

TIMELESS

AN EDITORIAL BY LYNDALE ABILENE

JULY 2024



Drive-Thru USA

It's time to hit the road and get to know all the USA has to offer. Take a little road trip and see where you end up - you never know what adventure awaits you!

LYNDALE ABILENE | ASSISTED & INDEPENDENT LIVING



The Monthly Compass

This month, we are taking a scenic tour through the United States. As requested at our monthly calendar chat, we will make stops in the Dakotas, New Mexico, Louisiana, Texas and Montana. We have some exciting themed experiments, workshops and programs we'll engage in along the way.

We are also hosting a Car-B-Q on Thursday, July 18th where we'll enjoy a delicious BBQ meal by our talented culinary team before heading out to the front porch for a classic car parade courtesy of the Greater Abilene community.

We're looking forward to uncovering more of America's treasures as we drive through the USA... in style!

Picture Show Appeal

A wave of nostalgia sweeps over many of us at the mention of a "drive-in theater." Once numbering in the hundreds nationwide, these picture shows viewed in vehicles were excessively popular. On any given weekend, you'd find cars filled with families, cars filled with lovebirds, cars filled with folks simply hanging out, all lined up in rows, ready to watch something new on the big screen. From the comfortable confines of their cars, people could talk plot, babies could cry and couples could snuggle close without a care in the world. This sounds perfect, doesn't it?

Richard Hollingshead thought so, which subsequently led to the drive-in theater's official creation in 1933. It was quite successful and quickly spread nationwide, with a high point occurring during the Baby Boomer era (1950s and 1960s). But over the years, the number of theaters began to dwindle as the cost of everyday life began to increase. Theater owners sold off their parcels of land in hopes of turning a profit, which they did. The flipside of that, however, was that the corporations or business owners buying the land had no intention of keeping the attraction found on-site.

The classic cinema pastime is now fairly difficult to find. The most recent data collected, which is from 2020, shows that a little over 300 drive-in theaters remain open nationwide. It'd be nice if that number increased, wouldn't it?



New Residents

Eva T.
Donna B.

July Birthdays

Delores T.....	7/2
Pam S.....	7/4
Ruth E.....	7/5
Joy K.....	7/10
Donna H. (Culinary)	7/12
Jack T.....	7/13
Lelyn B.....	7/13
Madi M. (Resident Services).....	7/15
Louise O.....	7/17
Kierra W. (Business Director)	7/17
Tommy R. (Maint. Director)	7/17
Jo J.....	7/20
Joanie S.....	7/23
Gary T.....	7/23
Danielle F. (Resident Services).....	7/24
Pat R.....	7/25
Jaileen C. (Resident Services)	7/26
Sam T. (Culinary)	7/27
Travis S.....	7/28

July 2024 Dates to Celebrate

Canada Day.....	7/1
Dog Days of Summer	7/3-8/11
Independence Day.....	7/4
Therapeutic Recreation Week	7/7-7/13
Full Moon.....	7/21
National Ice Cream Day.....	7/21
Parents' Day.....	7/28

Birthstone: Ruby

Flower: Larkspur/Water Lily

Zodiac: Cancer/Leo



Drive-Thru USA

Consider your fondest memories of vacations past. Maybe you and the clan drove across the country to visit an amusement park or go camping or attend a family reunion. Maybe you followed your favorite band's cross-country tour with some friends or you took a solo trip and had so many memorable moments that you went through five rolls of film and two journals (all of which you keep in your closet to this day). Perhaps you visit your grandchildren every year over the Thanksgiving holiday and make a 400-mile drive to do so, a smile on your face the entire trip. Who knows!

One thing can be said for sure: An open road can be your best friend. Possibility and adventure await. All paths lead to something new—physical, emotional, mental and spiritual spaces that have yet to be explored—stimulating your senses at every turn. This month, you have the unique opportunity to travel to a number of unknown spaces by way of the Sagora theme, "Drive-Thru USA."

How would you map out an in-person journey today? Think about parts of the country you've never seen but have always wanted to see. This might include specific regions, select states, national forests or parks, historical or intriguing landmarks, etc. Make a list. Be sure to note why the places listed are special, as well as who you'd like to accompany you on the road trip. Is there a specific route that takes you multiple places you'd like to visit? Route 66 is a major thoroughfare that leads to quite a few bucket list places like Santa Fe, Hollywood, St. Louis and the Grand Canyon.

You might truly desire to take a trip in the flesh, but that isn't the case for everyone. The paths aren't limited to those who are literally willing to travel in person. If you'd like to stay home as opposed to taking a road trip, try doing a bit of virtual exploration and organizing an online route to visit some of the places on your list. There are hundreds of virtual tours and expert talks readily available on the Internet. Visiting museums and trekking to destinations in the desert can easily be done, thanks to the virtual world.

Shift from "The Road Not Taken," as Robert Frost writes, and follow the path somewhere new.

July 2024

Associates

Kierra Wright

Business Director

Randa Tucker

Sales & Marketing Director

Debbie Garner

Resident Services Coordinator

Edward Smith

Culinary Director

Tommy Rock

Maintenance Director

Hannah Bailey

Lifestyle Director





Lyndale Abilene
6565 Central Park Blvd.
Abilene, TX 79606
(325) 690-9210



July 2024

Lyndale Abilene



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>9:00 Chair Exercise, MP ¹</p> <p>10:00 Book Club, L</p> <p>10:30 Gardening Club, CYE/W</p> <p>1:30 August Calendar Chat, AC</p> <p>2:15 Coke Floats w/ Touching Hearts, CYW</p> <p>3:00 Quarter Bingo, AC</p> <p>6:00 Play 88, CR</p>	<p>10:00 Play Chronology, CR ²</p> <p>1:30 Men's Social w/ Home Instead, FP</p> <p>2:00 Thomas Jefferson Ice Cream, AC</p> <p>3:00 Holland Hearing, CC</p> <p>3:00 Pictionary, MP</p> <p>6:00 Cross Country Jubilee, MP</p>	<p>9:00 Chair Exercise, MP ³</p> <p>10:00 Quarter Bingo, AC</p> <p>1:30 Resident Meeting, MP</p> <p>2:30 Happy Hour w/ Visiting Angels, DR</p> <p>3:30 Preservation of Mount Rushmore, M</p> <p>6:00 Play 88, CR</p>	<p>Independence Day ⁴</p> <p>9:00 Chair Exercise, MP</p> <p>10:00 Patriotic Hymn Sing w/ Era Jo & Beverly, MP</p> <p>1:30 Free Bingo, AC</p> <p>2:30 Freedom Pops, CYW</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ⁵</p> <p>9:00 Wellness Stretch w/ Bonnie, MP</p> <p>9:15 Shop at Walmart, O</p> <p>11:00 Lunch Out: The Flipping Egg, O</p> <p>2:30 Shop at JCPenney, O</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ⁶</p> <p>10:00 Singalong w/ Era Jo & Beverly, MP</p> <p>10:30 Ladies Hot Tea, CB</p> <p>1:30 Weekly Chronicles, CC</p> <p>2:30 Porch Chats, O</p> <p>3:30 Puzzle Time!, PR</p>
<p>8:30 Men's Coffee Social, CB ⁷</p> <p>9:15 Sunday School & Praise, MP</p> <p>1:30 Lord's supper w/ Remington Ridge, MP</p> <p>2:00 Play Cards, CR</p> <p>3:00 Coffee Chat, CB</p> <p>3:30 Play Corn Hole, MP</p>	<p>9:00 Chair Exercise, MP ⁸</p> <p>10:00 Book Club, L</p> <p>10:00 Piano Man, MP</p> <p>10:30 Gardening Club, CYE/W</p> <p>1:30 USA Trivia, MP</p> <p>2:15 Coke Floats w/ Touching Hearts, CYW</p> <p>3:00 Quarter Bingo, AC</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ⁹</p> <p>10:00 Play Rummikub, CR</p> <p>1:30 Men's Social w/ Visiting Angels, FP</p> <p>2:00 Communion w/ Trinity Lutheran, M</p> <p>2:30 Dumbbell Exercise, MP</p> <p>3:00 Pictionary, MP</p> <p>6:00 Route 66 (Ep. 1), MP</p>	<p>9:00 Chair Exercise, MP ¹⁰</p> <p>10:00 Workshop: Cave Art, AC</p> <p>1:30 Town Hall Meeting, MP</p> <p>2:00 Dollar Bingo, w/ Hendrick Hospice, DR</p> <p>3:30 Drum Cardio, MP</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ¹¹</p> <p>10:00 Friendship Bible Class, AC</p> <p>10:15 Balloon Tennis, MP</p> <p>1:30 Free Bingo, AC</p> <p>2:30 Pistachio Tasting, M</p> <p>3:00 Painting w/ Cars, AC</p> <p>5:30 Senior Night at Wylie Baptist, O</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ¹²</p> <p>10:15 Jean's Feed Barn & Woody's Museum in Cross Plains, O</p> <p>2:30 Documentary: Cave Digger, MP</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ¹³</p> <p>10:00 Singalong w/ Era Jo & Beverly, MP</p> <p>10:30 Ladies Hot Tea, CB</p> <p>1:30 Weekly Chronicles, CC</p> <p>2:00 Pictionary w/ Tommy, MP</p> <p>2:30 Porch Chats, O</p> <p>3:30 Puzzle Time!, PR</p>
<p>8:30 Men's Coffee Social, CB ¹⁴</p> <p>9:15 Sunday School & Praise, MP</p> <p>1:30 Lord's Supper w/ Remington Ridge, MP</p> <p>2:00 Play Cards, CR</p> <p>2:00 Coffee & Cookies w/ Chef Edward, CB</p> <p>3:30 Play Corn Hole, MP</p>	<p>9:00 Chair Exercise, MP ¹⁵</p> <p>10:00 Book Club, L</p> <p>10:30 Gardening Club, CYE/W</p> <p>1:00 Tom Skinner, MP</p> <p>2:15 Coke Floats w/ Touching Hearts, CYW</p> <p>3:00 Quarter Bingo, AC</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ¹⁶</p> <p>10:00 Play Mexican Train, CR</p> <p>1:30 Men's Social w/ Hendrick Hospice, FP</p> <p>2:00 Culinary Demo, M</p> <p>2:30 Dumbbell Exercise, MP</p> <p>3:00 Pictionary, MP</p> <p>6:00 Route 66 (Ep. 2), MP</p>	<p>9:00 Chair Exercise, MP ¹⁷</p> <p>10:00 Quarter Bingo, AC</p> <p>2:00 New Resident Orientation, MP</p> <p>2:30 Happy Hour w/ Hendrick Hospice, DR</p> <p>3:15 Wet Land Experiment, AC</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ¹⁸</p> <p>10:00 Friendship Bible Class, AC</p> <p>10:15 Balloon Tennis, MP</p> <p>1:30 Free Bingo, AC</p> <p>2:30 Brain Health Group, MP</p> <p>3:15 Cajun Concert, MP</p> <p>6:00 Play 88, CR</p> <p>6:00 Classic Car Parade, FP</p>	<p>9:00 Chair Exercise, MP ¹⁹</p> <p>9:00 Wellness Stretch w/ Bonnie, MP</p> <p>9:15 Shop at Walmart, O</p> <p>11:00 Lunch Out: Cypress Street Station, O</p> <p>2:30 Smoothie & Country Drive, O</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ²⁰</p> <p>10:00 Singalong w/ Era Jo & Beverly, MP</p> <p>10:30 Ladies Hot Tea, CB</p> <p>1:30 Weekly Chronicles, CC</p> <p>2:30 Porch Chats, O</p> <p>3:30 Puzzle Time!, PR</p>
<p>8:30 Men's Coffee Social, CB ²¹</p> <p>9:15 Sunday School & Praise, MP</p> <p>1:30 Lord's Supper w/ Remington Ridge, MP</p> <p>2:00 Play Cards, CR</p> <p>2:00 Dollar Bingo w/ Kierra, DR</p> <p>3:00 Coffee Chat, CB</p> <p>3:30 Play Corn Hole, MP</p>	<p>9:00 Chair Exercise, MP ²²</p> <p>10:00 Book Club, L</p> <p>10:30 Gardening Club, CYE/W</p> <p>1:30 A Walk Through Texas History: The Texas Revolution Story, MP</p> <p>2:15 Coke Floats w/ Touching Hearts, CYW</p> <p>3:00 Quarter Bingo, AC</p>	<p>9:00 Chair Exercise, MP ²³</p> <p>10:00 Play Skip-Bo, CR</p> <p>2:00 A Tribute to Elvis, MP</p> <p>3:00 Pictionary, MP</p> <p>6:00 Play 88, CR</p> <p>6:00 Route 66 (Ep. 3), MP</p>	<p>9:00 Chair Exercise, MP ²⁴</p> <p>10:00 Workshop: Bluebonnet Paintings, AC</p> <p>1:30 Balloon Tennis, MP</p> <p>2:30 Happy Hour w/ Touching Hearts, DR</p> <p>3:30 Drum Cardio, MP</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ²⁵</p> <p>10:00 Friendship Bible Class, AC</p> <p>10:15 Balloon Tennis, MP</p> <p>1:30 Free Bingo, AC</p> <p>2:30 Dumbbell Exercise, MP</p> <p>3:00 Play Charades, MP</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ²⁶</p> <p>9:15 Shop at Market Street, O</p> <p>11:00 Lunch Out: Pizza by Design, O</p> <p>2:00 Mary Kay w/ Nora, CB</p> <p>2:30 2 Profs Ice Cream, O</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ²⁷</p> <p>10:00 Singalong w/ Era Jo & Beverly, MP</p> <p>10:30 Ladies Hot Tea, CB</p> <p>1:30 Weekly Chronicles, CC</p> <p>2:30 Porch Chats, O</p> <p>3:30 Puzzle Time!, PR</p>
<p>8:30 Men's Coffee Social, CB ²⁸</p> <p>9:15 Sunday School & Praise, MP</p> <p>1:30 Lord's Supper w/ Remington Ridge, MP</p> <p>2:00 Play Cards, CR</p> <p>3:00 Coffee Chat, CB</p> <p>3:30 Play Corn Hole, MP</p>	<p>9:00 Chair Exercise, MP ²⁹</p> <p>10:00 Book Club, L</p> <p>10:30 Gardening Club, CYE/W</p> <p>1:00 Dr. Ganesh, MP</p> <p>2:15 Coke Floats w/ Touching Hearts, CYW</p> <p>3:00 Quarter Bingo, AC</p> <p>6:00 Play 88, CR</p>	<p>9:00 Chair Exercise, MP ³⁰</p> <p>10:00 Play Tri-Ominos, CR</p> <p>1:30 Workshop: Clay Earrings w/ Touching Hearts, AC</p> <p>1:30 Men's Social w/ Hospice of the BC, FP</p> <p>2:30 New Resident Mixer, MP</p> <p>3:00 Pictionary, MP</p> <p>6:00 Route 66 (Ep. 4), MP</p>	<p>10:00 Quarter Bingo, AC ³¹</p> <p>11:00 July Birthday Luncheon w/ Hospice of the Big Country, PD</p> <p>1:30 Workshop: Freshies, AC</p> <p>2:00 Dollar Bingo w/ Home Instead, DR</p> <p>3:30 Old Faithful Experiment, AC</p>			<p>KEY</p> <p>Multi-Purpose Room.....MP</p> <p>Arts & Crafts Room.....AC</p> <p>Exercise Room.....E</p> <p>Media Room.....M</p> <p>Library.....L</p> <p>Card Room.....CR</p> <p>Courtyard East/West.....CYE/W</p> <p>Outing.....O</p> <p>Cafe Corner.....CC</p>



Seven Magic Mountains
Henderson, NV

Must-See Roadside Attractions

When planning the perfect trip, one may want to consider the extras that could be encountered on the journey. Maybe there are four routes to cousin Jenny’s house, but the longest one has the coolest roadside attraction you have ever seen, or haven’t seen, as the case may be. Here are five mind-blowing places that many folks add onto their trip itineraries:

- New to the top roadside attractions list is the “World’s Largest Frying Pan,” located in Rose Hill, NC. Weighing in at a mighty 2 tons, this pan, which is 15 feet in diameter, isn’t just for show. Two-hundred gallons of oil later, one will see 365 chickens fried and ready to serve during the North Carolina Poultry Jubilee.
- Alliance, NE, has a steady flow of visitors to its “Carhenge,” which is what some might call an extremely bizarre tribute to Stonehenge. Alliance has 39 vehicles strategically and proportionally placed to resemble the structures found in Stonehenge.
- For those who are fans of the film “101 Dalmatians,” Beaumont, TX, is a rare treat. Touting a 4,500-pound spotted fire hydrant one can liken to a dalmatian, this attraction known as “Dalmatian Fire Hydrant,” towers above ground by 24 feet and was donated in 1999 by Disney.
- In Cawker City, KS, travelers find themselves in awe as they approach the “World’s Largest Ball of Twine.” This attraction, thanks to Frank Stoeber, is one big ball of yarn that was started in 1953 and continues to grow annually. To date, it is heavier than 27,000 pounds.
- Near Las Vegas, many adventurers are drawn to the “Seven Magic Mountains,” in Henderson, NV. Thanks to the dream of Ugo Rondinone, beauty exists beyond the mountains in Nevada with this art exhibit reaching more than 30 feet high. The installation’s color scheme offsets the mountains in a spectacular way that’s indescribable.

July’s Best Q & A

1. On the Fourth of July, the Liberty Bell rings how many times?

2. Was there a president born on Independence Day?

3. What is the most common food eaten on Independence Day?

4. How many hot dogs are eaten nationwide on July 4?

5. “Liberty Enlightening the World” is the full name of what national monument?

6. Travelers looking for a mountainous adventure might visit the highest mountain in North America, which is known as what?

7. Travelers looking for the most camping options should visit which state?

8. What special sweet treat is celebrated the entire month of July? (Hint: It’s a dessert that’s perfect for summer days.)

9. What author published “Leaves of Grass” in July 1855?

10. July was named after which Roman general?

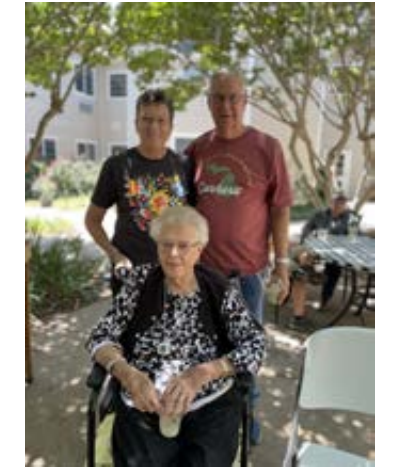
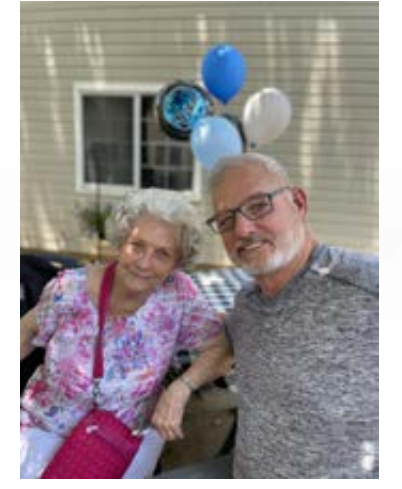
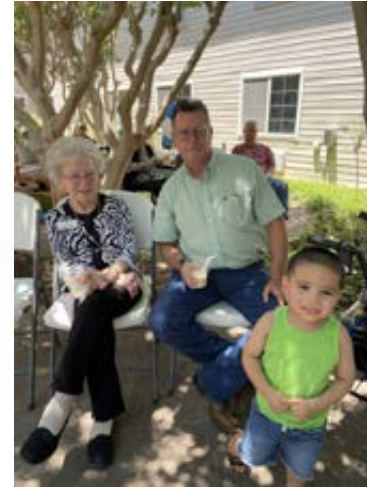
11. A slice of bread was first sold on July 7, 1928, by which state?

12. In July 1960, what famous Harper Lee classic was published?

1. 13 2. Yes. On July 4, 1872, Calvin Coolidge was born.
3. Hot dogs 4. More than 150 million 5. The Statue of Liberty 6. Mount McKinley 7. California 8. Ice cream!
9. Walt Whitman 10. Julius Caesar 11. Missouri
12. To Kill a Mockingbird



Floats for Fathers



Going Topless



Don't worry. This headline, while accurate, isn't about topless people. We're talking about hat-losing, wind-in-the-hair, free as a bird, topless times experienced in the beloved convertible automobile. It's likely you've ridden in a convertible at some point in your life. Do you remember the excitement and exhilaration? Maybe you felt a hint (or more) of anxiety? It's a ride filled with a roller coaster of emotions, without a doubt.

How much do you know about the convertible's history? There are a few surprises in its backstory.

- Prior to 1934, all cars had no tops, but weren't really called "convertibles." It was just the way automobiles were created in that era.
- In 1934, the 601 Eclipse made its debut. It was the first car to feature a retractable hardtop.
- Plymouth unveiled the first convertible sporting an automatic retractable top.
- In 1950, folding fabric tops hit the convertible scene.
- The convertible fell a bit in popularity as the 1970s rolled around and the very attractive air-conditioned cars became the "it" thing.
- The '80s and '90s proved to be impactful on the convertible market as a number of new models were released. Chevy Camaro IROC-Z, Mazda Miata, Ford Mustang and Ford Thunderbird were among those released.
- The Mazda Miata remains one of the all-time top sellers in the convertible market.

Convertibles aren't hard to find; they continue to be manufactured every day. So if you want to take a walk ... err ... ride on the wild side, have at it!

Life is a Highway

- Car
- Country
- Destination
- Drive
- Gas
- Highway
- Map
- Pitstop
- Route
- Scenic
- States
- Traffic
- Travel
- Truck
- Vacation

A A O U O R A V T T K C U R T H C V T K O A
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