



TIMELESS

AN EDITORIAL BY VERADEN

MAY 2025

Expressions
OF JOY

VERADEN | MEMORY CARE

Pathways Corner!



Observing Memorial Day

On Memorial Day, which falls on May 26 this year, we mourn our nation's fallen soldiers and military personnel, those who lost their lives in service to their country. One of the largest annual Memorial Day observances occurs near our nation's capital at Arlington National Cemetery (ANC) in Arlington, VA. This remembrance event has occurred since 1868, when Memorial Day was otherwise known as Decorations Day.

There are several traditions that are held sacred in observance of Memorial Day at ANC. One of the most significant is the visit of the American president or one of his designated representatives to the Tomb of the Unknown Soldier, which was created in 1921. The president or representative participates in a wreath-laying ceremony. Beautifully adorned wreaths are commonly seen at ANC, as wreath-laying events aren't atypical. However, the Memorial Day tradition is considered to be more formal.

In the days leading up to Memorial Day Weekend, a meticulous tradition known as "Flags In" takes place. The Old Guard, ANC's ceremonial unit established in 1948, along with members of other units, place small American flags beside the graves of fallen Armed Services members. This tradition is nothing if not precise. One boot-length is all the space you'll find between each flag's plant in the ground and the base of its corresponding headstone. Flags are also placed with great care beneath the columbarium niche rows, ensuring the same level of precision and respect for the fallen.

While solemn, these observances hold great significance in our country. What observances occur in your community or city?

May Birthdays

Make A Wish!

Robert M.....	5/5
Barbara B.....	5/6
Mary H.....	5/6
Dan G.....	5/10
Lucille L.....	5/15
Jane B.....	5/23
Donna A.....	5/24

Reflections on Motherhood

Being a parent is one of the most rewarding and challenging experiences a mother might experience throughout her lifetime. As soon as that little one enters the world, a mom is entrusted with responsibility for the child's life, teaching them how to love and learn, and become a part of this world. She guides them through every little, teensy tiny thing possible, from proper vegetable intake, to discipline in athletics, to becoming a safe driver and everything in between.

As both child and mother become older, the needs experienced in that relationship, that lifelong bond, shift into something different. There's a loss to be mourned in the shift from the hands-on caregiver and life affirmer to confidant, advisor, and supporter. While it's likely all of those roles were filled by a mother during her offspring's childhood and adolescence, that takes on an entirely different meaning once the child enters adulthood.

Mothers worry. They care about their 30-year-old child's decision-making, their choice of partner, their career, their ability to be a parent, and even their house-cleaning habits ... all the things. Mothers want their children to experience all the beauty of this world and want to help their kids experience it. They love, admire, and remain devoted no matter their adult offspring's age.

So, for all the mothers out there, remember you are loved and appreciated. You have a big heart. You continue to inspire and influence, guide and support. You are beautiful inside and out. Happy Mother's Day!

May Outings

Walmart Mondays.....	10 AM
The Lookout at Kickingbird.....	11AM
Edgar Cruz At Ellison.....	2 PM
OKC Ballpark	10 AM
Swadleys Bar-B-Que.....	11 AM
DSW Shoes.....	2 PM
State Capitol Tour	10 AM
Mama Rojas Lunch.....	11 AM
Crest Shopping.....	2 PM
Eddies Steakhouse	11 AM
Charlestons Lunch.....	11 AM

May 2025

Veraden Team

Kara Bolino
Executive Director

Brook Fields
Sales & Marketing Director

Christopher Horn
Culinary Director

Whitney Bennett
Pathways Director

Jeanee Conway
Lifestyle Director

Jason Clevenger
Maintenance Director

Brittany Henry
Business Director




2709 E. Danforth Rd
Edmond, OK 73034




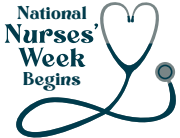
MAY 2025 • WEEK ONE




Expressions
OF JOY

<p>THU, MAY 01</p>	<p>8:00 Dining with Grace 9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 11:30 Dining with Grace</p>	<p>1:00 Manicures & Hand Massages 1:30 Sing-A-Long with the Veraden Choir 3:00 Expressive Art 4:30 Dining with Grace</p>	<p>6:00 Evening Aromatherapy & Meditation</p>
<p>FRI, MAY 02</p>	<p>8:00 Dining with Grace 9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 11:30 Dining with Grace</p>	<p>1:00 Noodle Ball 2:00 Interactive Armchair Travel to BRAZIL 3:00 Tables Games 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>SAT, MAY 03</p> 	<p>8:00 Dining with Grace 9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:30 Dining with Grace</p>	<p>2:00 Matinee Movie in the Living Room 4:00 Puzzles 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	

MAY 2025 • WEEK TWO

<p>SUN, MAY 04</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:15 Church Service with Pastor Dale from Henderson Hills</p>	<p>11:30 Dining with Grace 2:00 Table Games and Puzzles 3:00 Virtual Church in the Living Room with Crossings Church 4:30 Dining with Grace</p>	<p>6:00 Sunday Evening Meditation 6:00 Evening Aromatherapy & Meditation</p>
<p>MON, MAY 05</p> 	<p>Cinco De Mayo 9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 11:30 Dining with Grace</p>	<p>1:00 Salsa in the Kitchen 2:45 OKC Arts Council with Sheila 3:00 Table Games and Puzzles 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>TUE, MAY 06</p> 	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 11:30 Dining with Grace</p>	<p>3:00 Craft Social with Courtney from CompleteOK Hospice 3:30 Interactive Music Therapy 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>WED, MAY 07</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 11:30 Dining with Grace 1:00 Gathan Graham Pianist</p>	<p>2:00 Spring Craft with Erica from Legacy Family Hospice 3:30 Wacky Bingo 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>THU, MAY 08</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 11:30 Dining with Grace</p>	<p>1:00 Manicures & Hand Massages 2:00 Smoothies for Mom with Alice from Trinity Hospice 3:00 Expressive Art 4:30 Dining with Grace</p>	<p>6:00 Evening Aromatherapy & Meditation</p>
<p>FRI, MAY 09</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 11:30 Dining with Grace 1:00 Noodle Ball</p>	<p>2:30 Brazilian Hand Drum Craft 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>SAT, MAY 10</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:30 Dining with Grace 2:00 Matinee Movie in the Living Room</p>	<p>4:00 Puzzles 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	

MAY 2025 • WEEK THREE

<p>SUN, MAY 11</p> 	<p>Mother's Day 9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study</p>	<p>11:15 Church Service with Pastor Dale from Henderson Hills 2:00 Table Games and Puzzles 3:00 Virtual Church in the Living Room with Crossings Church</p>	<p>4:30 Dining with Grace 6:00 Sunday Evening Meditation 6:00 Evening Aromatherapy & Meditation</p>
<p>MON, MAY 12</p> 	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 1:30 Mother's Day Social to Celebrate all Mothers</p>	<p>3:00 Table Games and Puzzles 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>TUE, MAY 13</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise</p>	<p>3:00 Craft Social with Courtney from CompleteOK Hospice 3:30 Interactive Music Therapy 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>WED, MAY 14</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 2:00 Bible Study with Wes from Companion</p>	<p>3:00 Sign Language Class 3:30 Wacky Bingo 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>THU, MAY 15</p>	<p>Dementia Education & Support Meeting at 6:00 pm in the IL Lobby hosted by Bristol Hospice 9:00 Motivational Movement in the Morning</p>	<p>10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 1:00 Manicures & Hand Massages 3:00 Button Flower Craft 4:30 Dining with Grace</p>	<p>6:00 Evening Aromatherapy & Meditation</p>
<p>FRI, MAY 16</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 1:00 Noodle Ball</p>	<p>2:30 Interactive Armchair Travel to THAILAND 3:30 Table Games 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>SAT, MAY 17</p> 	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 2:00 Matinee Movie in the Living Room 4:00 Puzzles</p>	<p>4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	

All programs are subject to change due to circumstances beyond our control. Thank you for your understanding.

Veraden MC

MAY 2025 • WEEK FOUR

<p>SUN, MAY 18</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:15 Church Service with Pastor Dale from Henderson Hills</p>	<p>2:00 Table Games and Puzzles 3:00 Virtual Church in the Living Room with Crossings Church 4:30 Dining with Grace 6:00 Sunday Evening Meditation</p>	<p>6:00 Evening Aromatherapy & Meditation</p>
<p>MON, MAY 19</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 1:00 Baking Class 3:00 Table Games and Puzzles</p>	<p>4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>TUE, MAY 20</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise</p>	<p>1:30 Memorial Craft with Erica from Legacy Family Hospice 3:00 Craft Social with Courtney from CompleteOK Hospice 3:30 Interactive Music Therapy</p>	<p>4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>
<p>WED, MAY 21</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 1:30 Trivia with Marsha 3:00 Sign Language Class</p>	<p>3:30 Wacky Bingo 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>THU, MAY 22</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 1:00 Manicures & Hand Massages</p>	<p>2:00 Hidden Treasures Ministry Gathering with Bill Taylor 3:00 Expressive Art 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>FRI, MAY 23</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 1:00 Noodle Ball 2:30 Thai Inspired Mask Craft</p>	<p>4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>SAT, MAY 24</p> 	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 2:00 Matinee Movie in the Living Room 4:00 Puzzles</p>	<p>4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	

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Veraden MC

MAY 2025 • WEEK FIVE

<p>SUN, MAY 25</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:15 Church Service with Pastor Dale from Henderson Hills</p>	<p>2:00 Table Games and Puzzles 3:00 Virtual Church in the Living Room with Crossings Church 4:30 Dining with Grace 6:00 Sunday Evening Meditation</p>	<p>6:00 Evening Aromatherapy & Meditation</p>
<p>MON, MAY 26</p> 	<p>Memorial Day 9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 1:00 Memorial Day Social</p>	<p>3:00 Table Games and Puzzles 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>TUE, MAY 27</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 1:00 Bowling</p>	<p>3:00 Craft Social with Courtney from CompleteOK Hospice 3:30 Interactive Music Therapy 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>WED, MAY 28</p> 	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 2:00 Bible Study with Wes from Companion</p>	<p>3:00 Sign Language Class 3:30 Wacky Bingo 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>THU, MAY 29</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 1:00 Manicures & Hand Massages</p>	<p>3:00 Expressive Art 4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>FRI, MAY 30</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 11:00 Chair Exercise 1:00 Noodle Ball 2:30 Music Around the World</p>	<p>4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	
<p>SAT, MAY 31</p>	<p>9:00 Motivational Movement in the Morning 10:00 Daily Devotional & Bible Study 2:00 Matinee Movie in the Living Room 4:00 Puzzles</p>	<p>4:30 Dining with Grace 6:00 Evening Aromatherapy & Meditation</p>	

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“A joy shared is a joy doubled.”

- Johann Wolfgang von Goethe

April Showers Bring May Flowers!



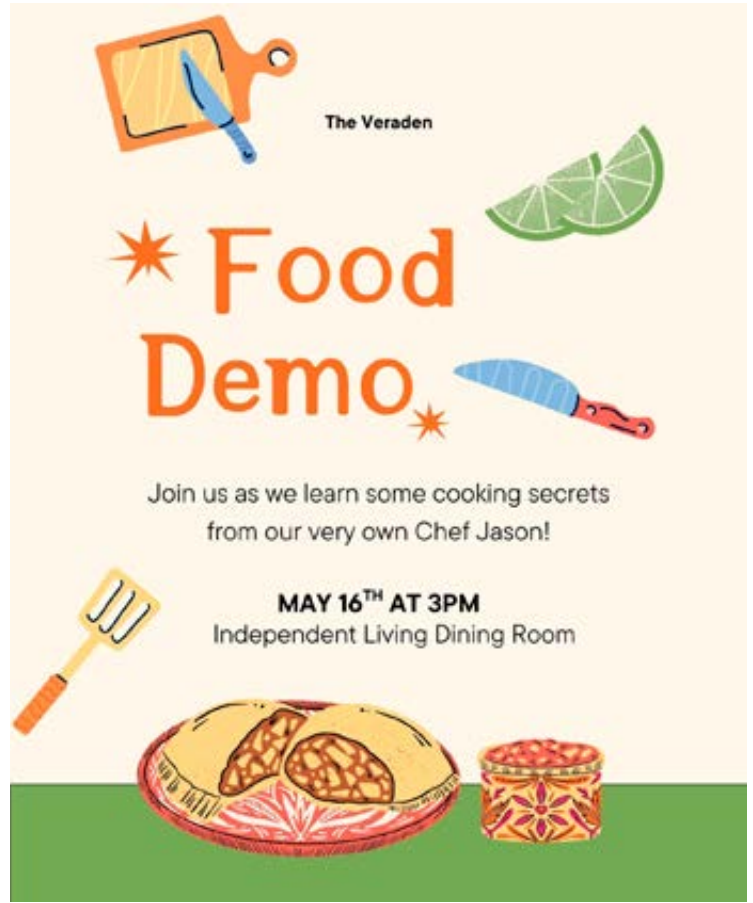
SAVE THE DATE!



*Crafting
at the
Veraden*

JOIN US ON MAY 6TH, 20TH & 27TH AT
3PM FOR SOME CRAFTS! COME HAVE
SOME FUN AND GET CREATIVE.
WHERE: ALAR

See you there!



The Veraden

Food Demo

Join us as we learn some cooking secrets
from our very own Chef Jason!

MAY 16TH AT 3PM
Independent Living Dining Room



JOIN US FOR A

Mother's Day

TEA PARTY

RESIDENTS NO CHARGE. \$15 PER GUEST

MAY
SATURDAY | 17 | 2:00pm

Please RSVP by May 9th to
Jeanee 580-236-4630

JOIN US
FOR

PAINT & SIP

WHEN:
MAY 28TH
AT:
3PM



JOIN US
FOR SOME
PAINTING
AND WINE!

**THE
VERADEN**

WHERE:
GAMING
LOUNGE