



TIMELESS

AN EDITORIAL BY STONEFIELD

OCTOBER 2026

Ready, Set, Game!

Celebrate the spirit of friendly
competition, active living,
and cheering each other on.

STONEFIELD | ASSISTED LIVING



All Things Halloween

On October 31, you'll see things you never see any other time of year. Halloween is one of those occasions where people step out of their comfort zone and be who they want to be. It doesn't matter if you're 3 or 73. Age isn't a factor. From carving pumpkins to decorating spaces, Halloween traditions stand the test of time. So, how are you planning to engage with your community this Halloween?

If you're short on ideas, it might be time to celebrate this festive time in a new way. Here are a few suggestions to get the party started this Halloween:

Throw a Halloween game party: Invite guests over for a Halloween-themed game night. Potential options are vast in number. Perhaps you have a scary movie-themed game of charades or a Halloween trivia contest. Maybe there's a matching game where contestants match famous ghostly quotes to their films or characters of origin. And let's not forget black-cat Bingo, where your Bingo card is covered with pumpkins, black cats, ghouls and goblins. This game night could even include a bit of scary storytelling.

Have an age-appropriate costume contest: Invite your friends over and pick a theme for the evening. Maybe it is a celebrity-themed party, where party-goers dress from your favorite decade. Maybe you throw a couple's costume party, or you ask your friends to dress in the scariest of attire. There's a countless number of theme options! You can even have a ballot box for votes and offer a spooky, yet fun, prize to the winner. It doesn't have to be expensive or fancy. It just needs to be something all can enjoy.

Make Halloween-themed treats: Invite friends and neighbors over to create some ghoulish delights. This is your time to shine. Show off your cooking skills to those you love. It's also a great way to meet new people! Invite some strangers and maybe make a few new friends in your community.

Remember there's always a way to indulge in this fantastic fright night! Let this year's Halloween be the most fun and exciting experience yet.

Joys of October

October is here, bringing cooler days, colorful leaves, and plenty of reasons to smile! It's a wonderful time to enjoy the little things that make life special—sharing a laugh with friends, sipping a warm cup of cider, or taking a relaxing stroll to enjoy the changing scenery.

This month is also filled with fun traditions, from pumpkin decorating and fall crafts to Halloween treats and cozy gatherings. Whether you enjoy dressing up, telling stories, or simply watching the season change, there's something for everyone to enjoy.

As we welcome October, let's celebrate friendship, laughter, and the beauty of a new season. May your days be filled with happy moments, warm memories, and a little extra pumpkin spice!

From the Desk of
Jennifer Reagan

Happy Birthday!

Resident Birthdays

Ian F.	10/3
Mary H.	10/8
Lorita D.	10/10
Edna H.	10/18
Patricia E.	10/21
Diana C.	10/25
Margaret H.	10/26
Mavis S.	10/28

Team Member Birthdays

Kita B.	10/1
TG M.	10/12
Rachel J.	10/29



Ready, Set, Game!

There is magic in movement, as evidenced by the ever-popular Sagora Senior Games, which is at the center of this month's theme, "Ready, Set, Game". As we continue to highlight ways to live life in the spotlight through every age and stage of life, you'll see that there's plenty of opportunity to celebrate the self in the Sagora Senior Games and ways to maintain and enhance the thriving lifestyle in which you're currently living. Forming new friendships, collaborating as a team, honing in on one's skills, whether that's related to a new hobby or a pastime ... interactions at the Sagora Senior Games are significant and impactful, working toward providing a lively home life that fosters joy in each moment.

Competition is at the core of the games, with the "National Senior Games – The Senior Olympics," serving as its primary source of inspiration. Residents can participate on every level based on ability and interest, and the games are tailored to the residents at the individual facilities. Games are both traditional and exceptional, and include options such as chair volleyball, bowling, bean bag baseball, shuffleboard, and more. There's an opening ceremony, as well as an ending awards ceremony, and it's proven to be a community favorite over the years.

With the Senior Games, there are myriad ways to showcase life in the spotlight. Get excited!



October 2026

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Resident Services Director

Emily Huffman
Sales & Marketing Director

Helen Kassaye
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Resident Spotlight: Meet Judy Crutcher

We are delighted to shine the spotlight on Judy Crutcher, a cherished member of our community since 2021!

Judy grew up right here in McKinney, Texas, on a farm where her family raised cotton, wheat, and corn. They even have a street named after their family, "Crutcher Crossing." One of 14 children, Judy has plenty of wonderful memories from her childhood—and a lifetime of stories to share. One of Judy's proudest accomplishments was serving with the World Peace Group, where she enjoyed opening her home and providing dinners for foreign visitors and military families.

These days, Judy enjoys bingo, rummy, spending time with friends around the community, and going out with her sister. But what she loves most about living here is simple: being with the people.

Judy is also someone who is always ready to lend a helping hand, especially to new residents finding their way and getting comfortable in their new home. Her kindness, welcoming spirit, and friendship are just a few of the reasons Judy is such a special part of our community.

Thank you, Judy, for helping make our community feel like home!

Upcoming Events

Friday, October 2:

Live entertainment by Toni P. in the Bistro at 3:00 p.m.

Friday, October 9:

Seniors on Stage perform in the Main Lobby at 1:30 p.m.

Tuesday, October 13:

Marian Singers will perform in the Main Lobby at 2:00 p.m.

Friday, October 16:

Sagora Games in the Courtyard at 1:00 p.m.

Friday, October 16:

Live entertainment by Sherrill in the Courtyard at 2:30 p.m.

Thursday, October 22:

Town Hall Meeting in the Bistro at 3:00 p.m.

Friday, October 23:

Live entertainment by Black Bean Group at 3:00 p.m.

Happy Halloween!

On Friday, October 30, we will be having our Halloween Event from 2:00 p.m. to 4:30 p.m.! Please join us for an afternoon of Halloween fun filled with treats, live entertainment, and festive surprises! We look forward to seeing you there!

October 2026

Dates to Celebrate

World Smile Day	10/2
Active Aging Week.....	10/5-11
National Physician Assistant Day	10/6
World Mental Health Day	10/10
Columbus Day.....	10/12
Indigenous Peoples' Day.....	10/12
Healthcare Quality Week	10/18-24
National Medical Assistant Day	10/21
Full Moon	10/26
Halloween.....	10/31

Birthstone: Opal | **Flower:** Marigold
Zodiac: Libra & Scorpio

September Memories



Irene and Bruce making every moment count, one photo at a time!



Aloha and smiles all around! Lorita enjoying a little island spirit with these talented hula dancers!



Say cheese! Betty, Mavis, and Lou are picture-perfect!



James and Sheila enjoying great food and even better company!

Champion Challenge!

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9	8	7				2	5	
4		2	9					
		6				1	9	7
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	7			2	8	5		
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3						7	2	

EASY

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	4			2				
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		8	5				9	4
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6	7				1	4		3
	3		7	5				9

DIFFICULT

BRONZE
CHAMPION
COMPETITION
EXCELLENCE
GOLD
MEDAL
OLYMPICS
PERSEVERANCE
PODIUM
SILVER
SPIRIT
TEAMWORK
TORCH
VICTORY

B V I C T A R Y C H I M P A O N S M T I O
R B P O O D U I M C M T E A W O R K E P C
W R A Z T E A M W O R K S E B O E E A E G
L C E R L E X C E L L A N C E R I I M R O
I H L A U R E L B R O N Z Z S P O R W S E
C A P P A L M C H A M P I O N O Z N O E E
O M E I R A S I L L R I E N T D M T Z V C
M P R T I U P D R E C L O S V I E R P E N
P I S O L R I A O R X I E R R U C R U R T
E S E R R E R V O V T C I I E M Y O T E I
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