morning Stroll [FP] 10:00 ☹ 60 Minute Chair exercise [H] 11:00 • Leisure Time 1:00 ☹ Stroll & Socialize in the Halls 2:00 ☹ Bingo [A] 3:00 ☹ Happy Hour & AudioBooks [C] 4:45 ☹ Before Dinner Catch-up 6:00 ☹ Front Porch Friends 7:00 ☹ Mahjong Circle	— ☹ Morning Stroll [FP] 10:00 ☹ 60 Minute Chair exercise [H] 11:00 • Morning Bird Watchers 1:00 ☹ Stroll & Socialize in the Halls 2:00 • Afternoon Cinema 3:00 ☹ Chess & Checkers Corner 4:45 ☹ Before Dinner Catch-up 6:00 ☹ Front Porch Friends 7:00 • Wind Down & Reflect
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Welcome Our New Executive Director

We are delighted to introduce and welcome Kayla Carpenter as the new Executive Director of Laurel Glen Assisted Living and Memory Care.

She brings more than five years of experience in senior living, with a passion for providing exceptional care, building strong relationships, and creating communities where residents feel valued, respected, and at home. Throughout her career, she has demonstrated a commitment to enhancing the quality of life for seniors while supporting team members in delivering compassionate, person-centered care.

Outside of her professional accomplishments, she is a devoted wife and mother. She has been married to her husband, Joshua, for four years and is the proud mother of a five-year-old daughter, Ella, who recently started kindergarten.

Kayla is excited to become part of the Laurel Glen family and looks forward to getting to know each resident, family member, and team member personally. She is committed to fostering a community that celebrates dignity, compassion, and excellence in care. She is excited for this new chapter and looks forward to the leadership, energy, and dedication Kayla will bring to Laurel Glen Assisted Living and Memory Care.

Please stop by, introduce yourself, and join us in giving her a warm welcome.

On Your Mark, Get Set, Game!

There is magic in movement, as evidenced by the ever-popular Sagora Senior Games, which is at the center of this month's theme, "On Your Mark, Get Set, Game". As we continue to highlight ways to live life in the spotlight through every age and stage of life, you'll see that there's plenty of opportunity to celebrate the self in the Sagora Senior Games and ways to maintain and enhance the thriving lifestyle in which you're currently living. Forming new friendships, collaborating as a team, honing in on one's skills, whether that's related to a new hobby or a pastime ... interactions at the Sagora Senior Games are significant and impactful, working toward providing a lively home life that fosters joy in each moment.

Competition is at the core of the games, with the "National Senior Games – The Senior Olympics," serving as its primary source of inspiration. Residents can participate on every level based on ability and interest, and the games are tailored to the residents at the individual facilities. Games are both traditional and exceptional, and include options such as chair volleyball, bowling, bean bag baseball, shuffleboard, and more. There's an opening ceremony, as well as an ending awards ceremony, and it's proven to be a community favorite over the years.

With the Senior Games, there are myriad ways to showcase life in the spotlight. Get excited!

Happy Birthday!

Kay A Oct 13th
Vera W.....Oct 16th



Life in Pictures



The Outing Crew had a blast beating the heat with a cold treat - so good!



We always love a visit from Minnie Bell and The Goodwin!

Happy Birthday Elouisse & Charles!

October 2026

Dates to Celebrate

Birthstone: Opal | Flower: Marigold | Zodiac: Libra & Scorpio

World Smile Day	10/2	Indigenous Peoples' Day.....	10/12
Active Aging Week.....	10/5-11	Healthcare Quality Week	10/18-24
National Physician Assistant Day ..	10/6	National Medical Assistant Day ...	10/21
World Mental Health Day	10/10	Full Moon	10/26
Columbus Day.....	10/12	Halloween.....	10/31



OCTOBER EVENTS



We will have the Sagora Senior Games from October 19th through October 23rd. If you want to compete, please see Anne.

Let's have some fun!



Champion Challenge!

BRONZE
CHAMPION
COMPETITION
EXCELLENCE
GOLD
MEDAL
OLYMPICS
PERSEVERANCE
PODIUM
SILVER
SPIRIT
TEAMWORK
TORCH
VICTORY

B	V	I	C	T	A	R	Y	C	H	I	M	P	A	O	N	S	M	T	I	O
R	B	P	O	O	D	U	I	M	C	M	T	E	A	W	O	R	K	E	P	C
W	R	A	Z	T	E	A	M	W	O	R	K	S	E	B	O	E	E	A	E	G
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T	I	E	C	I	O	L	Y	M	P	I	C	S	P	K	B	H	O	E	E	U
H	T	M	U	D	O	P	U	M	O	I	Z	S	T	C	I	E	U	S	C	E